

## **PREFACE**

Tibetan Refugees have completed sixty years of exile in India and Nepal. During the process of rehabilitation and integration they have faced many challenges resulting into various alterations in their life, yet they have been successful in keeping their religious traditions alive with a dream of returning back to Tibet. Thus, this Ph.D dissertation attempts to study how, they are thriving in exile. An attempt has been made to examine their socio-economic conditions and political status in India and Nepal in a comparative frame. The comparison is done to understand how the lives of Tibetans get affected by the different policies and laws governing them under the two different governments. The tripartite relation among the three countries of India and China and Nepal are very important in this respect. India and China are engaged in a power struggle, competing with each other and both are trying to influence Nepal while Nepal is trying to balance the power equation between the two nations in order to survive. Therefore this thesis will try to analyze the factors determining the relations among the three countries and how they impact upon the Tibet policies of both India and Nepal.

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