

Preface

Human society depends on nature and natural resources since the beginning of the civilization. As we all know human civilization primarily started its journey from constructing colonies to nearby water bodies. So they must have good knowledge of plants growing nearby water bodies, i.e. wetland plants. The plants growing in submerged, immersed or partially underwater or in nearby moist areas and grows well in moist soil are called wetland plants. In the present study we have tried to document the wetland plants and their uses by the local peoples of North Bengal. In this connection we have tried to evaluate their nutritional and antioxidant properties and other medicinal values through characterization of the metabolites conferring these beneficial attributes.

In this context, I take this opportunity to thank all those who made this thesis possible. At the very outset, I would like to pay my utmost sense of gratitude to my supervisor, Prof. Usha Chakraborty, Plant Biochemistry Laboratory, Dept. of Botany, North Bengal University for her guidance, undivided attention, kind and valuable suggestions and wise counseling throughout the execution of this endeavour.

I would like to offer my sincere thanks to Prof. A. Sen, Head, Department of Botany, Prof. B. N. Chakraborty, Prof. P. K. Sarkar, Prof. A. P. Das, Prof. A. Saha, Dr. S. C. Roy, Dr. P. Mandal and Dr. M. Chowdhury and members of the Department for their unconditional help and co-operation.

I record my gratitude to the programme co-ordinators (DRS-I, II & III) of UGC-SAP, Department of Botany for availing the instrumentation facility.

I take this opportunity to express my earnest gratefulness to Sri. SukantaMajumdar, Assitant Professor, Microbiology and Microbial Biotechnology and Dr. Swarnendu Roy Assitant Professor, Molecular and Analytical Biochemistry, Department of Botany, Sri. Subhrojoty Roy, Assitant Professor, Dept of Zoology. University of GourBanga.

I shall be failing in my duty if I do not acknowledge the enormous support and assistance received from Dr. R. Lama, Dr. B. Pradhan, Dr. N. Jaishee, Ms. J. Sarkar, Mr. S.D. Chowdhury, Dr. P. Dey, Dr. K. Sunar, Dr. U.K. De, Dr. S. Allay, Ms. P. Ray, Ms. A. Acharya, Mr. S. Roy, Mr. S. Barman and other research scholars of the Department of Botany throughout this endeavour.

I wish to thank Dr. R. Biswas, Dr. B. Saha, Dr. D. Chowdhury, Dr. M. Ghosal, Dr. M. Rakshit and other research scholars of the Department for their co-operation.

I owe special thanks to Prof. Krishnendu Acharaya, Dept of Botany, Calcutta University for his timely assistance and cooperation. I would also like to thank Mr A. Dasgupta, Dr. P. Pradhan, Ms. S. Khatua, Mr. A.K. Dutta, Ms. S. Biswas, Mr. S. Paloi, Molecular and Applied Mycology and Plant Pathology Laboratory, Calcutta university for helping me out with some of the experiments of this thesis.

My sincere gratitude to the teachers of Department of Botany, Darjeeling Govt. College and Department of Botany, Balurghat College for their constant support during my college academic period and beyond.

Last, but not least, I wish to acknowledge my Parents for their constant encouragement and support.

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Date: September 18, 2017

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