

DECLARATION

I do hereby declare that the thesis entitled "Job Stress Among the Indian Postal Employees: Causes, Consequences and Remedies" is the result of my own research work, pursued under the supervision of Prof. Palas.R. Sengupta, Department of Commerce, University of North Bengal, West Bengal, India.

I further affirm that the work reported in this thesis is my original work and no part or whole of the thesis has been submitted to any other University/ Institution for any degree or any other purpose

25th day of May' 2006.

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