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The agricultural peasant life in the hilly and mountainous areas, their adaptation and co-existence with the harsh physical conditions, their traditional practice of agriculture without disturbing complex ecological balance, traditional values of food crops, and their economic conditions has always attracted and fascinated me. I had to travel a lot during the course of study. I also had to prepare interview transcripts and notes from field visits and personal records, official records, reports, journals, periodicals, monograph and have to interview officials of various departments as well as individual farmers. It was truly mammoth tasks to distil the essence from my researches to fit into the limited space available to me. Personally I can say, it has been a very enriching and memorable trip to mingle with luxurious farming community of the district.

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