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## CHAPTER 1

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# Exploring the Inclusion Complex of a Drug (Umbelliferone) with $\alpha$ -Cyclodextrin Optimized by Molecular Docking and Increasing Bioavailability with Minimizing the Doses in Human Body

Niloy Roy, Biswajit Ghosh, Debadrita Roy, Biswajit Bhaumik, and Mahendra Nath Roy\*



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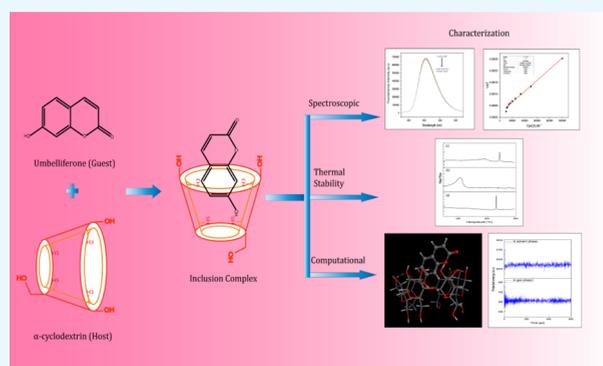


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Supporting Information

**ABSTRACT:** In this study, umbelliferone and  $\alpha$ -cyclodextrin host molecules have been mixed up through a coprecipitation method to prepare a supramolecular complex to provide physical insights into the formation and stability of the inclusion complex (IC). The prepared hybrid was characterized by  $^1\text{H}$  nuclear magnetic resonance ( $^1\text{H}$  NMR), Fourier transform infrared (FTIR) spectroscopy, electrospray ionization (ESI) mass spectrometry, DSC, and fluorescence spectroscopic studies. Job's plot provides a stoichiometric ratio of 1:1 and the Benesi–Hildebrand double reciprocal plot gives binding constant values using fluorescence spectroscopic titrations and the ESI mass data support the experimental observations. The results of molecular modeling were systematically analyzed to validate the inclusion complexation. In preliminary computational screening,  $\alpha$ -cyclodextrin IC of umbelliferone was found to be quite stable based on the docking score, binding free energies, and dynamic simulations. In addition, the results obtained from  $^1\text{H}$  NMR and FTIR spectroscopy studies supported the inclusion complexation phenomenon. The results obtained from computational studies were found to be consistent with the experimental data to ascertain the encapsulation of umbelliferone into  $\alpha$ -cyclodextrin.



## 1. INTRODUCTION

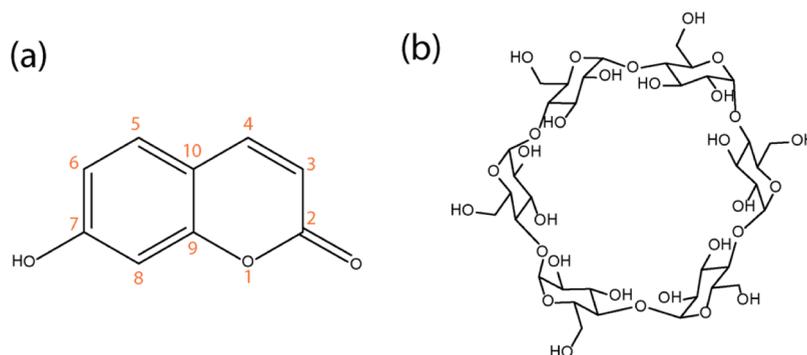
In recent years, skin allergy and different cancers, such as basal and squamous cell carcinomas and malignant melanoma have become some of the most important health issues because of extensive exposure to sunlight as well as ultraviolet (UV) radiation.<sup>1,2</sup> To tackle this problem, various UV-absorbing agents have been introduced as the formulations in cosmetic industries.<sup>3</sup> It is important to keep in mind that the overall impact of biologically active ingredients through cosmetics with multiple product usage over a day in the skin has to be sufficiently low with a minimum side effect. Nowadays, sunscreen ingredients are produced by various metal nanoparticles (predominantly ZnO and TiO<sub>2</sub> nanoparticles) for active UVA and UVB protection of skin, which absorb, reflect, and scatter UV radiation, along with other organic molecules as UV absorbers, for example, avobenzone and sulisobenzene.<sup>4,5</sup> However, there is an increasing concern regarding the adverse health and environmental effects of these sunscreen ingredients and, therefore, various researchers already have started to find safer alternatives, for example, by surface coating of hazardous nanomaterials with silica layers or by enclosing different organic UV absorbers within the framework of organosilica nanoparticles.<sup>6</sup> The loaded UV filter molecules encapsulated in a supramolecular matrix could easily be

synthesized and dispersed so that they can be shielded from constant damage by an external mechanical force.<sup>7</sup>

Owing to their wide range of photostability, excellent photosensitivity, and high color strength, organic dyes have attracted significant interest and been widely used in textiles, paints, inks, electronic devices, and metal oxide (TiO<sub>2</sub>) photocatalysis.<sup>8,9</sup> Coumarin belongs to a chemical class of benzopyrones, which include further naturally occurring derivatives, such as umbelliferone (UMB) (7-hydroxycoumarin), aesculetin (6,7-dihydroxycoumarin), or herniarin (7-methoxycoumarin), showing a wide variety of potential biological activities, for example, lipid-lowering ability, anticarcinogenic activity, and HIV-inhibition activity.<sup>10,11</sup> The odor-fixing properties and sweet, warm, and vanilla-like scent of coumarin make it a promising synthetic fragrance component or a natural ingredient of various essential oils and plant extracts, such as sweet woodruff, Tonka, or lavender, in a large number of cosmetic products.<sup>12,13</sup>

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Scheme 1. Two-Dimensional Structure of (a) UMB and (b)  $\alpha$ -Cyclodextrin

UMB, a coumarin-based molecule, has been extensively used as a sunscreen agent in cosmetics and optical brighteners in textiles.<sup>14</sup> UMB is a 7-hydroxycoumarin that is a pharmacologically active agent and shows antidiabetic, antihyperlipidemic, antioxidant, anti-inflammatory, and free radical-scavenging activities.<sup>15,16</sup> UMB has been generally introduced as the initial starting material for the preparation of more complex coumarin derivatives and is widely used as a synthon for a wider variety of coumarin-heterocycles with potential biological activity.<sup>17</sup>

Cyclodextrins are well-known cyclic oligosaccharides consisting of six, seven, or eight  $\alpha$ -(1  $\rightarrow$  4)-D-glucoside moieties, giving rise to  $\alpha$ -,  $\beta$ -, and  $\gamma$ -CDs, respectively.<sup>18–20</sup> Owing to their nontoxic nature and complexation ability, CDs are generally regarded as safe and have received widespread attention for application in food, agriculture, cosmetics, and pharmaceutical industries.<sup>21–23</sup> Recently, various works have been carried out with different organic UV-absorbing agents with cyclodextrins, for example, Mori et al.<sup>24</sup> shown that octylmethoxy cinnamate and avobenzone have been formulated with different cyclodextrins into cosmetic sunscreens. These kinds of chemical modifications through supramolecular complexation possibly will enhance the substance concentration in the upper skin layers by reducing its percutaneous penetration. Previously, a similar kind of inclusion complexation studies has been done by Meltida and Kumari and Wang et al. with UMB and  $\beta$ CD as well as HP- $\alpha$ -CD.<sup>25,26</sup> Herein, we have designed three different inclusion complexes and, thereafter, different kinds of characterization techniques have been applied to check the formation of the inclusion complex. In this study, we report the synthesis and characterization of the UMB +  $\alpha$ CD inclusion complex and our main objective was to determine the influence of complexation with  $\alpha$ CD in improving thermal stability as well as photostability (Scheme 1).

## 2. EXPERIMENTAL SECTION

**2.1. Materials.** Both UMB and  $\alpha$ -cyclodextrin were obtained from Sigma-Aldrich Pvt. Ltd. (India). All reagents were of analytical reagent grade and were used without further purification (Table S1). Doubly distilled water was used in all experiments.

**2.2. Instruments.** All the fluorescence titrations were carried out on a bench top spectrofluorimeter from Photon Technologies International (PTI) QuantaMaster-40, USA. Solution-state nuclear magnetic resonance (NMR) experiments were performed on a Bruker AVANCE DRX 400 NMR spectrometer operating at 400 MHz for obtaining the <sup>1</sup>H NMR

spectra. Fourier transform infrared (FTIR) spectra were obtained using a PerkinElmer spectrometer with a resolution of 4 cm<sup>-1</sup>. All DSC spectra were recorded using a PerkinElmer Pyris DSC 6 with 1.2 mg of the sample in all cases by heating in the range of 30–300 °C at a rate of 10 °C/min under a N<sub>2</sub> gas flow of 40 mL/min. All samples were prepared with spectroscopic grade KBr, which constituted a 100:1 ratio with respect to the total sample.

**2.3. Sample Preparation.** The inclusion complexation of UMB with  $\alpha$ CD was prepared by applying the coprecipitation method.<sup>27</sup> A solution of  $\alpha$ CD (1.38 g) and UMB (0.2 g) was prepared in 25 mL of double-distilled water in a 1:1 molar ratio and stirred at 55 °C for 48 h. The resulting clear solution was evaporated to dryness. Then, the white precipitate was filtered cautiously and washed with ethanol and water four times to eliminate uncomplexed UMB and  $\alpha$ CD. The resulting precipitate was then dried in a hot air oven at 50 °C for 12 h. The obtained inclusion complex was kept in a desiccator prior to analysis.

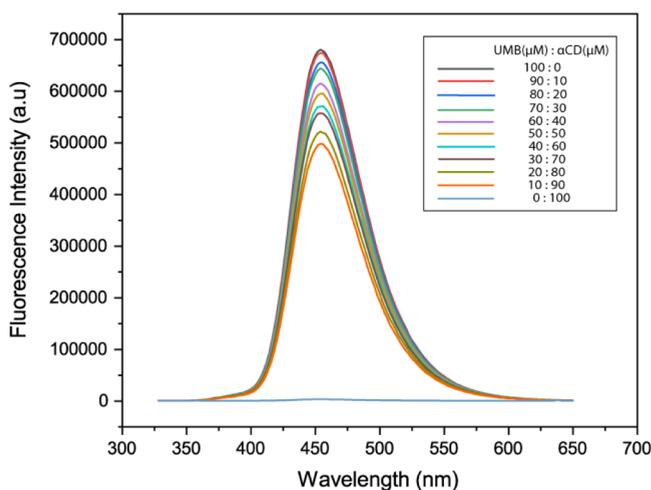
**2.4. Preparation of 3D-Structures of UMB and  $\alpha$ -Cyclodextrin.** The crystal structures of UMB (CCDC code: 1139276) and  $\alpha$ CD (CCDC code: 125105) were collected from Cambridge Crystallographic Data Center (CCDC). The missing hydrogen atoms and atomic charges to CDs as well as UMB were added and energy minimization was carried out with force field MMFF94x and gradient 0.05 kcal·mol<sup>-1</sup>·Å<sup>-1</sup> using MOE.2015 software.<sup>28</sup> These structures were used as a starting point to perform the computational studies.

**2.5. Molecular Docking and Simulations.** In supramolecular chemistry, molecular docking is a computational process of searching for a guest that is able to fit both geometrically and energetically in the cavity of the host moiety.<sup>28,29</sup> This is a process by which two molecules fit together in 3D space. The aim of docking is to predict the predominant binding mode for a guest with a host of a known three-dimensional structure. An established docking protocol for host–guest system implemented in MOE was applied. The docking was carried out with the default parameters, that is, with the triangle matcher method and ordered with the London  $\Delta G$  scoring function. The top five produced poses were ranked as per their docking scores and saved in a separate database file in a .mdb format. The build-in scoring function of MOE, S-score, was used to predict the binding affinity (kcal·mol<sup>-1</sup>) of the optimized structure of the inclusion complex.

## 3. RESULTS AND DISCUSSION

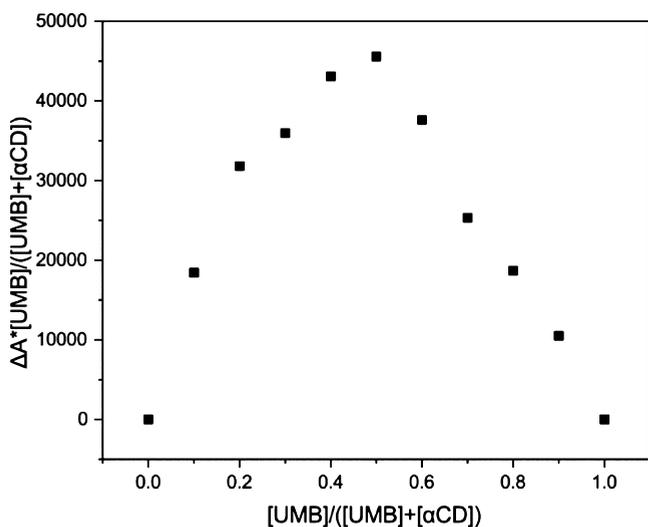
**3.1. Job's Plot.** A very reliable continuous variation method also known as Job's plot was performed in order to

validate the stoichiometry of the inclusion complex.<sup>30</sup> The sum of the concentrations of both components was kept constant ( $[UMB] + [\alpha CD] = 1.0 \times 10^{-4} M$ ) and the molar fraction of UMB ( $R = [UMB]/([UMB] + [\alpha CD])$ ) varied from 0.0 to 1.0 (Table S2). In order to calculate the stoichiometry, the fluorescence emission intensity variations ( $F$ ) of UMB were plotted versus the molar fraction ( $R$ ).<sup>31</sup> Figure 1 illustrates the continuous variation spectra of the  $\alpha CD/UMB$  system examined by fluorescence titrations.



**Figure 1.** Fluorescence emission spectra of UMB by varying both host and guest such that the sum of the concentrations of both components was kept constant ( $[UMB] + [\alpha CD] = 1.0 \times 10^{-4} M$ ).

The plot observed in Figure 2 showed the maximum at a molar fraction of about 0.5, indicating that the stoichiometry of



**Figure 2.** Job's plot of the UMB/ $\alpha CD$  inclusion complex using fluorescence emission spectroscopy.

the complex UMB +  $\alpha CD$  was 1:1 in agreement with the linear plot obtained from the Benesi–Hildebrand method.

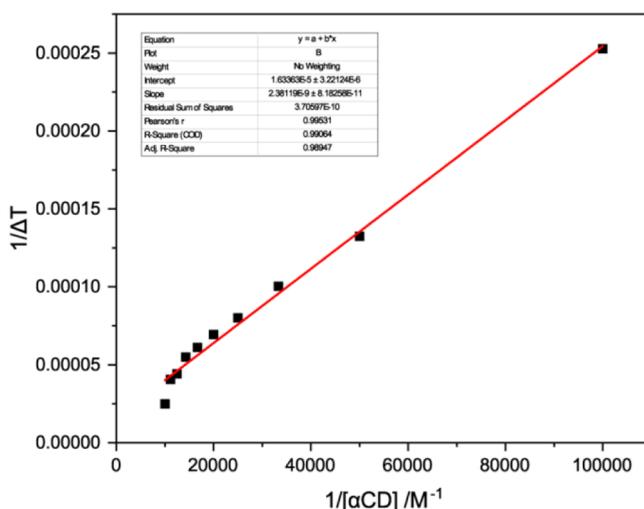
**3.2. Association Constant Calculations.** The stoichiometry and formation constant of the UMB and  $\alpha CD$  complex was studied by using fluorescence emission titration.<sup>32</sup> Association constants ( $K_a$ ) of host–guest inclusion complexes were calculated using the modified Benesi–Hildebrand

equation (eq 1) from the fluorescence experimental data. The addition of  $\alpha$ -cyclodextrin to an aqueous solution of UMB resulted in a decrease of the measured fluorescence intensity. The fluorescence signal of UMB is highly sensitive to the addition of the  $\alpha CD$  solution.

$$\frac{1}{F_0 - F} = \frac{1}{(F_0 - F_{\max}) \times K_a \times [CD]^n} + \frac{1}{F_0 - F_{\max}} \quad (1)$$

where  $F$  and  $F_0$  denote the fluorescence intensity of UMB on adding  $\alpha CD$  and pure UMB, respectively.  $F_{\max}$  is the saturation fluorescence intensity.  $K_a$  is the association constant obtained by dividing the intercept by the slope.  $n$  is the binding stoichiometry between  $\alpha CD$  and UMB.

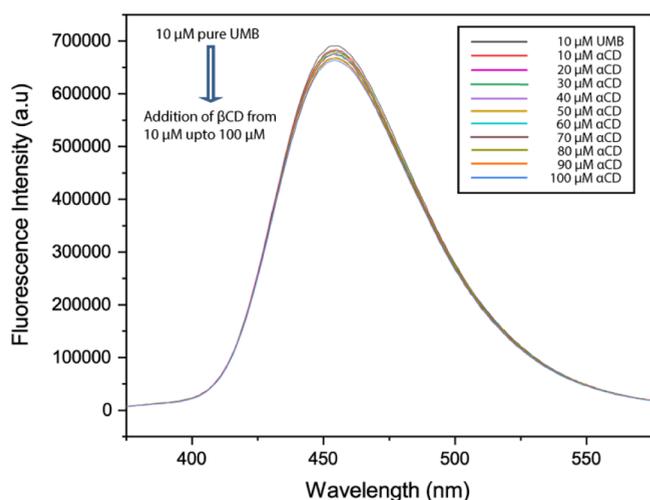
The binding constant of the complexes assumed with the use of eq 1 can be verified by plotting the double reciprocal plot of  $1/(F_0 - F)$  versus  $1/[\alpha CD]$  (Table S3); this plot will be linear in the case of 1:1 complexation, but will be curved if higher-order complexes occur.<sup>33</sup> Figure 3 shows the double reciprocal plot, demonstrating the highly linear plot, with  $R^2 = 0.9992$ , confirming 1:1 complexation for this  $\alpha CD$ .



**Figure 3.** Double reciprocal Benesi–Hildebrand plot of  $1/(F_0 - F)$  vs  $1/[\alpha CD]$  at 298.15 K.

Figure 4 depicts the fluorescence spectra of UMB with increasing concentration of  $\alpha CD$ . There is a decrease in the fluorescence intensity of UMB with  $\alpha CD$  addition, indicating the formation of an inclusion complex between UMB and  $\alpha CD$ . From this fluorescence titration, we had estimated the binding constant shown in Table 1, using the intercept and slope, it was found to be  $6.86 \times 10^3 M^{-1}$  at 298.15 K and Gibbs free energy was  $-5.21 \text{ kcal}\cdot\text{mol}^{-1}$ .

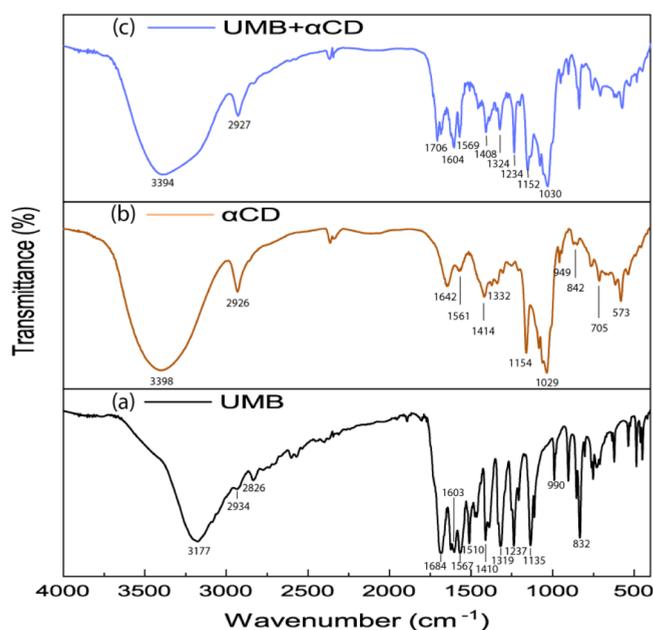
**3.3. FTIR Spectral Analysis.** The solid inclusion complex formation is analyzed by FTIR spectroscopy. FTIR spectroscopy is used to confirm the formation of the solid inclusion complex by considering the deviation of the peak shape position and intensity.<sup>34</sup> Figure 5 depicts all the spectra of pure UMB,  $\alpha CD$ , and the UMB +  $\alpha CD$  inclusion complex. The FTIR spectrum of pure UMB disclosed typical absorption bands at  $3177 \text{ cm}^{-1}$  for phenolic ( $-O-H$  stretching),  $1603 \text{ cm}^{-1}$  for ( $C=O$  stretching),  $1684$ ,  $1567$ , and  $1510 \text{ cm}^{-1}$  for (aromatic  $C=C$  stretching), and  $1319$  and  $1135 \text{ cm}^{-1}$  for ( $C-O-C$  stretching).<sup>35</sup> In the case of  $\alpha CD$ , stretching vibration of  $O-H$  at  $3398 \text{ cm}^{-1}$ , stretching vibration of  $-C-H$  from  $-CH_2$  at  $2926 \text{ cm}^{-1}$ , bending vibration of  $-C-H$  from  $-CH_2$ , and



**Figure 4.** Fluorescence spectra of UMB in the absence and presence of various concentrations of  $\alpha$ CD at 298.2 K, where the initial concentration of UMB was 10  $\mu$ M and the concentration of  $\alpha$ CD was varied from 10, 20, 30  $\mu$ M upto 100  $\mu$ M.

**Table 1.** Stability Constant ( $K_a$  and  $\log K_a$ ) and Gibbs Free Energy Change ( $\Delta G$ ) at 298.15 K for the Inclusion Complexation of CDs with UMB Guest in Water (1 kcal = 4.2 kJ)

host	guest	$K_a$ ( $M^{-1}$ )	$\log K_a$	$\Delta G^\circ$ /kcal mol $^{-1}$
$\alpha$ CD	UMB	6860	3.83	-5.21



**Figure 5.** FTIR spectra of (a) UMB, (b)  $\alpha$ CD, and (c) UMB +  $\alpha$ CD inclusion complex.

bending vibration of O–H and C–O–C at 1416 and 1154  $\text{cm}^{-1}$ , respectively, were found. Stretching vibration of C–C–O and skeletal vibration involving  $\alpha$ -1,4 linkage at 949  $\text{cm}^{-1}$  appeared at 1129  $\text{cm}^{-1}$ .<sup>36</sup> When, the UMB +  $\alpha$ CD inclusion complex is formed, –O–H bond-stretching frequency of the hydroxyl group of cyclodextrin was observed at 3394  $\text{cm}^{-1}$ , the C=O group of lactone moiety got shifted to 1706  $\text{cm}^{-1}$ , the phenolic O–H part of UMB observed in pure guest at 3177

$\text{cm}^{-1}$  has been diminished, and aromatic C=C stretching vibrations that appeared at 1684, 1567, and 1510  $\text{cm}^{-1}$  in pure UMB are absent after inclusion complexation (Table S4). From the above data, it can be concluded that the aromatic part of UMB has been inserted into the cavity of  $\alpha$ -cyclodextrin.

**3.4.  $^1\text{H}$  NMR Studies.** The  $^1\text{H}$  NMR spectra of UMB,  $\alpha$ CD, and the inclusion complex (in  $\text{D}_2\text{O}$ ) are shown in Figure 6. In the spectrum of the UMB +  $\alpha$ CD inclusion complex, appreciable chemical shift changes were observed for protons of UMB as well as  $\alpha$ CD in the inclusion complex with respect to the spectra of the free UMB and  $\alpha$ CD, respectively. The chemical shifts of the  $\alpha$ CD protons in the absence and presence of UMB are listed in Table 2. From the spectra, it is observed that changes in the signals of H-1, H-2, and H-4 protons on the outer surface of  $\alpha$ CD are negligible with  $\Delta\delta$  values of -0.00, -0.03, and -0.04, respectively. However, complexation of a hydrophobic guest causes significant chemical shift changes of H-3 and H-5 protons that are present in the inner cavity of  $\alpha$ CD,<sup>37,38</sup> and in this case it was found to be an upfield shift of -0.10 and -0.06 ppm for H-3 and H-5 protons, respectively. It is to be mentioned that the chemical shift variation for H-3 was higher than that for H-5 after the formation of the inclusion complex.

To further explore the possible inclusion mode of UMB +  $\alpha$ CD, we compared the  $^1\text{H}$  NMR spectrum of UMB in the absence and presence of  $\alpha$ CD.<sup>39</sup> Chemical shift changes for different protons in UMB with the inclusion complex are listed in Table 2. Here, it is observed that aromatic protons such as H-5, H-6, and H-8 are highly upfield shifted and found to be -0.09, -0.011, and -0.07 respectively. Based on these  $^1\text{H}$  NMR results, we deduced the aromatic group of UMB deeply inserted into the cavity of  $\alpha$ CD and the possible inclusion modes for the UMB +  $\alpha$ CD complex are illustrated in Scheme 2.

**3.5. DSC Analysis.** A further insight into the interaction of host, guest, and complexed state can be assigned via the DSC study.<sup>40</sup> A shift or change in the intensity of the peak or disappearance of melting, boiling, and sublimation points is observed in DSC curves because of the inclusion of a drug in cyclodextrin. Thermogram of pure UMB {Figure 7a} exhibited a single endothermic peak in the temperature range of 30–300  $^\circ\text{C}$ .<sup>41,42</sup> The peak appeared at around 233  $^\circ\text{C}$  was sharp and strong. Formation of this peak indicates the purity as well as crystalline character of UMB. Whereas, in the case of  $\alpha$ CD, an endothermic peak appeared at around 108  $^\circ\text{C}$ , which corresponds to the release of water molecules bound with different energy in the cavity of cyclodextrin {Figure 7b}. When the inclusion complex was formed, the peak appeared at 233  $^\circ\text{C}$  in pure UMB got slightly shifted to a higher temperature of 244  $^\circ\text{C}$  {Figure 7c}. Therefore, from the comparison of the above three thermograms and their shifted peaks, it was elucidated that some weak interactions, which could be hydrogen bonding, van der Waals, or electrostatic interactions, occurred between UMB and  $\alpha$ CD.

**3.6. ESI-MS Studies.** A suitable estimation of the relative gas-phase stabilities of the inclusion complex was evaluated by electrospray ionization mass spectrometry (ESI-MS).<sup>43</sup> In Figure S1, the peaks observed at  $m/z$  681.56, 1135.96, and 1157.99 are related to the molecular ions, [UMB +  $\alpha$ CD + H] $^+$ , and [UMB +  $\alpha$ CD + Na] $^+$ , respectively.<sup>44</sup> As can be seen from this figure, in the positive mode there are peaks centered at  $m/z$  1157.99 (Table 3, Figure S1), which clearly denote the

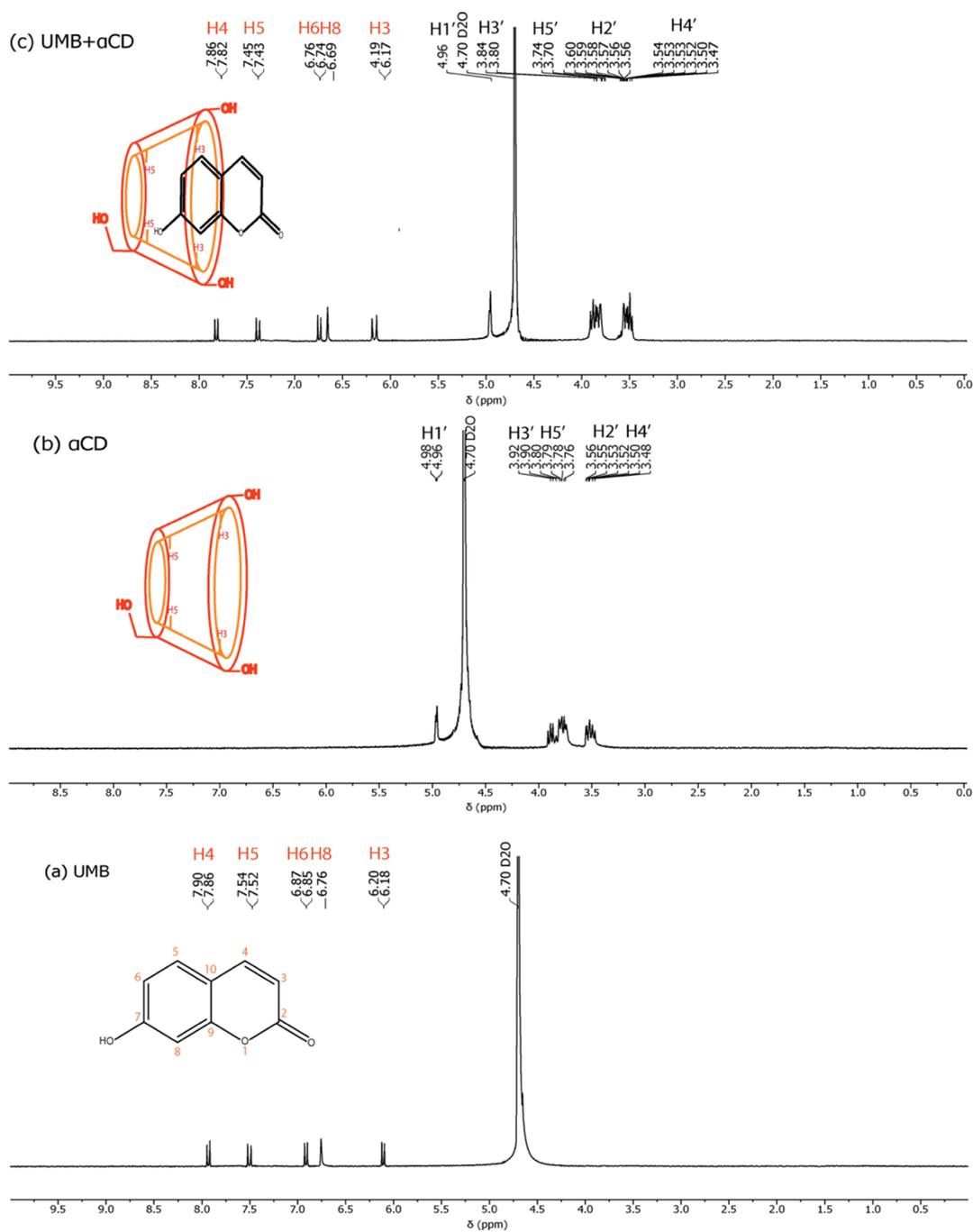


Figure 6.  $^1\text{H}$  NMR spectra of (a) UMB, (b)  $\alpha\text{CD}$ , and (c) UMB +  $\alpha\text{CD}$  inclusion complex.

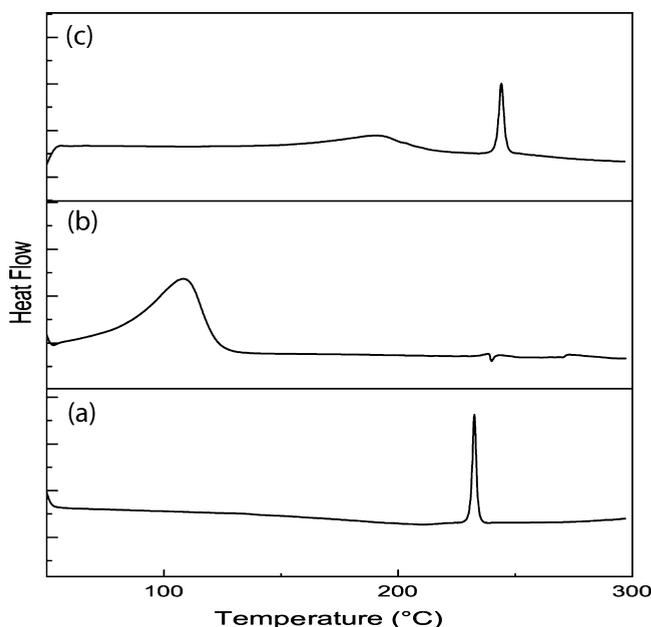
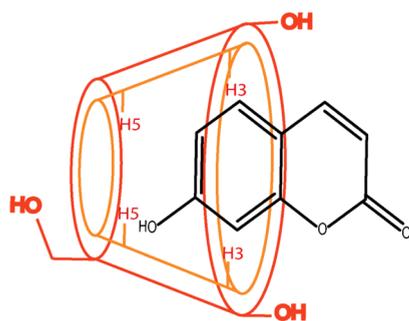
Table 2.  $^1\text{H}$  NMR Data for UMB in the UMB +  $\alpha\text{CD}$  Complex in  $\text{D}_2\text{O}$

guest	position of protons	pure guest chemical shift (ppm)	inclusion complex chemical shift (ppm) (IC)	change in chemical shift $\Delta\delta = (\delta_{\text{IC}} - \delta_{\text{pure}})$
UMB	H-3	6.18–6.20 (1H, d, $J = 8$ Hz)	6.17–6.19 (1H, d, $J = 8$ Hz)	–0.01
	H-4	7.86–7.90 (1H, d, $J = 16$ Hz)	7.82–7.86 (1H, d, $J = 16$ Hz)	–0.04
	H-5	7.52–7.54 (1H, d, $J = 8$ Hz)	7.43–7.45 (1H, d, $J = 8$ Hz)	–0.09
	H-6	6.85–6.87 (1H, d, $J = 8$ Hz)	6.74–6.76 (1H, d, $J = 8$ Hz)	–0.11
	H-8	6.76 (1H, s)	6.69 (1H, s)	–0.07
$\alpha\text{CD}$	H-3'	3.90–3.92 (6H, m)	3.80–3.84 (6H, m)	–0.10
	H-5'	3.70–3.80 (6H, m)	3.70–3.74 (6H, m)	–0.06

formation of the singly charged ions of the  $[\text{UMB} + \alpha\text{CD} + \text{Na}]^+$  complex.

**3.7. Molecular Docking Studies.** In recent years, the molecular docking has been extensively used to predict the

### Scheme 2. Schematic Illustration of the UMB + $\alpha$ CD Inclusion Complex



**Figure 7.** DSC thermograms of (a) UMB, (b)  $\alpha$ CD, and (c) UMB +  $\alpha$ CD inclusion complex.

**Table 3.** ESI-MS Analysis of the Complexes with Calculated as Well as Experimental Mass Values

name of the complexes	calculated mass (a.u.)	experimental mass (a.u.)
[UMB + $\alpha$ CD + H] <sup>+</sup>	1134.98	1135.96
[UMB + $\alpha$ CD + Na] <sup>+</sup>	1157.98	1157.99

bound conformations of CD and various drug molecules.<sup>45</sup> The docking has been carried out for five different poses as shown in Figure 8. Docking results revealed the structural orientation of UMB inside the cavity of  $\alpha$ CD as well as the lowest energy structure of the UMB +  $\alpha$ CD inclusion complex.<sup>46</sup>

The computationally calculated binding affinities of the first five energy conformers of the UMB +  $\alpha$ CD inclusion complex were  $-3.60$ ,  $-3.59$ ,  $-3.47$ ,  $-3.42$ , and  $-3.42$  kcal·mol<sup>-1</sup>, respectively, which were very near to the experimentally measured values (Table 4). Docking results demonstrate that the UMB was not completely embedded into the  $\alpha$ CD cavities in all poses because of its small cavity size. For the first two poses, that is, Figure 9a,b, the binding affinity was quite similar and the change was about 0.01 kcal·mol<sup>-1</sup>. However, their structural orientation was totally different. In the first pose, the lactone moiety was located at the wider side of the  $\alpha$ CD

cavities but in the second case, the aromatic part came closer to the wider side of the  $\alpha$ CD cavity, which was also supported by various spectroscopic methods, such as <sup>1</sup>H NMR, FTIR, and so forth. However, in this work, only five conformations of optimized inclusion complexes based on their binding affinity have been studied and showed. If someone closely looks at the five conformations, it can be observed that Figure 8d,e are the conformations with least binding affinity and subsequently are not being encapsulated in the cavity of  $\alpha$ CD. Therefore, the molecular docking and free energy calculation results suggested that UMB bound to  $\alpha$ CD with both hydrophobic and electrostatic interactions.

**3.8. Potential Energy Calculations of the Inclusion Complex.** Potential energy calculations were carried out in order to obtain some information about the geometry and stability of the host–guest complex and to find the intermolecular interaction in  $\alpha$ CD and UMB inclusion complex.<sup>47</sup>  $\Delta E$  of the complexation was calculated for the minimum energy mode according to eq 2 and the data of  $E_{\text{Complex}}$ ,  $E_{\text{Host}}$  +  $E_{\text{Guest}}$ , and  $\Delta E$  are listed in Table 4. This potential energy term ( $E$ ) is actually a summation of various different energy terms and can be stated as eq 3.

$$\Delta E = E_{\text{Complex}} - (E_{\text{Host}} + E_{\text{Guest}}) \quad (2)$$

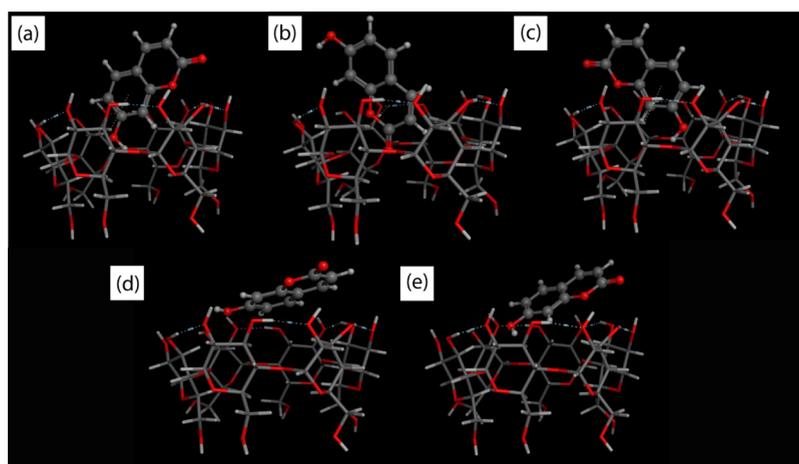
$$E = E_{\text{str}} + E_{\text{ang}} + E_{\text{stb}} + E_{\text{oop}} + E_{\text{tor}} + E_{\text{vdW}} + E_{\text{ele}} + E_{\text{sol}} \quad (3)$$

where,  $E_{\text{str}}$ ,  $E_{\text{ang}}$ ,  $E_{\text{stb}}$ ,  $E_{\text{oop}}$ ,  $E_{\text{tor}}$ ,  $E_{\text{vdW}}$ ,  $E_{\text{ele}}$ , and  $E_{\text{sol}}$  are potential energy components for bond stretching, bond angle, stretching bending, out of plane bending, dihedral torsional, van der Waals, electrostatic, and solvation energies, respectively.<sup>48</sup>

The energies of the complex and its different components are summarized in Tables 5 and S5. As seen from the table, all the other energy components are unaltered but it is the van der Waals ( $\Delta E_{\text{vdW}}$ ) and electrostatic ( $\Delta E_{\text{ele}}$ ) energies that are responsible for the complexation. The host–guest complexation in the gas phase is driven predominantly by vdW interactions. When the inclusion complex is formed, change in vdW energy, that is,  $\Delta E_{\text{vdW}} = -12.186$  kcal·mol<sup>-1</sup> is much lower than  $\Delta E_{\text{ele}} = -7.839$  kcal·mol<sup>-1</sup>, indicating the vdW forces play a pivotal role in the formation of UMB/ $\alpha$ CD in an aqueous environment.

**3.9. Dynamic Simulations.** In this study, we used molecular dynamics to calculate the stability of the UMB and  $\alpha$ CD inclusion complex equilibrium.<sup>49</sup> The rigid micro-environment of the guest inside the host cavity and the stability of the complexes have been discussed using MD simulations based on the potential energy change with time.

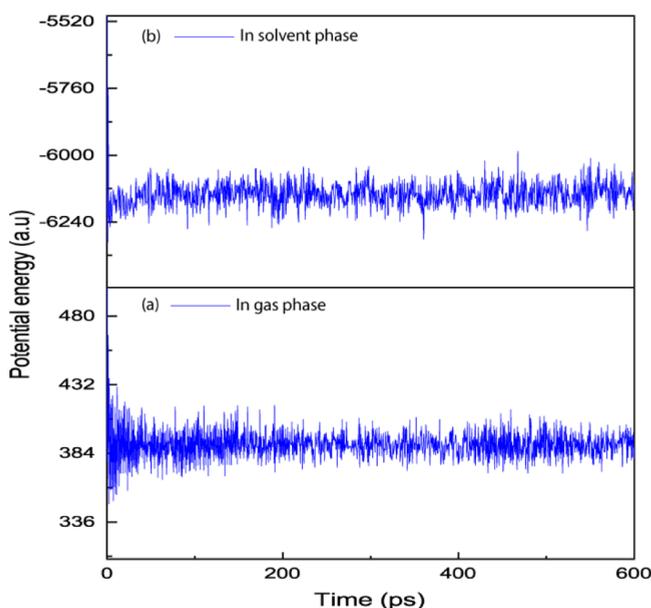
Figure 9 shows the plot of potential energy versus time (ps) obtained through MD simulations for the complex structure in the gas phase as well as in the solvent phase. For complex UMB +  $\alpha$ CD in the gas phase, we noticed a potential energy change from 586.201 to 385.245 kcal·mol<sup>-1</sup> during first 100 ps; it also showed a slight variation of potential energy: 385.245 to 387.618 kcal·mol<sup>-1</sup> in the second part of the interval between 100 and 600 ps. The binary inclusion complex of UMB in the gas phase showed an initial potential energy value and high fluctuations in the potential energy, but latter got stabilized after 100 ps of time. In the solvent phase, we noted that the UMB +  $\alpha$ CD complex has a potential energy change from  $-5021.233$  to  $-6190.101$  kcal·mol<sup>-1</sup> during first 100 ps, we also noticed a variation of potential energy:  $-6190.101$  to  $-6122.078$  kcal·mol<sup>-1</sup> in the second part of the interval



**Figure 8.** Top best five conformational models of the UMB +  $\alpha$ CD inclusion complex from (a) to (e) based on their binding affinity analyzed using MOE.2015 molecular docking software.

**Table 4. Binding Affinity of UMB +  $\alpha$ CD in Different Poses Obtained from Molecular Docking**

ligand with receptor (UMB + $\alpha$ CD)	binding affinity ( $\Delta G$ ) in kcal·mol <sup>-1</sup>	rmsd_refine
pose 1	-3.60	1.96
pose 2	-3.59	0.73
pose 3	-3.47	1.60
pose 4	-3.42	1.80
pose 5	-3.42	1.07



**Figure 9.** Evaluation of potential energy of the complex as a function of time (a) in gas phase (b) in solvent phase.

**Table 5. Potential Energy of  $\alpha$ CD ( $E_{\text{Host}}$ ), UMB ( $E_{\text{Guest}}$ ), Inclusion Complex ( $E_{\text{Complex}}$ ), and Change in Potential Energy ( $\Delta E$ )**

inclusion complex	$E_{\text{Host}}$ (kcal·mol <sup>-1</sup> )	$E_{\text{Guest}}$ (kcal·mol <sup>-1</sup> )	$E_{\text{Complex}}$ (kcal·mol <sup>-1</sup> )	$\Delta E$ (kcal·mol <sup>-1</sup> )
UMB + $\alpha$ CD	602.083	46.778	605.615	-43.246

between 100 and 600 ps.<sup>50</sup> Therefore, we observed that the complex becomes stable after 100 ps in both phases. The potential energy deviance of the complex was less for the inclusion complex in the solvent phase compared to the inclusion complex in the gas phase indicating the better stability of the supramolecular inclusion complex in the solvent phase.

#### 4. CONCLUSIONS

In the present study, UMB +  $\alpha$ CD was designed, synthesized, and characterized by using <sup>1</sup>H NMR, FTIR, and ESI-MS. Job's plot was used to confirm the stoichiometry of the inclusion complex. From the FTIR and NMR data, it is confirmed that the aromatic part has been inserted into the  $\alpha$ -cyclodextrin cavity. Differential scanning calorimetric value for the inclusion complex confirms that it is thermally stable upto 244 °C. Thermodynamic parameters like the binding constant have been found to be favorable for stable inclusion complexation. From the molecular docking study, it is observed that when UMB inserted through the aromatic part, it showed the highest binding affinity compared to the rest of the four poses, which confirmed the preferential encapsulation and the geometry of the inclusion complex obtained from <sup>1</sup>H NMR experiments. Thus, molecular docking as well as dynamic simulations also support the experimental evidence. Thus, the overall study concluded that the UMB- $\alpha$ -cyclodextrin supramolecular hybrid could lead to further developments of sunscreen agents.

#### ■ ASSOCIATED CONTENT

##### SI Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsomega.0c04716>.

Detailed descriptions of all the chemicals used, Job's plot table, association constant data, ESI-MS spectra of the inclusion complexes, and potential energy calculations of both inclusion complexes using computational studies (PDF)

#### ■ AUTHOR INFORMATION

##### Corresponding Author

Mahendra Nath Roy – Department of Chemistry, University of North Bengal, Darjeeling 734013, India; [orcid.org/](https://orcid.org/)

0000-0002-7380-5526; Email: mahendraroy2002@yahoo.co.in

## Authors

**Niloy Roy** – Department of Chemistry, University of North Bengal, Darjeeling 734013, India

**Biswajit Ghosh** – Department of Chemistry, University of North Bengal, Darjeeling 734013, India

**Debadrita Roy** – Department of Chemistry, University of North Bengal, Darjeeling 734013, India

**Biswajit Bhaumik** – Department of Chemistry, Surya Sen Mahavidyalaya, Jalpaiguri 734004, India

Complete contact information is available at:

<https://pubs.acs.org/10.1021/acsomega.0c04716>

## Notes

The authors declare no competing financial interest.

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## Research paper

# Probing Host-Guest inclusion complexes of Ambroxol Hydrochloride with $\alpha$ - & $\beta$ -Cyclodextrins by physicochemical contrivance subsequently optimized by molecular modeling simulations

Niloy Roy, Pranish Bomzan, Mahendra Nath Roy\*

Department of Chemistry, University of North Bengal, Darjeeling 734013, India

## HIGHLIGHTS

- Complexes are well characterized by experimentally as well as theoretically in depth.
- Bond length, dihedral angle changes confirm conformational changes of guest molecules.
- Molecular modeling and dynamic simulations predict inclusion phenomena.
- Spectroscopic methods were used to evaluate various thermodynamic parameters.

## ARTICLE INFO

## Keywords:

$\alpha$ -Cyclodextrin  
 $\beta$ -Cyclodextrin  
 Conformational change  
 Supramolecular assembly  
 Host-guest dynamics

## ABSTRACT

Herein, we report the inclusion of AMB in cyclodextrins leading to host-guest assemblies. The inclusion complexes comprised of Ambroxol Hydrochloride (AMB) with  $\alpha$ -cyclodextrin ( $\alpha$ CD) and  $\beta$ -cyclodextrin ( $\beta$ CD) have been confirmed by experimental (UV-vis titration, FTIR, ESI-MS,  $^1$ NMR, 2D-NMR) and computational studies (molecular docking, molecular mechanics calculation). The molecular docking studies demonstrate a better insight into geometry and inclusion mode of AMB inside  $\alpha$ CD as well as  $\beta$ CD cavity. Formation of inclusion complexes with different cyclodextrins causes some structural changes of guest molecules during the encapsulation process confirmed by bond length, dihedral angle changes and dynamic simulations.

## 1. Introduction

Now-a-days, site specific formulation of a potential drug is very much important for the betterment of the drug in pharmaceutical industry [1]. Although, Ambroxol Hydrochloride (AMB) is a mucolytic drug that reduces the thickness of the sputum [2] and also used to treat conditions with abnormal mucus secretion [3] allowing the patient to breathe freely and deeply by promoting mucus clearance, facilitating expectoration and easing productive cough [4,5]. But being soluble in hot water and practically insoluble in dichloro methane and soluble in Methanol [6], a supramolecular assemble of pure Ambroxol Hydrochloride (AMB) with cyclodextrin molecules tagged with a protein or enzyme could make it a potent mucolytic and mucokinetic agent. Some recent studies include the drugs having a role in treatment of Gaucher's disease [7], Parkinson disease [8] and other aging-associated diseases involving dysfunction of autophagy [9].

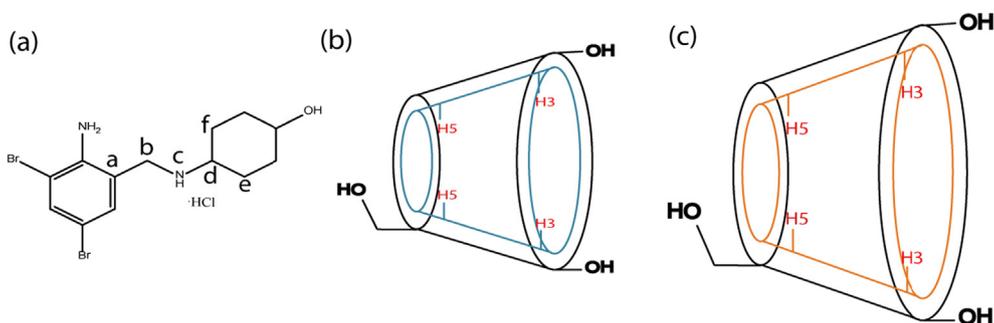
AMB is a mucolytic drug as a salt form of Ambroxol (Scheme 1), a metabolite of bromohexine [10]. Ambroxol can also be used as a

pharmacological chaperone therapy (PCT) for the treatment of Gaucher Disease (GD) [11]. Ambroxol Hydrochloride occurs as a white crystalline powder [12]. Due to its poor water solubility, AMB has been used as an oral suspension. The aqueous solubility and dissolution of these drugs are key factors in determining the bioavailability of its oral preparation [13].

Cyclodextrins (CD) are cyclic oligosaccharides widely used for the recognition of various guest molecules give rise to inclusion complex (IC) [14]. CDs are non toxic, biodegradable and biocompatible along with the collective effects of inclusion, size-specificity, controlled release capability and transport properties make it suitable as a host molecule [15,16]. Supramolecular complexation can increase the water solubility as well as bio availability [17,18]. Among different types of cyclodextrins,  $\alpha$ CD and  $\beta$ CD (Scheme 1) are taken as host molecules due to both size and solubility matching with the Ambroxol Hydrochloride i.e the guest molecule. Now-a-days, apart from experiments, researchers also perform different molecular simulation studies with guest, host and their inclusion complexes to gather information at a

\* Corresponding author.

E-mail address: [mahendraroy2002@yahoo.co.in](mailto:mahendraroy2002@yahoo.co.in) (M. Nath Roy).



**Scheme 1.** Two dimensional structures of (a) Ambroxol hydrochloride (b)  $\alpha$ -cyclodextrin (c)  $\beta$ -cyclodextrin.

molecular level e.g, quantum mechanics, molecular dynamics (MD) and molecular mechanics (MM) approximations [19,20].

The aim of the present study is to evaluate whether host-guest inclusion complex has been formed between the guest Ambroxol Hydrochloride and the two types of hosts cyclodextrins  $\alpha$ CD and  $\beta$ CD and also to investigate the different interactions between host and the guest molecules in the inclusion complex. Additionally, molecular modeling study by MOE.2015 software from chemical computing group was performed to validate the change in geometrical configuration of the complex obtained from experimental results [21]. Different physicochemical, spectroscopic techniques for the two inclusion complexes in aqueous solution have been performed to investigate whether the IC formation has taken place as well as to study different interactive forces occurring in the two inclusion complexes.

## 2. Experimental section

### 2.1. Materials and materials

Ambroxol Hydrochloride (M.W = 414.57, Purity > 98.0%) which was used as the guest molecule in our study was purchased from TCI Chemicals (India) Pvt. Ltd & the two hosts required that is  $\beta$ CD (M.W = 1134.98, Purity > 97.0%) and  $\alpha$ CD (M.W = 972.84, Purity > 98.0%) were bought from SIGMA-ALDRICH India (Table S1). Double distilled water has been used throughout the experiment.

### 2.2. Methods

Stock solutions of Ambroxol Hydrochloride,  $\beta$ CD and  $\alpha$ CD were prepared by mass (Mettler Toledo AG-285 with uncertainty 0.0001 g) and by dilution. The solution of  $\alpha$ CD and  $\beta$ CD were prepared by heating it slightly in a water bath. All the  $^1\text{H}$  NMR and 2D-NMR data were plotted with the help of Mestrenova 12. Origin 2018 software has been used for the plotting the entire graphs. All the spectroscopic experiments were carried out in a solution of ethanol/water mixture (3:7, v/v).

### 2.3. UV-visible spectroscopy

UV-vis titration was performed by using Agilent 8453 Spectrophotometer. The temperatures were regulated with a digital thermostat for the association constant measurement. The absorption spectra were recorded at  $293 \pm 0.15$  K,  $303 \pm 0.15$  K,  $313 \pm 0.15$  K respectively.

### 2.4. Fourier transform infrared (FTIR)

FTIR spectra were recorded by a Perkin Elmer FTIR spectrometer by the solid KBr disk technique. KBr disks with 1 mg of solid inclusion complex and 100 mg of KBr were prepared. Measurements were performed in the scanning range of (4000–400  $\text{cm}^{-1}$ ) at the room temperature to record the FT-IR spectral data.

### 2.5. $^1\text{H}$ NMR and 2D-NMR spectroscopy

All NMR spectra were recorded on a Bruker AVANCE spectrometer at 400 MHz and 25  $^\circ\text{C}$  in  $\text{D}_2\text{O}$ . The residual HDO line had a line width at a half-height of 2.59 Hz. Two-dimensional (2D) ROESY spectra were acquired at 25  $^\circ\text{C}$  with number of scan 8, and a 2048 K time domain in F2 (FID resolution 5.87 Hz) and 460 experiments in F1.

### 2.6. ESI-MS spectrometry

ESI-MS spectra for the both complexes were collected using Agilent, 6460 Triple quad LC/MS, 1200 Infinity series equipped with electrospray ionization (ESI) interface. The gas temperature was 300  $^\circ\text{C}$  with flow rate of 5  $\text{L min}^{-1}$ . The capillary voltage was calibrated at 3.5 kV and injection volume was about 5.00 ml.

### 2.7. Molecular modeling studies

Molecular modeling studies were performed to predict the formation of AMB +  $\alpha$ CD and AMB +  $\beta$ CD inclusion complexes and to measure their binding affinity by utilizing MOE.2015 software, which are available in the Chemical Computing Group (CCG). The 3D optimized structure of AMB (ID: 234307),  $\alpha$ CD (ID: 125105),  $\beta$ CD (ID: 762697) were taken from Chembridge Crystal data centre (CCDC) as CIF file and used as received. Hydrogen atoms and partial charges were added to the protein. Molecular modeling calculations were carried out with molecular mechanics MMFF94x force field. The hydrogens and charges were fixed, and the RMS gradient was set to 0.005 kcal/mol. Conformations of ligand (CDs) were fitted in the position with the Triangle Matcher method and ordered with the London  $\Delta G$  scoring function. A maximum of 5 conformations of each guest were allowed to be saved in a separate database file as .mdb format. The produced poses were ranked based on their docking scores. Finally, we choose the best energy pose [22,23].

### 2.8 Dynamic simulation

Molecular dynamics and simulations studies are generally performed to obtain the stable structure of inclusion complexes with respect to time, temperature, kinetic energy and potential energy. The forcefield was taken to be MMFF94x. MOE dynamics simulation uses the Nosé-Poincaré-Andersen (NPA) equations of motion. Default steps and protocols of the MD were selected to optimize the systems equilibrium 100 ps and production run was carried out for 500 ps.

### 2.9 Sample preparation of Solid Inclusion Complex of Ambroxol Hydrochloride with Cyclodextrins

To prepare 1:1 a solid Inclusion Complex between Ambroxol Hydrochloride and  $\alpha$ CD as well as with  $\beta$ CD, at first, 30 mg of solid guest compound of AMB (which is also pretty much soluble in hot water) was taken in a beaker and amount 40 ml of distilled water was

added to it and placing it in a thermostated water bath at temperature set at 323.15 K with constant stirring in a magnetic stirrer. Next, accurately measured 70.39 mg of  $\alpha$ CD and 82.13 mg of  $\beta$ CD were added in solid form in two different beakers slowly in presence of the constant stirring. It was kept in the thermostated water bath for 24–48 h. Thereafter, it was collected and dried in a hot oven & after that inclusion complexes in the solid form were obtained.

### 3. Results and discussions

Ambroxol Hydrochloride guest molecule selected in this investigation was moderately soluble in water. Our aim was to study the formation of inclusion complex between the host and the guest and also to evaluate the interactions and different thermodynamic parameters of the inclusion complex, so all the measurements were done in room temperature and in aqueous-ethanolic solution such as UV–vis Studies etc. However, FTIR Spectroscopy, NMR, SEM analysis were performed by the prepared solid inclusion complex between Ambroxol Hydrochloride and CDs.

#### 3.1. Job's plot: Determination of stoichiometry behaviour of cyclodextrins inclusion complex with Ambroxol Hydrochloride

Job's plot method which is also known as the continuous variation method is a very efficient and successful way to recognize stoichiometry of any host–guest inclusion complexes [24]. So, due to this reason the Job's Plot was applied here by using UV–visible spectroscopy. Here, two sets of solutions were prepared of Ambroxol Hydrochloride with  $\alpha$ CD and  $\beta$ CD respectively in 30% ethanolic-aqueous (3:7, v/v) solution, by varying the mole fractions of the guest (Ambroxol) in the range of 0–1. Job's plots of the mentioned sets of solutions were plotted as  $\Delta A \times R$  against R, where  $\Delta A$  means the difference in absorbance of AMB (Guest) without and with CD and  $R = [AMB]/([AMB] + [CD])$ . The absorbance values were obtained at respective  $\lambda_{max}$  for each solution by maintaining 298.15 K temperature. The stoichiometry of an inclusion complex is obtained by taking the corresponding value of R at the maximum point on the Job's Plot curve, for example, if the ratio of guest to host is 1:2 for R~0.33, 1:1 for R~0.5 and 2:1 for R~0.66 and so on. Here, in this work we got R~0.5 as maxima in the plot (Fig. 1), reflecting a 1:1 stoichiometry (Guest:Host) for both the inclusion complexes (Table S2 & S3).

#### 3.2. Determination of binding constant of both complexes in aqueous ethanol by UV–vis spectroscopy.

The binding constant between  $\alpha$ CD,  $\beta$ CD and the guest molecule Ambroxol has been calculated via UV–Vis spectroscopy with the help of

**Table 1**

Association constant of the Inclusion complex between AMB,  $\alpha$ CD &  $\beta$ CD at three different Temperatures;  $\pm$  sign indicates the standard deviation.

System	Temperature (K)	Slope	Intercept	Association constant (Ka)/(M <sup>-1</sup> )
AMB + $\alpha$ CD	293.15	0.000725	3.06391	4226 $\pm$ 1195
	303.15	0.000456	4.10125	8993 $\pm$ 1765
	313.15	0.000447	7.08252	15799 $\pm$ 172
AMB + $\beta$ CD	293.15	0.000283	7.86202	27780 $\pm$ 2570
	303.15	0.000242	9.03459	37333 $\pm$ 1036
	313.15	0.000239	10.84575	45379 $\pm$ 821

Benesi–Hildebrand technique which represents one of the most well-known strategies to determine binding constants of the Inclusion Complexes based on absorption spectra of the inclusion complex [25]. Accurate estimation of binding (association) constants of the inclusion complexes under investigation can be obtained by observing changes in the absorption intensity of the AMB at different temperature as a function of the CD's concentration (Table 2) and according to method for 1:1 Inclusion complex between guest and host, the double reciprocal plots have been drawn using equation (1).

$$\frac{1}{[A - A_0]} = \frac{1}{K_a [AMB]_0 \Delta \epsilon} \times \frac{1}{[CD]_0} + \frac{1}{\Delta \epsilon} \dots \dots \dots (1)$$

For AMB +  $\alpha$ CD, Association constant of 1:1 host and guest was found to be 4226 M<sup>-1</sup>, 8993 M<sup>-1</sup>, and 15799 M<sup>-1</sup> at 293.15 K, 303.15 K and 313.15 K respectively with good correlation factors (Table 1 & Table S4). Double reciprocal plot was calculated using Benesi–Hildebrand to obtain the slope and intercept (Fig. S1, S2 & S3).

Association constant ( $K_a$ ) value for AMB +  $\beta$ CD was calculated by dividing the intercept by the slope of the straight line (Table S6), which was found from the double reciprocal plot (Figure S5, S6, S7) at three different temperatures 293.15 K, 303.15 K & 313.15 K have been found to be 27780 M<sup>-1</sup>, 37333 M<sup>-1</sup> & 45379 M<sup>-1</sup> respectively (Table 1 and Figs. 2 and 3).

From Table 1, we observe that with the increase in temperature association constant values ( $K_a$ ) increases for both the system and the  $K_a$  values for AMB with  $\beta$ CD system were found to be higher in all three temperatures than the AMB with  $\alpha$ CD system. The linear increase in  $K_a$  value when increasing the temperature from 293.15 K to 313.15 K clearly indicated the endothermic nature of Inclusion Complexation between Ambroxol Hydrochloride and  $\alpha$ CD and  $\beta$ CD and also suggests that  $\beta$ CD forms the complex with better stability.

#### 3.3. Thermodynamic parameters:

The thermodynamic parameters of the analyzed inclusion processes, enthalpy change ( $\Delta H^\circ$ ) and entropy change ( $\Delta S^\circ$ ) and Gibbs free energy

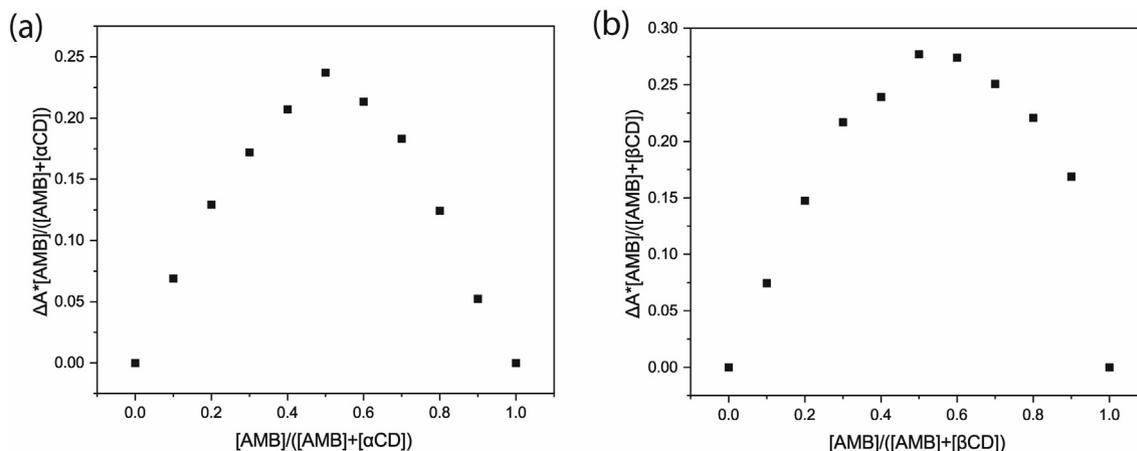
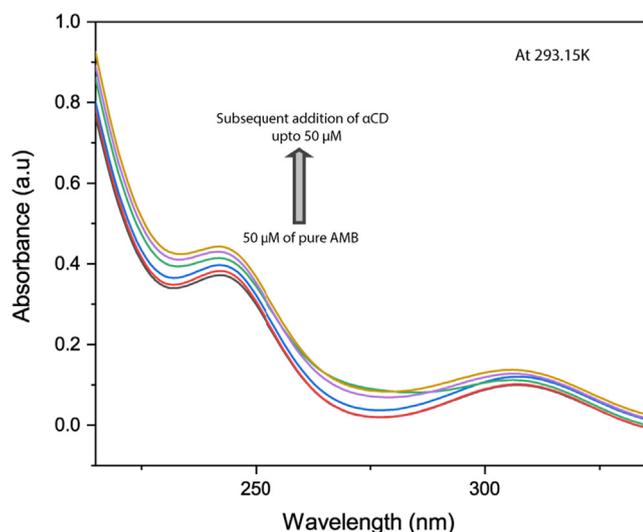


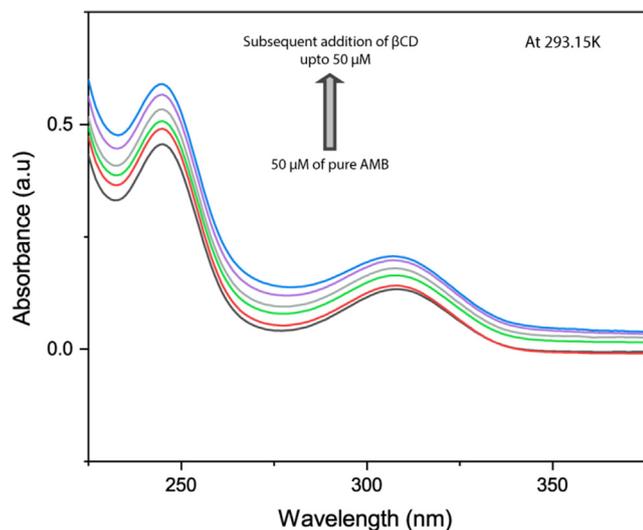
Fig. 1. Job's Plot of the (a) AMB +  $\alpha$ CD and (b) AMB +  $\beta$ CD system at 298.15 K.

**Table 2**  
Various thermodynamic parameters of AMB +  $\alpha$ CD and AMB +  $\beta$ CD complex system (1 cal = 4.184 J).

System	Temp(K)	Ka/M <sup>-1</sup>	$\Delta H^\circ$ /KJ mol <sup>-1</sup>	$\Delta S^\circ$ /KJ mol <sup>-1</sup> K <sup>-1</sup>	$\Delta G$ KJ mol <sup>-1</sup>	$\Delta G$ KCal mol <sup>-1</sup>
AMB + $\alpha$ CD	293.15	4226			-20.3649	-4.86
	303.15	8993	50.3166	0.2411	-22.7760	-5.44
	313.15	15,799			-25.1871	-6.01
AMB + $\beta$ CD	293.15	27,780			-24.9483	-5.96
	303.15	37,333	18.7543	0.1490	-26.4391	-6.31
	313.15	45,379			-28.9299	-6.91



**Fig. 2.** Variation of UV-vis spectra in subsequent addition of  $\alpha$ CD in 50  $\mu$ M aqueous solution of AMB at 293.15 K.



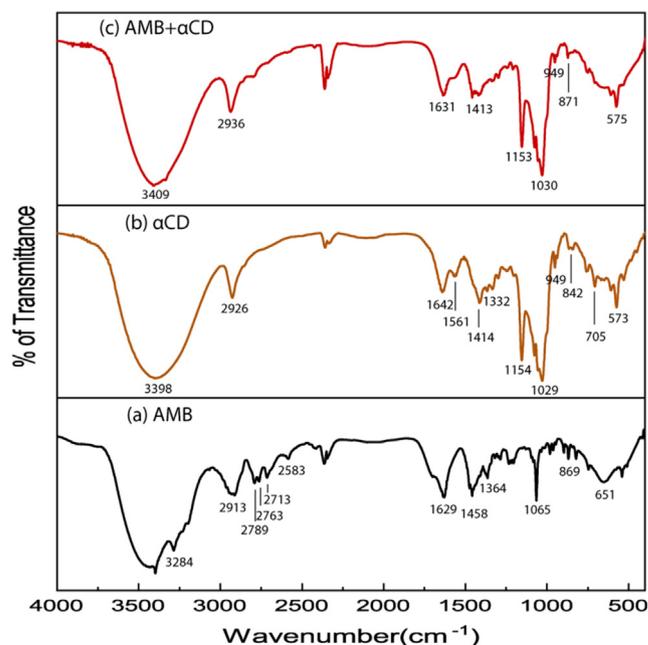
**Fig. 3.** Variation of UV-vis spectra in subsequent addition of  $\beta$ CD in 50  $\mu$ M aqueous solution of AMB at 293.15 K.

change ( $\Delta G^\circ$ ) can be obtained by means of the classical van't Hoff equation (Eq. (2)): [26]

$$\Delta G^\circ = \Delta H^\circ - T\Delta S^\circ \quad (2)$$

In case of AMB +  $\alpha$ CD inclusion complex (Table 2),  $\Delta G^\circ$  was found to be -4.86 Kcal/mol, -5.44 Kcal/mol, and -6.01 Kcal/mol at 293.15 K, 303.15 K and 313.15 K respectively (Table S5).

However, in case of AMB +  $\beta$ CD inclusion complex,  $\Delta G^\circ$  was found



**Fig. 4.** FTIR spectra of (a) pure AMB (b)  $\alpha$ CD (c) AMB +  $\alpha$ CD inclusion complex.

to be -5.96 Kcal/mol, -6.31 Kcal/mol, and -6.91 Kcal/mol at 293.15 K, 303.15 K and 313.15 K respectively (Table 2 & S7). In both cases, the  $\Delta H^\circ$  and  $\Delta S^\circ$  are found to be positive. These values indicate that the inclusion processes are endothermic in nature (entropically favored, and with a nonfavorable enthalpic expression). Thus, these results indicate hydrophobic effects are the main driving forces for the formation of inclusion complexes. In order to approve the above experimental results, a molecular modeling study combining MD simulations was performed.

### 3.4. FTIR spectral analysis

FTIR spectroscopy is an important method to confirm the formation of inclusion complex from the variation in shape, size, shift and intensity of the absorption peak of Guest and Host moiety [27]. There will be broadening, widening, disappearance or change in intensity of the peaks due to complexations [28]. The FTIR spectra of pure AMB,  $\alpha$ CD,  $\beta$ CD and the inclusion complexes AMB +  $\alpha$ CD and AMB +  $\beta$ CD were recorded and all the peaks were assigned and shown in Figs. 4 & 5.

The infrared spectra of the guest molecule (AMB) showed some few characteristic peaks e.g, a peak at 3193  $\text{cm}^{-1}$  was associated with the stretching vibration of aromatic C-H bond [29]. The strong C = C stretching vibrational peak was observed at 1629  $\text{cm}^{-1}$ , which belongs to the benzene ring [30]. Usually, the vibration of aromatic C-N in  $\text{NH}_2$  group observed at 1284  $\text{cm}^{-1}$ . The aliphatic C-N stretching mode was observed at 1458  $\text{cm}^{-1}$ . The N-H of aromatic amine group showed its stretching vibration at 3300  $\text{cm}^{-1}$ . However, symmetric stretching mode of aliphatic amine N-H appeared at 3284  $\text{cm}^{-1}$  [31].

When inclusion complex is formed, some of the characteristic peaks got disappeared. There are significant differences in the spectra of the inclusion complexes in comparison with the individual drugs. Most of the peaks of the drugs get flattened, indicating a strong intermolecular interaction between the drugs and CDs [32].

For AMB +  $\alpha$ CD inclusion complex, the protons belong to the aromatic ring which appeared at 3193  $\text{cm}^{-1}$  in pure AMB is diminished in the IR spectra of the complexes. The vibration of aromatic C-N in  $\text{NH}_2$  group observed at 1284  $\text{cm}^{-1}$  and C-N in -NH- group at 1458  $\text{cm}^{-1}$  (Fig. 4) has been disappeared possibly due to formation of encapsulation. Therefore, it suggests that probably few portions of the

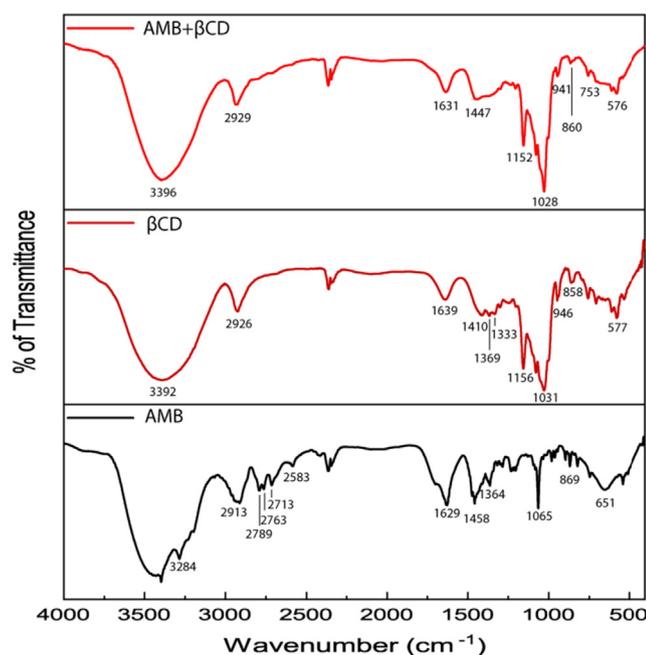


Fig. 5. FTIR spectra of (a) pure AMB (b)  $\beta$ CD (c) AMB +  $\beta$ CD inclusion complex.

aromatic part of AMB as well as cyclohexyl part have been encapsulated to the  $\alpha$ CD cavity.

For AMB +  $\beta$ CD inclusion complex, the aromatic ring proton which appeared at  $3193\text{ cm}^{-1}$  in pure AMB is also diminished in the IR spectra of the complexes (Fig. 5). The vibration of aromatic C-N in  $\text{NH}_2$  group observed at  $1284\text{ cm}^{-1}$  has been shifted to  $1206\text{ cm}^{-1}$  whereas, C-N in  $-\text{NH}-$  group observed at  $1458\text{ cm}^{-1}$  has been shifted to  $1447\text{ cm}^{-1}$  possibly due to formation of encapsulation. Therefore, it suggests that probably few portions of the aromatic part of AMB as well as cyclohexyl part have been encapsulated to the cyclodextrin cavity.

### 3.5. $^1\text{H}$ NMR spectra analysis

The molecular interactions between Host-Guest molecules in inclusion complexes are investigated using  $^1\text{H}$  NMR [33]. Normally,  $^1\text{H}$  NMR is used for obtaining the molecular interaction information regarding selective line broadening or chemical shift displacement of host and guest molecules. These chemical shifts are easily observable for protons located at the inner surface (H-3 and H-5) of the cyclodextrins, but it is very difficult to observe the chemical shifts of protons (H-1, H-2 & H-4) located at the outer surface of the Cyclodextrin [34]. It can be observed that these chemical shifts appeared due to inclusion complex development due to the inclusion of Guest into the Host molecule and not because of non-specific correlation between host-guest molecules.

The possible interaction between AMB and  $\alpha$ CD for inclusion complex formation was investigated by comparing the  $^1\text{H}$  NMR spectra of AMB,  $\alpha$ CD and the AMB +  $\alpha$ CD inclusion complex in  $\text{D}_2\text{O}$  (Fig S9). The chemical shifts of  $\beta$ CD protons with or without AMB were compared in (Table 3a). The chemical shift variations were calculated by

Table 3a

Chemical shift data (in ppm) of protons of free  $\alpha$ CD and of AMB +  $\alpha$ CD complex and their differences.

Protons Of $\alpha$ CD	$\Delta\delta$ (Free) (ppm)	$\Delta\delta$ (Complex) (ppm)	$\Delta\delta$ (Difference) (ppm)
H1'	4.97–4.96 (d, $J = 4$ Hz)	4.96 (d, $J = 4$ Hz)	–0.01
H4'	3.50–3.47 (t, $J = 12$ Hz)	3.50–3.47 (t, $J = 12$ Hz)	0.00
H3'	3.91–3.80 (dd, $J = 8$ Hz)	3.87–3.81 (t, $J = 8$ Hz)	–0.04
H5'	3.79–3.74 (m, $J = 8$ Hz)	3.79–3.75 (t, $J = 8$ Hz)	–0.01
H2'	3.56–3.52 (dd, $J = 4$ Hz)	3.56–3.52 (dd, $J = 4$ Hz)	0.00

the equation:  $\Delta(\text{difference}) = \Delta(\text{complex}) - \Delta(\text{free})$ . The positive and negative signs indicate a downfield and upfield shifts, In (Table 3a), upfield shifts are quite evident ( $-0.04$  ppm and  $-0.01$  ppm) observed for the H3' and H5' respectively i.e Protons that are located inside the cavity of  $\beta$ CD. But very little to none upfield shifts can be observed of H4' and H1' protons could be observed for the protons of  $\beta$ CD that are located outside the cavity.

Inclusion mode of AMB +  $\alpha$ CD complex can also be characterized by the chemical shift variation of proton of AMB. Aromatic protons which are designated as H4, H6 when form inclusion complexes chemical shift values have been shifted to downfield ( $\Delta\delta$ : H4 0.02, H6 0.03) which indicated that they tend to appear outside the cavity. Whereas, H8, H9 protons belong to the benzyl and secondary NH protons shows significant upfield shift as well as cyclohexane ring protons also show quite good upfield shift (Table 3b). This concludes that apart from aromatic part, rest of the part has been totally inserted into the cavity.

Similarly,  $^1\text{H}$  NMR spectra of AMB,  $\beta$ CD and the AMB +  $\beta$ CD inclusion complex in  $\text{D}_2\text{O}$  were taken to verify the possible interaction between AMB and  $\beta$ CD for inclusion complex (Fig. S10). The chemical shifts of  $\beta$ CD protons with or without AMB were compared in (Table 4a). Upfield shifts are quite obvious observed for the H3' and H5' respectively i.e Protons that are located inside the cavity of  $\beta$ CD. But very little to none upfield shifts can be observed of H4' and H1' protons could be observed for the protons of  $\beta$ CD that are located outside the cavity.

It is known that H5' protons are near the narrow side of the cavity while H3' protons are near the wide side of the cavity of  $\beta$ CD. In our study of AMB +  $\beta$ CD inclusion complex formation, H3' possessed reasonably larger chemical shift variation ( $-0.03$  ppm) than H5' ( $-0.01$  ppm). So it could be proposed that AMB got inserted from wide side of  $\beta$ CD cavity. Moreover, the upfield shifts of H3' and H5' protons signify the masking in presence of dense electronic clouds which results in shielding of protons. But in case of protons which are present outside the cavity such as H1', H4' H2' the variation of chemical shifts are little or none.

In Table 4b, the inclusion mode of the AMB +  $\beta$ CD can be further investigated by comparing the  $^1\text{H}$  NMR spectrum of Ambroxol in the absence and in presence of  $\beta$ CD. As showed in Fig. S10, mostly AMB signals appeared at 1.23–7.70 ppm, which was almost in similar with the  $\beta$ CD protons (2.13–4.98 ppm). Therefore, few AMB protons signals were overlapped specially around (3.4–5.0 ppm) region in the spectra of AMB +  $\beta$ CD complex. It was observed that AMB protons signals were much weaker as compared to  $\beta$ CD due to the less percentage of AMB (Guest) in the inclusion complex with  $\beta$ CD. Moreover, after inclusion in  $\beta$ CD chemical shift changes were also reported for AMB protons signals between free and complexed state (Table 4b). we observed that  $\beta$ CD induced variations in chemical shift occurred in case of few protons but pretty much significant differences as compared to  $\alpha$ CD were reported in case of H4, H6 protons ( $\Delta\delta$ : H4  $-0.03$ ; H6  $-0.01$ ), which were characterized by aromatic protons of benzene ring (Fig. S10). However, H12, H14 proton of AMB shows significant variations ( $\Delta\delta$ : H12, H14  $-0.03$ ). From these findings it can also be proposed that probably the Aromatic ring of Ambroxol.HCl get stabilize outside the  $\beta$ CD cavity.

**Table 3b**Chemical shift Data (in ppm) of protons of AMB in Free State and during Inclusion Complexation with  $\alpha$ CD.

PROTONS OF AMB	$\delta$ (Free) (ppm)	$\delta$ (Complex) (ppm)	$\delta$ (Difference) (ppm)
H4	7.70 (1H, s)	7.72 (1H, s)	0.02
H6	7.33 (1H, s)	7.36 (1H, s)	0.03
H8	2.00–1.97 (1H, d, $J = 12$ Hz)	2.01–1.97 (1H, d, $J = 12$ Hz)	0.01
H9	2.14–2.12 (1H, d, $J = 12$ Hz)	2.18–2.16 (1H, d, $J = 12$ Hz)	0.04
H10	3.18–3.12 (1H, t, $J = 12$ Hz)	–	0
H13	3.61–3.56 (1H, m, $J = 4$ Hz)	–	–
H12, H14	1.49–1.40 (4H, q, $J = 12$ Hz)	1.44 (4H, q, $J = 12$ Hz)	–0.05
H11, H15	1.32–1.23 (4H, q, $J = 12$ Hz)	1.30 (4H, q, $J = 12$ Hz)	–0.02
H16	4.15 (2H, s)	4.17 (1H, s)	0.02

**Table 4a**Chemical shift Data (in ppm) of protons of  $\beta$ CD in Free State and during Inclusion Complexation with AMB.

PROTONS OF $\beta$ CD	$\delta$ (Free) (ppm)	$\delta$ (Complex) (ppm)	$\Delta\delta$ (Difference) (ppm)
H1'	4.98–4.97 (d, $J = 4$ Hz)	4.98–4.97 (d, $J = 4$ Hz)	0
H4'	3.49–3.47 (t, $J = 12$ Hz)	3.49–3.47 (t, $J = 12$ Hz)	0.00
H3'	3.90–3.86 (t, $J = 8$ Hz)	3.87–3.83 (t, $J = 8$ Hz)	–0.03
H5'	3.79–3.75 (t, $J = 8$ Hz)	3.78–3.75 (t, $J = 8$ Hz)	–0.01
H2'	3.57–3.54 (dd, $J = 4$ Hz)	3.57–3.51 (dd, $J = 4$ Hz)	0.00

### 3.6. 2D-ROESY NMR spectral analysis.

Two-dimensional (2D) NMR spectroscopy provides significant information and conclusive evidence about the spatial proximity between the atoms of host and guest via observations of the intermolecular dipolar cross-correlations [35]. The two protons that are closely located in space within 0.4 nm can produce a nuclear Overhauser effect (NOE) cross-correlation in rotating-frame NOE spectroscopy (ROESY). Here we obtained 2D ROESY spectra of the inclusion complexes of AMB with  $\alpha$ CD and  $\beta$ CD to procure more conformational information and encapsulation mechanism. The 2D-ROESY spectrum of the AMB +  $\alpha$ CD complex (Fig. S11) showed considerable correlation of the aromatic H-6 and alicyclic H-11/H-15 protons of AMB with the H-5 and H-3 protons of  $\alpha$ CD respectively. These results recommend that the AMB molecule was encapsulated within the cavity of  $\alpha$ CD via the narrower rim, suggesting half of the aromatic ring containing bulky Br atoms outside the narrower rim and half of the alicyclic ring containing –OH group outside the wider rim. The ROESY spectrum of the AMB +  $\beta$ CD complex (Fig. S12) also showed significant correlations between the aromatic H-6 and alicyclic H-12/H-14 protons of AMB with the H-3 and H-5 protons of  $\beta$ CD respectively. These outcomes, however, suggest that the AMB molecule was included in the  $\beta$ CD cavity via the wider rim, indicating half of the aromatic ring containing bulky Br atoms outside the wider rim. Based on the observation from  $^1\text{H}$  NMR and 2D-NMR, a plausible mechanism has been drawn and shown in Scheme 2.

### 3.7. ESI-MS of the inclusion complex analysis:

The formation of the inclusion complexes of AMB with  $\alpha$ CD and

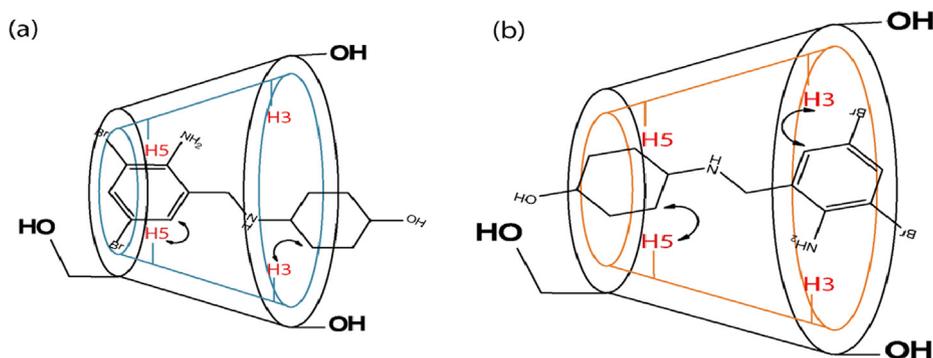
**Table 4b**Chemical shift Data (in ppm) of protons of AMB in Free State and during Inclusion Complexation with  $\beta$ CD.

PROTONS OF AMB	$\delta$ (Free) (ppm)	$\delta$ (Complex) (ppm)	$\delta$ (Difference) (ppm)
H4	7.70 (1H, s)	7.67 (1H, s)	–0.03
H6	7.33 (1H, s)	7.32 (1H, s)	–0.01
H8	2.00–1.97 (1H, d, $J = 12$ Hz)	2.03–1.99 (1H, d, $J = 12$ Hz)	0.03
H9	2.14–2.12 (1H, d, $J = 12$ Hz)	2.17–2.14 (1H, d, $J = 12$ Hz)	0.03
H10	3.18–3.12 (1H, t, $J = 12$ Hz)	–	0
H13	3.61–3.56 (1H, m, $J = 4$ Hz)	–	–
H12, H14	1.49–1.40 (4H, q, $J = 12$ Hz)	1.46–1.43 (4H, q, $J = 12$ Hz)	–0.03
H11, H15	1.32–1.23 (4H, q, $J = 12$ Hz)	1.32–1.25 (4H, q, $J = 12$ Hz)	0
H16	4.15 (2H, s)	4.15 (1H, s)	0

$\beta$ CD were examined by ESI-mass spectrometry [36]. The spectra are shown in the Fig. S13 & S14 and the  $m/z$  values for the observed peaks are enlisted in Table 5. The peaks appeared at  $m/z$  1388.58 and 1410.36 corresponds to the  $[\text{AMB} + \alpha\text{CD} + \text{H}]^+$  and  $[\text{AMB} + \alpha\text{CD} + \text{Na}]^+$  respectively, and the peaks at 1550.65 and 1572.44 corresponds to the  $[\text{AMB} + \beta\text{CD} + \text{H}]^+$  and  $[\text{AMB} + \beta\text{CD} + \text{Na}]^+$  respectively. These observed peaks in the spectra recommend that AMB is encapsulated inside the cyclodextrin cavity, and the stoichiometric ratio of the host–guest is 1:1.

### 3.8. Scanning electron microscope (SEM) analysis

Scanning electron microscopy (SEM) is a very suitable qualitative analysis technique to visualize the surface texture of different materials [37]. SEM photographs of  $\alpha$ CD,  $\beta$ CD, AMB and their inclusion complexes are shown in Fig. 6. Pure AMB shows its amorphous characteristics. The micrographs of  $\beta$ CD presented homogeneous morphology and polyhedral flake like crystals whereas  $\alpha$ CD shows its well defined prismatic shape as reported in other literatures [38]. In contrast, the inclusion complex appeared as regular particles in which the original morphology of both components disappeared in both cases and homogeneous plate-like structures with crystal particles were present and it is quite different from the sizes and shapes of  $\alpha$ CD,  $\beta$ CD and AMB, which confirms the formation of the inclusion complex.



**Scheme 2.** Plausible inclusion mechanism of (a) AMB +  $\alpha$ CD inclusion complex (b) AMB +  $\beta$ CD inclusion complex predicted by  $^1\text{H}$  NMR and 2D-NMR.

**Table 5**

ESI-MS mass spectra of different inclusion complex.

Name of the complexes	Calculated mass (a.u)	Experimental mass (a.u)
$[\text{AMB} + \alpha\text{CD} + \text{H}]^+$	1388.41	1388.58
$[\text{AMB} + \alpha\text{CD} + \text{Na}]^+$	1410.41	1410.36
$[\text{AMB} + \beta\text{CD} + \text{H}]^+$	1550.53	1550.65
$[\text{AMB} + \beta\text{CD} + \text{Na}]^+$	1572.53	1572.44

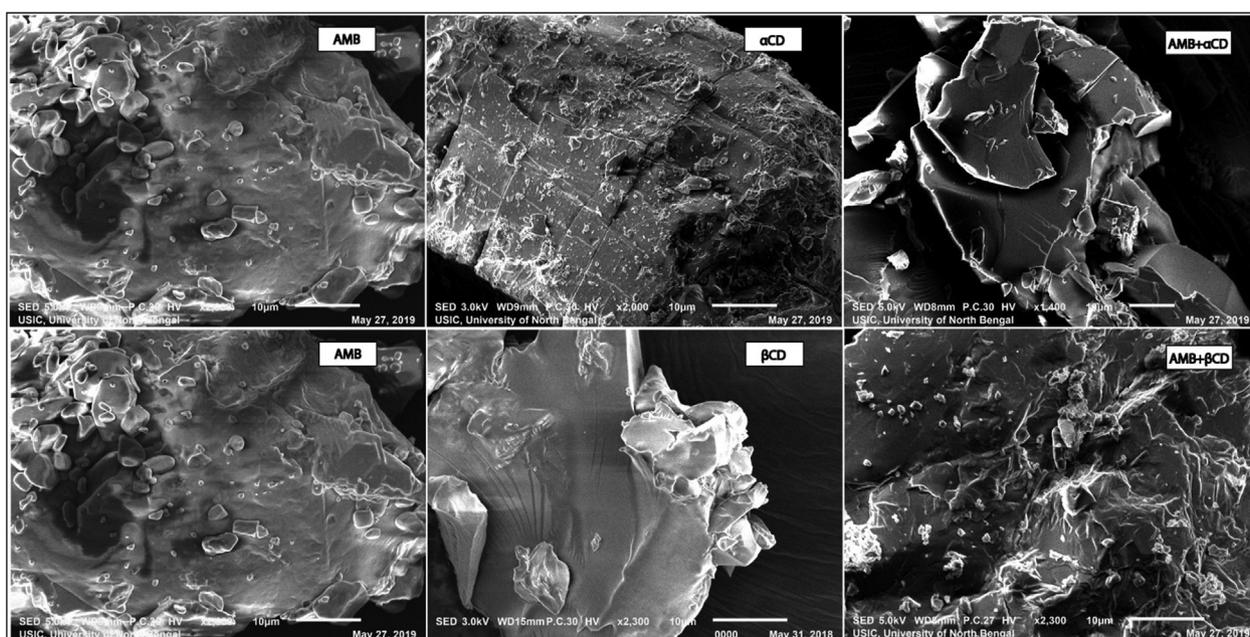
### 3.9. Molecular docking results

#### 3.9.1. Prediction of AMB + $\alpha$ CD and AMB + $\beta$ CD inclusion complexes binding mode

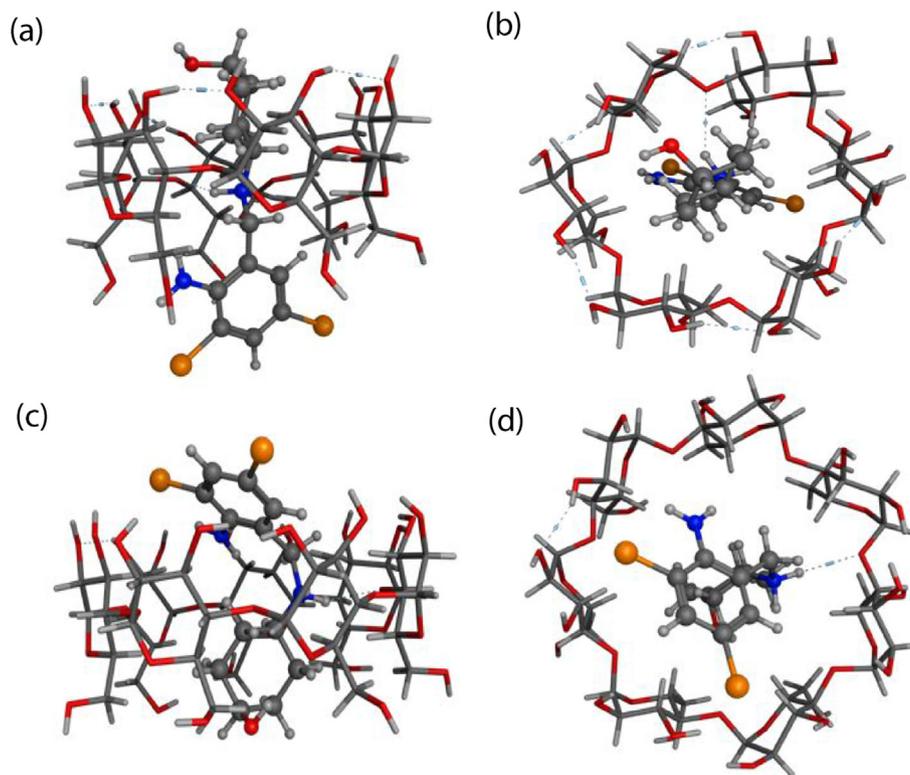
Molecular modelling techniques, such as molecular docking, have been well recognised in predicting the binding modes [39] and interaction profiles of inclusion complexes with different receptor like structures including CDs [40]. Previous studies [41] have confirmed that the most of the guest molecules are usually inserted into CDs via the larger outer rim than that of the smaller one. But in our case, AMB +  $\alpha$ CD showed different results (Fig. 7a & b) i.e, AMB has been inserted through narrow rim and aromatic ring was present almost outside, whereas cyclohexane ring was present at wider side of the ring. However, aromatic N-H were connected with  $\text{CH}_2\text{-OH}$  group of  $\alpha$ CD through bond which make whole complex stabilized and the distance between these two group was found to be 2.13 Å (Table 6). The

snapshots of AMB +  $\beta$ CD complexes illustrated in Fig. 7c & d show that AMB enters the nanocavity of the host in such a way that the both the bromine atoms of aromatic part was present outside of the wider rim of the cavity but benzyl carbon i.e, carbon next to the phenyl group attached with secondary group ( $-\text{NH}_2$ ) and whole cyclohexane ring were inserted into the cavity and stabilized at the narrower rim. The distance of secondary N-H group of AMB with the oxygen atom that attached with two glucopyranose rings of  $\beta$ CD was 2.36 Å, which connected by hydrogen bond (Table 6). In most of the previous studies show [42] that if both aromatic part and aliphatic part are present in a molecule, then most of the cases aromatic part got inserted but here, anomalous behaviour happen that may be due to the present of two bulky bromine atoms that present in the aromatic ring.

Moreover, the binding energy ( $\Delta G^0$ ) for the best docking pose of the complexes was also calculated at room temperature (Table 7). The  $\Delta G^0$  values of modes AMB +  $\alpha$ CD and AMB +  $\beta$ CD in the 1:1 stoichiometry were  $-3.68$  and  $-4.57$  kcal/mol, respectively obtained from the S dock score of MOE database viewer. The results indicated that the complex were stable by good binding energy and drug were completely embedded into the CD cavities and the computational data is quite comparable with our experimental data which is in the range of  $-4.86$  kcal/mol to  $-6.01$  kcal/mol and  $-5.96$  to  $-6.91$  kcal/mol for AMB +  $\alpha$ CD and AMB +  $\beta$ CD inclusion complex respectively (Table 2). The findings of this theoretical study are consistent with the results of UV-vis titration, FT-IR, NMR and ESI-MS study.



**Fig. 6.** Scanning Electron Microscope microphotograph of AMB,  $\alpha$ CD,  $\beta$ CD, AMB +  $\alpha$ CD complex and AMB +  $\beta$ CD complex.



**Fig. 7.** (a) AMB +  $\alpha$ CD Side view; (b) AMB +  $\alpha$ CD Upper view; (c) AMB +  $\beta$ CD side view; (d) AMB +  $\beta$ CD Upper view; atom designation: gray, carbon; red, oxygen; blue, nitrogen; orange, bromine. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

**Table 6**

Hydrogen bonding distance in AMB +  $\alpha$ CD and AMB +  $\beta$ CD Complex from Molecular Docking.

Receptor atoms	AMB atoms	Distance (Å)
$\alpha$ CD (CH <sub>2</sub> -O)	N(aromatic)-H	2.13
$\beta$ CD (pyranoseCH <sub>2</sub> -O-CH <sub>2</sub> pyranose)	N(SP <sup>3</sup> )-H	2.36

**Table 7**

Binding affinity of AMB +  $\alpha$ CD and AMB +  $\beta$ CD obtained from Molecular Docking.

Ligand with receptor	Binding affinity( $\Delta G$ )in kcal.mol <sup>-1</sup>	rmsd_refine
AMB + $\alpha$ CD	-3.68	3.95
AMB + $\beta$ CD	-4.57	2.31

### 3.9.2. Potential energy calculations of two different inclusion complexes (AMB + $\alpha$ CD and AMB + $\beta$ CD)

Changes in Potential energy ( $\Delta E$ ) for both the complexes were also calculated in order to obtain some profound information about the geometry of the host-guest complexes and to find the intermolecular interaction in between host and guest inclusion complexation [43].  $\Delta E$  of the complexation was calculated for the minimum energy mode of docked complex according to Eq. (1) and the data of  $E_{\text{complex}}$ ,  $E_{\text{host}}$  +  $E_{\text{guest}}$ ,  $\Delta E$  were listed in Table 8. Solvation energy is zero because the modeling was carried out in gas phase.

$$\Delta E = E_{\text{Complex}} - (E_{\text{Host}} + E_{\text{Guest}}) \quad (1)$$

The results show that the potential energies for the complexes of AMB with  $\alpha$ CD and  $\beta$ CD were  $-174.886 \text{ kcal mol}^{-1}$  and  $-213.260 \text{ kcal mol}^{-1}$ , respectively, indicating that AMB has stronger affinity for  $\beta$ CD than that for  $\alpha$ CD [44]. Electrostatic potential energy surfaces of both the complex show the charge distribution of molecule

**Table 8**

Potential energy calculation of the docked complex without energy minimization.

Inclusion Complex	$E_{\text{Host}}$ (Kcal/mol)	$E_{\text{Guest}}$ (Kcal/mol)	$E_{\text{Complex}}$ (Kcal/mol)	$\Delta E$ (Kcal/mol)
AMB + $\alpha$ CD	511.134	254.702	590.950	-174.886
AMB + $\beta$ CD	1253.700	254.702	1295.142	-213.260

three dimensionally (Fig. 8). Sherje et al., [45] in their work, beautifully showed that various potential energy components have overall effect on forming stable inclusion complex. In our case of AMB +  $\alpha$ CD inclusion complex (Table S8), Van der Waals energy (vdw) was found to be 170.84 kcal/mol and electrostatic interaction energy (ele) was about 172.20 kcal/mol. So, the differential (Del) van der Waals energy was 44.88 kcal/mol, and the Del electrostatic energy was  $-12.51 \text{ kcal/mol}$ . It is the van der Waals energy that makes the inclusion complex stable. However, in case of AMB +  $\beta$ CD inclusion complex (Table S9), Van der Waals energy (vdw) was found to be 175.33 kcal/mol and electrostatic interaction energy (ele) was about 268.75 kcal/mol. So, the differential (Del) van der Waals energy was 9.45 kcal/mol, and the Del electrostatic energy was 42.85 kcal/mol. It is the electrostatic interaction energy that makes the inclusion complex stable [46,47].

### 3.9.3. Change in the dihedral angle and bond length of AMB after forming inclusion complexes.

To establish the modification of the structural conformation of AMB upon insertion into  $\alpha$ CD and  $\beta$ CD, we have once used MD docking. Sancho et al. [32], showed that change in dihedral angle and bond length could give us strong evidence of conformational changes. After getting the docked pose of all the inclusion complexes, we have measured the dihedral angle of free AMB and the complex encapsulated AMB. The calculated dihedral angles of pure AMB between the carbon atoms labeled as a-b-c-d, b-c-d-e and b-c-d-f were found to be  $172.1^\circ$ ,

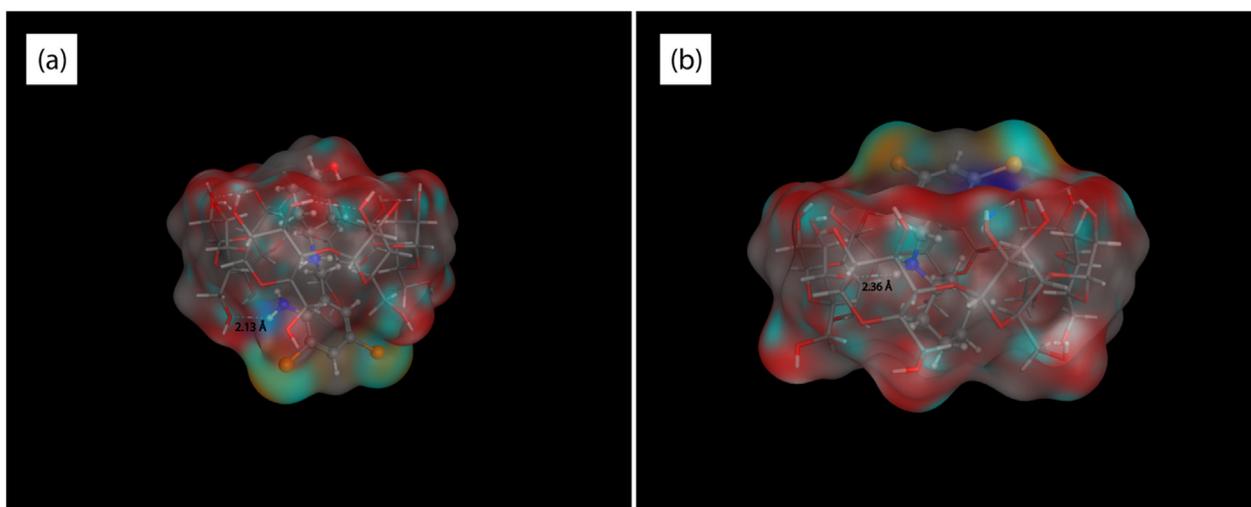


Fig. 8. electrostatic potential energy surface of (a) AMB +  $\alpha$ CD (b) AMB +  $\beta$ CD inclusion complex.

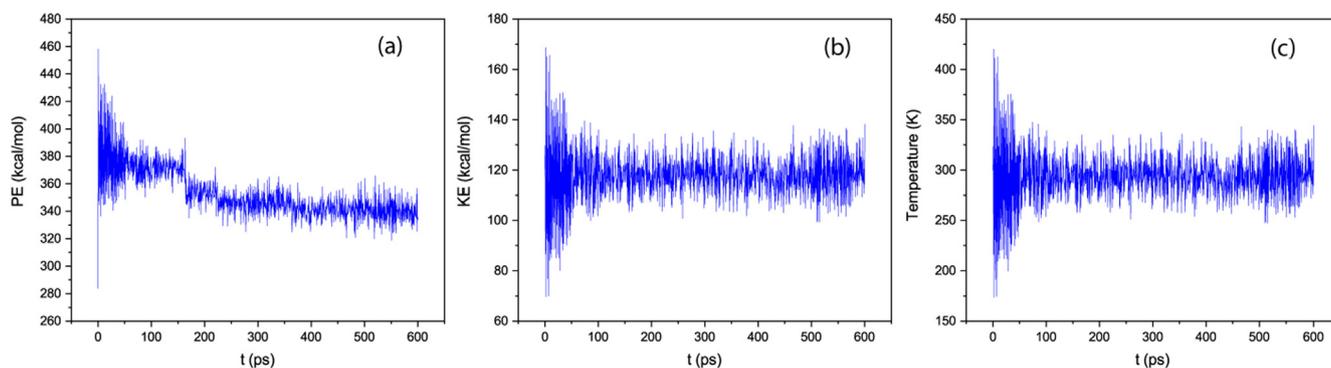


Fig. 9. Molecular dynamic simulation study of AMB +  $\alpha$ CD inclusion complex with respect to (a) time versus kinetic energy (b) time versus potential energy (c) time versus temperature.

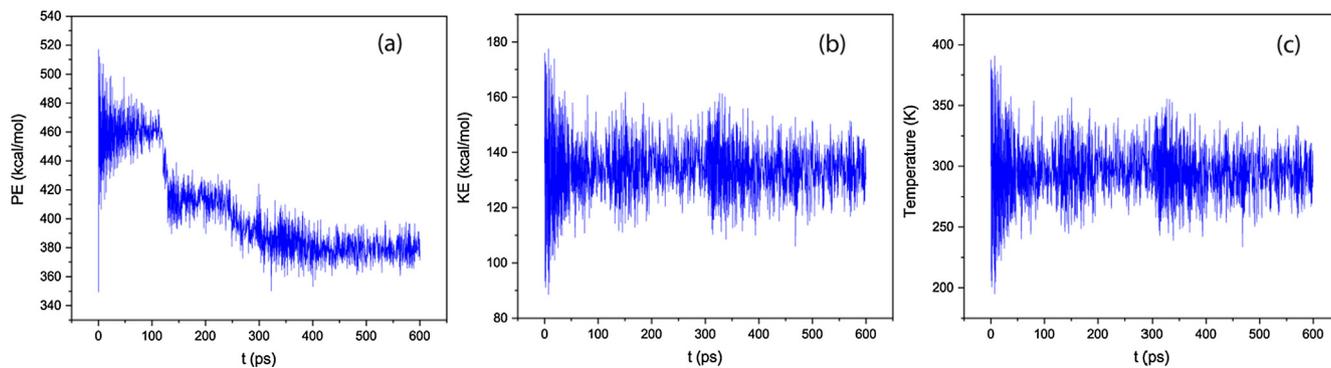


Fig. 10. Molecular dynamic simulation study of AMB +  $\beta$ CD inclusion complex with respect to (a) time versus kinetic energy (b) time versus potential energy (c) time versus temperature.

66.4°, and  $-168.5^\circ$  respectively (Scheme 1). However, for inclusion complex AMB +  $\alpha$ CD, the dihedral angles for the same labelling were found to be  $-174.9^\circ$ ,  $-70.9^\circ$  and  $172.7^\circ$ . It is clear evidence that all the planes were rotated to their opposite direction after forming complex. But in case of AMB +  $\beta$ CD complex, the dihedral angles were found to be  $81.8^\circ$ ,  $152.6^\circ$  and  $-86.8^\circ$ . It suggests that all the planes were getting shifted to get the stability of the complex. Docking poses all supports the conclusion as in encapsulated form, AMB got deformed structure. Change in bond length of guest AMB also confirms structural changes in both the inclusion complexes. In free AMB, Bond length of aromatic amine N-H bond is around 0.86 Å. Whereas, aliphatic N<sub>c</sub>-CH<sub>2</sub>, Ph-C<sub>b</sub>-H is about 1.45 Å and 0.97 Å respectively. When it forms

inclusion complex, aromatic amine N-H bond slightly shifted from 0.86 Å to 1.03 Å in case of AMB +  $\alpha$ CD due to hydrogen bonding with hydroxyl group of  $\alpha$ CD and 0.86 Å to 1.01 Å in case of AMB +  $\beta$ CD due to van der Waals force of attraction. While, aliphatic N<sub>c</sub>-CH<sub>2</sub> gets increased from 1.45 Å to 1.47 Å in AMB +  $\alpha$ CD and 1.50 Å in case of AMB +  $\beta$ CD. In addition, Ph-C<sub>b</sub>-H bond length is also increased from 0.97 Å to 1.08 Å in case of AMB +  $\alpha$ CD and 1.10 Å in case of AMB +  $\beta$ CD respectively possibly due to the hydrophobic interaction of inner cavity protons.

#### 3.9.4. Molecular dynamics (MD) simulations

Molecular dynamics and simulations (MD/MS) study was performed

on both of the inclusion complexes to check the stability of the host–guest complex with respect to time [48,49]. Optimized Inclusion complexes obtained after docking were simulated in gas phase from 0 picoseconds to 600 picoseconds (100 ps of equilibrium and 500 ps of production) with respect to temperature, potential energy and kinetic energy. Before simulation process, whole complex systems were energy minimized. Simulation study of AMB +  $\alpha$ CD inclusion complex revealed that initially potential energy of the complex was found to be 283.90 kcal/mol, with the increase in time energy get decreasing and a mild break point found after 150 ps the whole assemble get stabilized after 150 ps and it stayed stabilised up to 600 ps with 333.81 kcal/mol energy respect to temperature, potential energy and kinetic energy, as shown in Fig. 9(a–c), respectively [50,51]. In case of AMB +  $\beta$ CD complex, initial potential energy was found to be 349.53 kcal/mol. At around 120 ps, potential energy was 454.85 kcal/mol, then, a sharp break in the curve was observed and potential energy drop down to 432.29 kcal/mol and with increase in time potential energy getting decrease and stabilized upto 371.30 kcal/mol at 600 ps Fig. 10(a–c).

#### 4. Conclusions

In this paper, we report structural and conformational changes after inclusion of AMB with two different host molecules. The thermodynamic data for two inclusion complexes (AMB +  $\alpha$ CD and AMB +  $\beta$ CD) make us understand that AMB has been encapsulated with ease. Despite the structural similarity between these two hosts, their inclusion complexes show interesting differences with respect to their dihedral angle changes and potential energy changes. Inclusion mechanism has been outlined from various spectroscopic methods, e.g. Job's plot,  $^1\text{H}$  NMR, 2D-NMR, ESI-MS. Then, it is finally confirmed by molecular docking method and theoretically predicts their binding modes. Potential energy calculation indicates that after inclusion complexation of AMB in  $\beta$ -cyclodextrin give more stabilization than that of in  $\alpha$ -cyclodextrin. Molecular docking poses of both the complexes confirm that conformational changes occur after encapsulation. Dynamic simulation also confirms that  $\beta$ -CD-complex after a certain time gives more stabilization than  $\alpha$ -CD-complex and their dynamic behaviour with respect to time (ps).

#### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Acknowledgement

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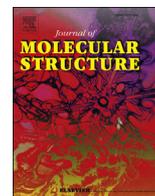
#### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.cplett.2020.137372>.

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# Study to synthesize and characterize host-guest encapsulation of antidiabetic drug (TgC) and hydroxy propyl- $\beta$ -cyclodextrin augmenting the antidiabetic applicability in biological system

Niloy Roy, Raja Ghosh, Koyeli Das, Debadrita Roy, Tulika Ghosh, Mahendra Nath Roy\*

Department of Chemistry, University of North Bengal, Darjeeling 734013, India

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## ABSTRACT

An inclusion complex of a biologically active alkaloid Trigonelline hydrochloride (TgC) and hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) was prepared and characterized by several physicochemical and spectroscopic methods. The Trigonelline/HP- $\beta$ -CD inclusion complex was confirmed by UV–vis Job's plot, fluorescence, conductance and SEM. Here, the inclusion mode is described with regard to structural aspect using  $^1\text{H}$  NMR, FTIR spectroscopy. Trigonelline hydrochloride (TgC) being an anti diabetic natural product, its inclusion complex was precisely checked for its sustained release by fluorescence spectroscopy.

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## 1. Introduction

Fenugreek (*Trigonella foenum graecum*) is one of the most widely used medicinal plants in medicine. Trigonelline hydrochloride (TgC), one of the major alkaloid of fenugreek, has been reported to be responsible for showing immense potential pharmacological activities. It has the ability to reduce blood glucose concentration in rats [1,2] and in human [3,4] which indicate that it has a potential antidiabetic activity. It helps to reduce the total cholesterol (TC) and triglyceride (TG) levels. TgC has antioxidant activities in cell-free systems as well as human colon cell lines [5]. The anti diabetic activity of the fenugreek seeds have been reported [6]. Its protects  $\beta$ -cells of the pancreas and increases insulin sensitivity index as well as insulin content [7]. (see Schemes 1 and 2)

Cyclodextrins (CDs) are cyclic oligo saccharides of  $\alpha$ -D-glucose that are formed through glycosidic  $\alpha$ -1, 4 bonds [8]. Cyclodextrins (CDs) have been used extensively as additives that can increase the solubility of poorly water-soluble organic compounds, by forming an inclusion complex between the host cyclodextrin and the guest molecules [9]. The resulting inclusion or host–guest complexes

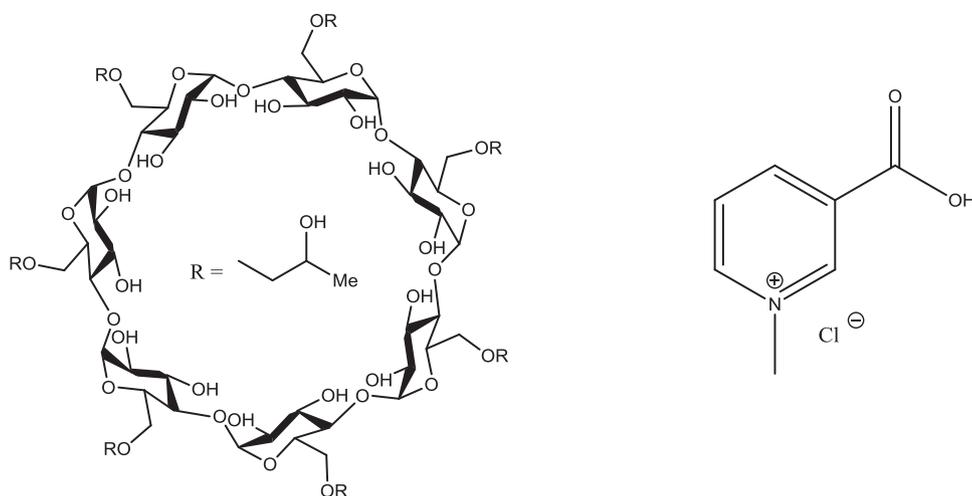
having unusual physical, chemical and biological properties can greatly increase the interest in scientific and technological aspect, e. g. inner cavity of Cyclodextrins are hydrophobic whereas outer cavity is hydrophilic in nature [10]. Such noncovalent interactions can actually improve the guest's water solubility, bioavailability as well as stability [11]; they can also be used for controlled release of the guest molecules [12]. Hydroxypropyl-beta-cyclodextrin (HP- $\beta$ -CD), a hydroxy alkyl derivative, is an alternative to parent CDs, having higher water solubility and may have slightly more toxicologically benign [13]. 2-Hydroxy propyl- $\beta$ -cyclodextrin is commercialised under the trade name of Molecusol™ and Encapsin™ [14]. It does not have any nephrotoxicity in human body just like beta-cyclodextrin. As the first approved CD derivative by FDA, HP- $\beta$ -CD has wide applications in food, pharmaceuticals and agriculture etc [15].

In order to show some therapeutic affect on biological system, a drug has to be released from their carrier. Here, cyclodextrin has been used as the drug carrier. From the literature, it is reported that hydroxy propyl- $\beta$ -cyclodextrin can be used modified or controlled release carrier.

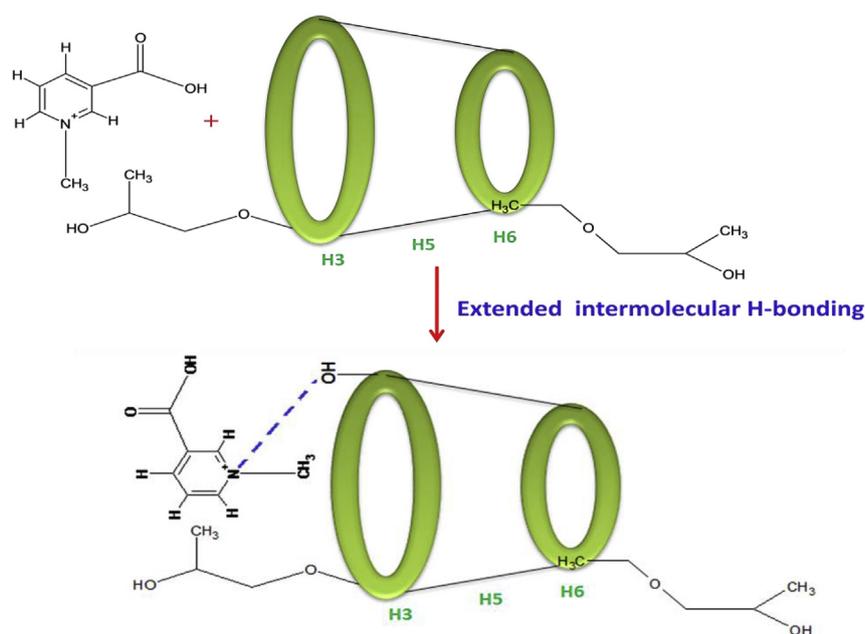
In the present study, HP- $\beta$ -CD has been used as the host molecule whereas TgC as guest molecule. HP- $\beta$ -CD can increase the water solubility of pure TgC (50 mg/mL) to up to four times after

\* Corresponding author.

E-mail address: [mahendraroy2002@yahoo.co.in](mailto:mahendraroy2002@yahoo.co.in) (M.N. Roy).



**Scheme 1.** The molecular structures of Hydroxypropyl beta cyclodextrin and Trigonelline hydrochloride.



**Scheme 2.** Schematic Representation for encapsulation.

formation of the inclusion complex (196 mg/mL) and hence increase the bio availability of the drug. It will also be studied that whether the inclusion complex show sustained release or not. In this aspect, fluorescence spectroscopy will be involved as the measurement.

## 2. Materials and methods

### 2.1. Materials

Trigonelline hydrochloride (Molecular weight = 173.60 g/mol, Purity > 98%) used in this work was purchased from Sigma Aldrich. 2-Hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD, average molecular weight = 1541.54 g/mol) was obtained from TCI chemicals India PVT. LTD and used without further purification. Other reagents and chemicals were of analytical reagent grade. All experiments were done using double distilled water.

### 2.2. Methods

#### 2.2.1. Preparation of TgC/HP- $\beta$ -CD inclusion complex

An inclusion complex of TgC/HP- $\beta$ -CD was prepared in 1:1 M ratio by simple co-precipitation method [16]. First, TgC (25 mg) and HP- $\beta$ -CD (225.89 mg) were dissolved in minimum volume of pure distilled water, then the two solutions were mixed in a 50 mL beaker and kept at 50 °C with stirring of 350 rpm/min for 24 h. Finally, the sample was evaporated under reduced pressure in a rotary evaporator at 40 °C to produce a solid inclusion complex.

#### 2.2.2. Preparation of physical mixture

A physical mixture of TgC and HP- $\beta$ -CD with a 1:1 M ratio was also prepared by mixing solid TgC and HP- $\beta$ -CD thoroughly for 10 min in a ceramic mortar unless a homogeneous mixture was obtained [17].

### 2.3. Inclusion complex characterization

#### 2.3.1. UV measurement

UV spectra of the inclusion complex, TgC and HP- $\beta$ -CD were obtained by Agilent 8453 UV-vis spectrophotometer with uncertainty  $\pm 2$  nm. A conventional 1 cm path (1 cm  $\times$  1 cm  $\times$  4 cm) quartz cell has been used. UV instrument was attached with a digital thermostat. The scans were taken within range from 190 to 1200 nm.

As the compound TgC was water soluble, double distilled H<sub>2</sub>O had been used for the spectral measurements [18].

#### 2.3.2. Conductance

Conductance measurements were taken in SYSTRONICS CONDUCTIVITY-TDS METER 308 instrument [19]. Prior to the experiment, cell constant and specific conductance of the solvent (H<sub>2</sub>O) were measured. Cell constant was found to be 0.10 cm<sup>-1</sup>. Specific Conductance of 10 mM, 10 mL pure TgC was 18.2 mScm<sup>-1</sup>.

#### 2.3.3. Fourier Transform Infrared spectroscopy (FT-IR)

The FT-IR analysis was performed on a Perkin Elmer Spectrum FT-IR spectrometer, using KBr pellets [20]. The samples of TgC, HP- $\beta$ -CD, physical mixture, and their inclusion complex were previously ground and mixed thoroughly with KBr. The KBr disks were prepared by compressing the powder. The scans were done with a resolution of 4 cm<sup>-1</sup>, from 4000 to 500 cm<sup>-1</sup>. The concentration of the sample in pellets was 1 mg/100 mg KBr [20].

#### 2.3.4. <sup>1</sup>H NMR

One-dimensional <sup>1</sup>H NMR spectra were recorded at room temperature on Bruker AVANCE III 400 NMR spectrometer. TgC, HP- $\beta$ -CD and the complex TgC/HP- $\beta$ -CD were respectively dissolved in D<sub>2</sub>O (Aldrich). The signal at 4.67 ppm of HOD was used as an internal reference [21].

#### 2.3.5. Scanning electron microscope (SEM)

The surface morphologies of TgC, HP- $\beta$ -CD, TgC/HP- $\beta$ -CD physical mixture and TgC/HP- $\beta$ -CD inclusion complex were determined by JEOL JSM-IT 100 scanning electron microscope [22]. The pictures were taken at an excitation voltage of 15, 20 or 30 kV and a magnification of 425, 500, 1000 or 2000 $\times$ .

#### 2.3.6. Sustained release by fluorescence

Release kinetics was studied with the help of fluorescence spectroscopy to determine the variation in maximum emission intensity with time [23]. First, 100  $\mu$ M solution of inclusion complex (TgC/HP- $\beta$ -CD) was prepared in Double distilled water. Excitation of the fluorescence spectrometer was set at 265 nm, emission scan was adjusted in the range of 275–650 with slit width at 2 nm and spectra were recorded with time gap of 0, 10, 20, 30, 40, 60, 75, 90, 105, 150, 210 mins.

## 3. Results and discussion

### 3.1. Job-plot by UV-vis determination

The stoichiometry of inclusion complex was determined by the continuous variation Job's method [24]. First, 100  $\mu$ M solution of both TgC and HP- $\beta$ -CD were prepared and then they were mixed by varying the molar ratio (4 mL:0 mL, 3.6 mL:0.4 mL, 3.2 mL:0.8 mL and so on) but the total concentration of the species were kept constant (Table S1). After 1 h, the absorbance at  $\lambda_{\max}$  was determined for all the solutions and the difference in absorbance in the presence and in absence of HP- $\beta$ -CD was plotted against R ( $R = [\text{TgC}]/([\text{TgC}] + [\text{HP-}\beta\text{-CD}])$ ). The shift of  $\lambda_{\max}$  around 265 nm of

the UV-spectrum of TgC was observed to prepare the Job's plot. The absorption peak observed at 265 nm for TgC in water was due to the  $\Pi$ - $\Pi^*$  transition of the pyridinium moiety. The Fig. 1 shows a maximum value at  $r = 0.50$ , corresponding to 1:1 (TgC: HP- $\beta$ -CD) stoichiometry.

### 3.2. Association constant calculation by UV-vis measurement

Association constant and stoichiometric ratio of the inclusion complex TgC/HP- $\beta$ -CD can be calculated according to the Benesi-Hindebrand double reciprocal plot assuming the formation of a 1:1 host-guest complex [25].

$$\frac{1}{\Delta A} = \frac{1}{K[\text{TgC}]\Delta\epsilon} \times \frac{1}{[\text{HP}\beta\text{CD}]} + \frac{1}{[\text{TgC}]} \quad (1)$$

Where,  $\Delta A$  is the difference of absorbance between the TgC in the absence and presence of the HP- $\beta$ -CD at a particular wavelength,  $\Delta\epsilon$  is the difference in the molar absorptivities between guest (TgC) and inclusion complex. The Fig. 2 showed the variation in UV-vis spectral changes of TgC on addition of different strength of solution.

Plot of  $1/\Delta A$  versus  $1/[\text{HP-}\beta\text{-CD}]$  for three different temperatures (293 K, 298 K, 303 K) had been taken and was found to be straight lines (Fig S1 in supporting information). Linear correlation was satisfactory ( $R^2 = 0.661$  at 293 k,  $R^2 = 0.891$  at 298 k,  $R^2 = 0.999$  at 303 k), which is less than 1, it's also confirm that the formation of a 1:1 encapsulation complex.

From the ratio of intercept and slope of these plot, association constant ( $K_a$ ) was found to be  $-141005 \text{ M}^{-1}$  at 293 K,  $-69976 \text{ M}^{-1}$  at 298 K,  $-8416 \text{ M}^{-1}$  at 303 K (Table S2). Decrease in the negative  $K_a$  value with temperature was likely due to the weakening of the intermolecular forces such as van der Waals or hydrogen bonding forces and as the temperature was raising binding between guest (TgC) and host (HP- $\beta$ -CD) became more powerful.

The change in Gibbs' free energy ( $\Delta G$ ) for the inclusion process was calculated according to the given equation.

$$\Delta G = \Delta H - T\Delta S \quad (2)$$

From the Van't Hoff equation, enthalpy Change ( $\Delta H$ ) and entropy Change ( $\Delta S$ ) can be easily obtained [26].

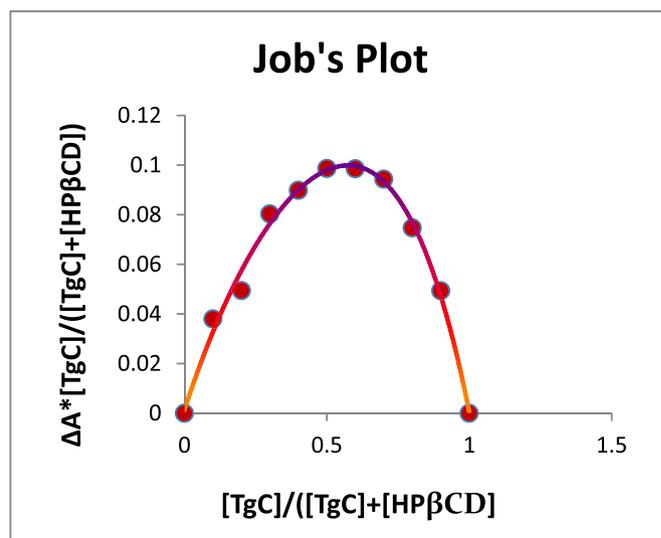
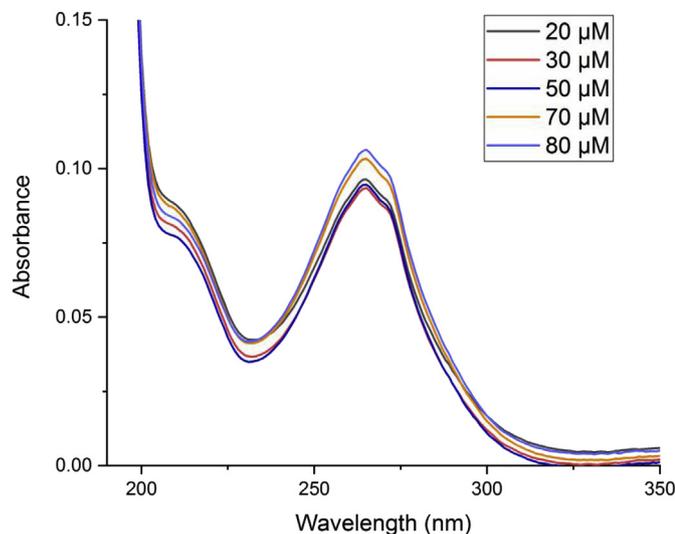


Fig. 1. Job's plot of TgC/HP- $\beta$ -CD.



**Fig. 2.** UV–vis spectral changes on addition of HP- $\beta$ -CD where, different strength of the solution having 20  $\mu$ M, 30  $\mu$ M, 50  $\mu$ M, 60  $\mu$ M, 70  $\mu$ M respectively were taken at 30  $^{\circ}$ C.

$$\ln K = -\frac{\Delta H}{RT} + \frac{\Delta S}{R} \quad (3)$$

Parameters have been shown in the Table 1. There are various binding forces involved during the inclusion phenomena such as hydrogen bonds, electrostatic interactions, hydrophobic forces and van der Waals interactions.

According to Ross and Subramanian [27], various thermodynamic rules can be used to interpret the type of binding mode which is summarized below:

- $\Delta H > 0$  and  $\Delta S > 0$  i.e., hydrophobic forces;
- $\Delta H < 0$  and  $\Delta S > 0$  i.e., electrostatic interactions;
- $\Delta H < 0$  and  $\Delta S < 0$  i.e., van der Waals interactions and hydrogen bonds.

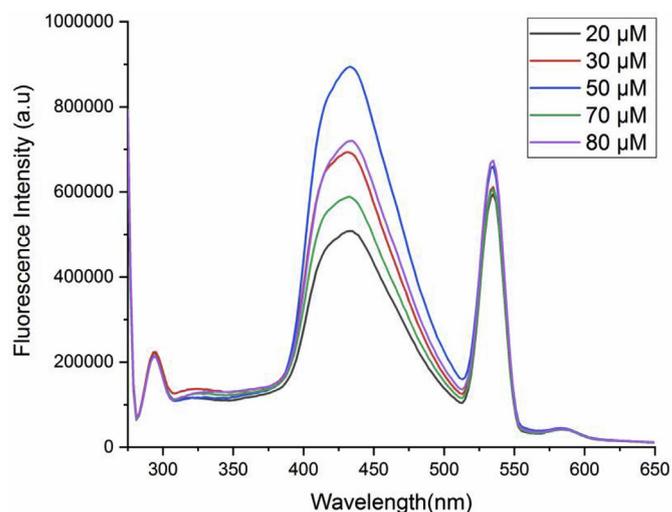
In our case, we got positive  $\Delta H$  and  $\Delta S$  suggest that inclusion process was endothermic in nature and hydrophobic forces played an important role to favour the inclusion complex, again, slight negative  $\Delta G$  value suggest that interaction between TgC and HP- $\beta$ -CD was spontaneous (Fig. S2) [28].

### 3.3. Association constant measurement by fluorescence measurement

The association constant can also be determined by monitoring the Changes in fluorescence emission due to the interaction between any guest and host molecules [29,30]. In case of fluorescence measurement to calculate the association constant, modified Stern–Volmer equation has been used.

**Table 1**  
Data of the Van't Hoff equation for the calculation of thermodynamic parameters.

Temp(K)	Ka/M <sup>-1</sup>	$\Delta H^{\circ}$ (KJ mol <sup>-1</sup> )	$\Delta S^{\circ}$ (J mol <sup>-1</sup> K <sup>-1</sup> )	$\Delta G$ KJ mol <sup>-1</sup>
293	-141005.4			-0.197
298	-69976.75	1.933	0.00727	-0.234
303	-8416.58			-0.270



**Fig. 3.** Variation in Fluorescence emission spectra of TgC and HP- $\beta$ -CD in different molar concentration.

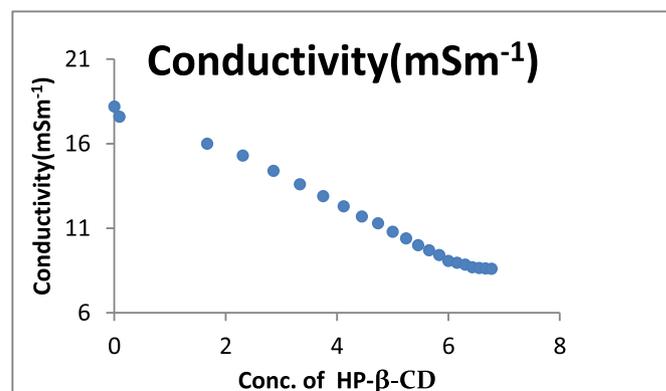
**Table 2**  
Thermodynamic parameters for TgC and HP- $\beta$ -CD at 308 K.

Temp/K	Modified Stern–Volmer method	
	Ka(M <sup>-1</sup> )	Correlation Coefficient (R <sup>2</sup> )
308	-5000	0.923

$$\frac{F_0}{\Delta F} = \frac{1}{f \cdot K_a} \times \frac{1}{[Q]} + \frac{1}{f} \quad (4)$$

Where,  $\Delta F$  is the difference in fluorescence in the absence and presence of the cyclodextrin at a concentration  $[Q]$ ,  $f$  is the fraction of accessible fluorescence, and  $K_a$  is the effective quenching constant for the accessible fluorophores, which are analogous to the associative binding constants for the host–guest system. According to the above equation, the binding constants  $K_a$  can be obtained by plotting  $F_0/\Delta F$  vs.  $1/[Q]$  and the results are shown below. TgC showed a linear fit curve when complexed with HP- $\beta$ -CD that indicates 1:1 binding stoichiometry.

The variation in the fluorescence emission spectra were given in the Fig. 3 and the plot were given in Fig. S3 of supporting information. The spectra were scanned in the UV–VIS spectral range (275–650 nm) by exciting at 265 nm with scanned speed at



**Fig. 4.** Plot of Specific conductance vs Conc. of HP- $\beta$ -CD.

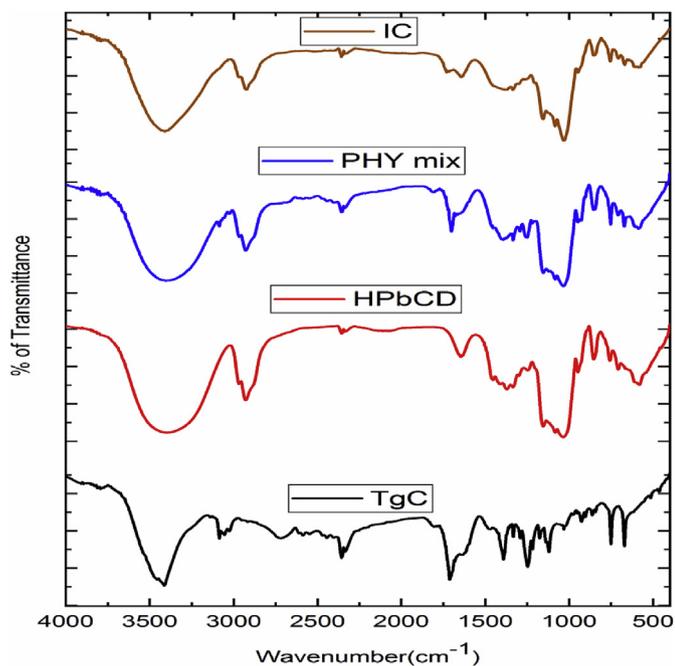


Fig. 5. FT-IR spectra of (a) TgC, (b) HP- $\beta$ -CD (c) inclusion complex TgC/HP- $\beta$ -CD (d) Physical mixture TgC/HP- $\beta$ -CD.

1 nm/s (3 slits were at 2, 2 and 3 mm respectively from the end of lamp). The fluorescence emission maxima were found at four different bands located in the spectral ranges 275–300, 375–500, 515–550 and 550–600 nm. The fluorescence emission peak found at 433 nm was due to the corresponding emission of the  $\pi \rightarrow \pi^*$

transition of the pyridinium moiety [31]. The other peaks were probably due to the solvent and host molecules present in the solution. The association constant have been calculated with different concentration of solution at 433 nm.

According to the Benesi-Hildebrand (B-H) method, it was found to be 1:1 stoichiometric ratio. Further, to verify the association constant values, a modified Stern–Volmer equation can be used to determine the value of  $K_a$  and it was found to be around  $-5000 \text{ M}^{-1}$  which was quite comparable with the data obtained in UV–vis spectroscopy at 303 K (Table 2 and S3).

### 3.4. Conductance measurements

Conductometric method is one of the older but precious methods used to validate not only the inclusion process between guests and the host but also stoichiometry of the inclusion complex [32]. The conductivity curve has been shown in the Fig. 4 and the conductance values have been provided in Table S5 of supporting information. Prior to the experiment, 10 mM of the guest (TgC) as well as host (HP- $\beta$ -CD) were prepared using  $\text{H}_2\text{O}$  as solvent. Then, 10 mL pure TgC aliquot was taken and its conductivity was measured, it was found to be  $18.2 \text{ mSm}^{-1}$ . When, 1 mL of the HP- $\beta$ -CD was added to the 10 mL of the guest solution, conductivity was found to be decreased gradually. The decreasing conductivity with adding HP- $\beta$ -CD concentration, demonstrating the inclusion-complex formation between HP- $\beta$ -CD and the TgC. After a certain concentration, the linearly decreasing tendency was going slow down with the addition of HP- $\beta$ -CD. A distinct breakpoint was found out in the conductivity curve at a concentration of about 6 mM suggesting that the Complexation was equimolar as concentration ratio between HP- $\beta$ -CD and TgC was 1.5. This indicates that either TgC was almost totally bounded in the cavity of the HP- $\beta$ -CD or TgC was completely encapsulated by HP- $\beta$ -CD by means of

Table 3

Variation of the stretching frequencies ( $\text{cm}^{-1}$ ) of TgC and HP- $\beta$ -CD protons in free and complex states determined in KBr pellet.

TgC	HP- $\beta$ -CD	TgC/HP- $\beta$ -CD inclusion	TgC/HP- $\beta$ -CD PHY MIX
(I)3414 $\text{cm}^{-1}$ ; O–H from –COOH	(I)3410 $\text{cm}^{-1}$ : $\nu(\text{O–H})$	(I)3410 $\text{cm}^{-1}$ ; O–H from –COOH	(I)3400 $\text{cm}^{-1}$ ; O–H from –COOH
(II)3084–3040 $\text{cm}^{-1}$ ; $\text{C}_{\text{sp}}^2\text{–H}$ from aromatic Ring.	(II)1635 $\text{cm}^{-1}$ : The OH groups in the glucose moieties of HP- $\beta$ -CD	(II)2915 $\text{cm}^{-1}$ ; $\nu(\text{C}_{\text{sp}}^3\text{–H})$	(II)2927 $\text{cm}^{-1}$ ; $\nu(\text{C}_{\text{sp}}^3\text{–H})$
(III)2357 $\text{cm}^{-1}$ ; C=N from aromatic ring.	(IV)1373 $\text{cm}^{-1}$ ; C–H from $\text{CH}_3$	(III)2354 $\text{cm}^{-1}$ ; C=N from aromatic ring.	(IV)2356 $\text{cm}^{-1}$ ; C=N from aromatic ring.
(IV)1711 $\text{cm}^{-1}$ ; –C=O from –COOH.	(V)1152 $\text{cm}^{-1}$ ; Stretching frequency of C–O, C–C, C–O–C.	(IV)1723 $\text{cm}^{-1}$ ; –C=O from –COOH.	(IV) 1701 $\text{cm}^{-1}$ ; –C=O from –COOH.
(V)1469 and 1391 $\text{cm}^{-1}$ ; C=C double bond from pyridine moiety.	(VI)1033 $\text{cm}^{-1}$ ; Bending frequency of O–C–H, C–C–H, C–C–O.	(V)1033 $\text{cm}^{-1}$ ; Bending frequency of O–C–H, C–C–H, C–C–O.	(V)1033 $\text{cm}^{-1}$ ; Bending frequency of O–C–H, C–C–H, C–C–O.

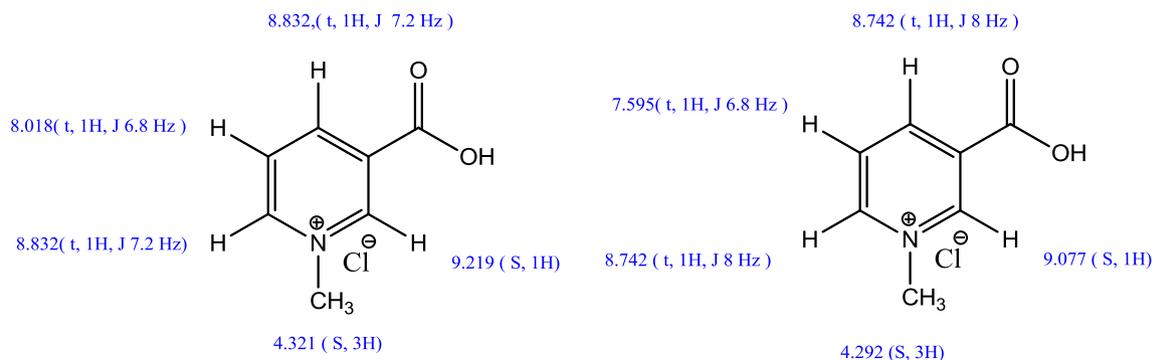


Fig. 6. Chemical Shift in NMR data of Free Trigonelline Hydrochloride (left) and after formation of encapsulation (right).

non-covalent interactions.

### 3.5. IR analysis

Fourier Transform Infrared spectroscopy (FT-IR) is an important method used to validate the formation of an inclusion complex [33]. The FT-IR spectra of TgC, HP- $\beta$ -CD, TgC/HP- $\beta$ -CD physical mixture, TgC/HP- $\beta$ -CD inclusion complex are shown in Fig. 5. The variations in stretching frequency after inclusion complex

formation were shown in Table 3. The FT-IR spectrum of TgC consisted of the absorption bands of O–H group of –COOH ( $3410\text{ cm}^{-1}$ ). In the region of  $3084\text{--}3040\text{ cm}^{-1}$ , the stretching frequency of C–H from –CH<sub>3</sub> and C<sub>sp</sub><sup>2</sup>–H from aromatic ring appeared. C=O group of the –COOH appears at  $1711\text{ cm}^{-1}$ .

A strong absorption at  $2357\text{ cm}^{-1}$  is may be due to the presence of C=N bond in pyridinium moiety. The absorption peak in  $1469\text{ cm}^{-1}$  is corresponding to the C=C stretching vibration in the aromatic ring.

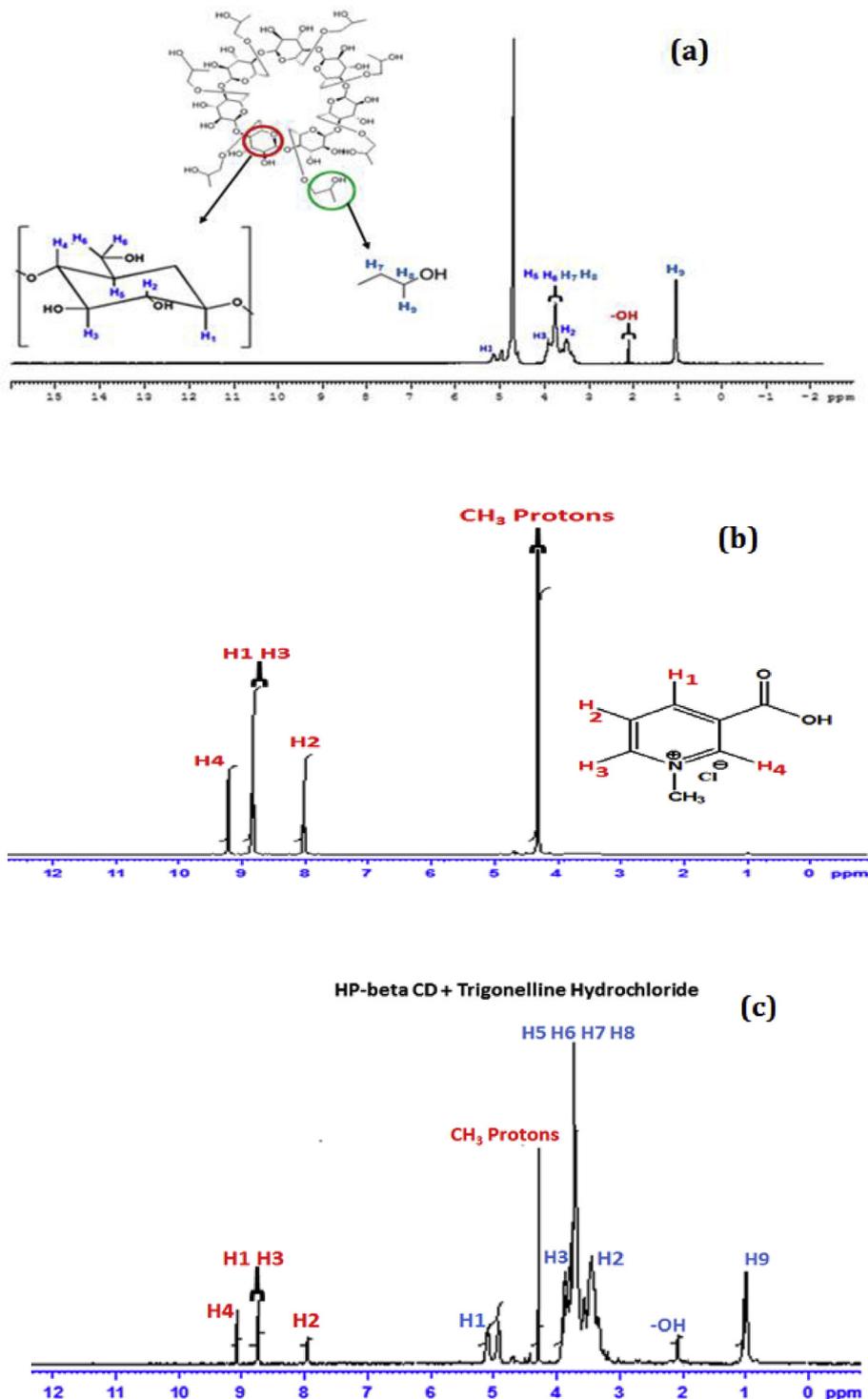
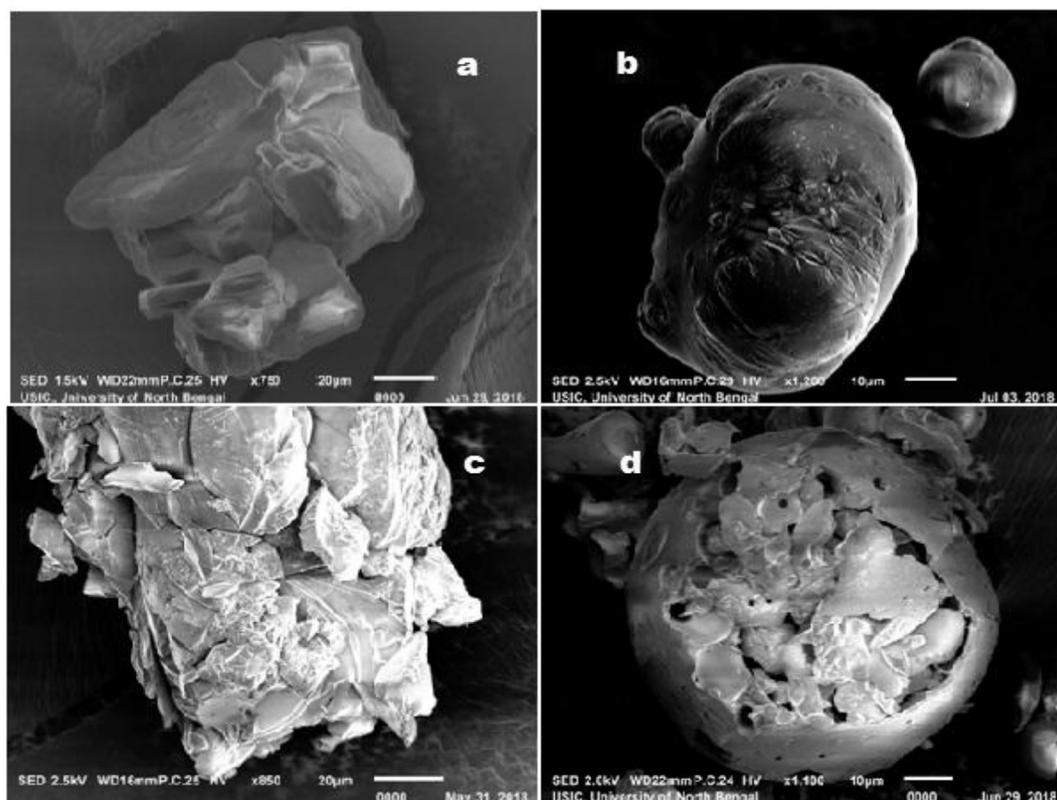


Fig. 7. NMR plot of (a) HP- $\beta$ -CD (b) TgC (c) Inclusion complex TgC/HP- $\beta$ -CD.

**Table 4**Variation of the  $^1\text{H}$  NMR chemical shifts ( $\delta$ /ppm) of TgC and HP- $\beta$ -CD protons in free and complex states determined in  $\text{D}_2\text{O}$ .

Trigonelline Hydrochloride	HP- $\beta$ -CD	Inclusion Complex	Shift in HP- $\beta$ -CD proton
(+)-N-CH <sub>3</sub> : $\delta$ 4.321 ( <b>S</b> , <b>3H</b> )	H-1: 5.14	H-1: 5.09	-0.05
C <sub>2</sub> -H: $\delta$ 9.219 ( <b>S</b> , <b>1H</b> )	H-2: 3.50	H-2: 3.56	0.02
C <sub>4</sub> -H: $\delta$ 8.857–8.814 ( <b>t</b> , <b>1H</b> , <b>J</b> 7.2 Hz)	H-3: 3.90	H-3: 3.86	-0.04
	H-4: 3.39	H-4: 3.43	-0.04
C <sub>5</sub> -H: $\delta$ 8.035–8.001 ( <b>t</b> , <b>1H</b> , <b>J</b> 6.8 Hz)	H-5: 3.75	H-5: 3.76	0.01
C <sub>6</sub> -H: $\delta$ 8.857–8.814 ( <b>t</b> , <b>1H</b> , <b>J</b> 7.2 Hz)	H-6: 3.77	H-6: 3.76	-0.01
	Me: 1.03	Me: 1.00	-0.03

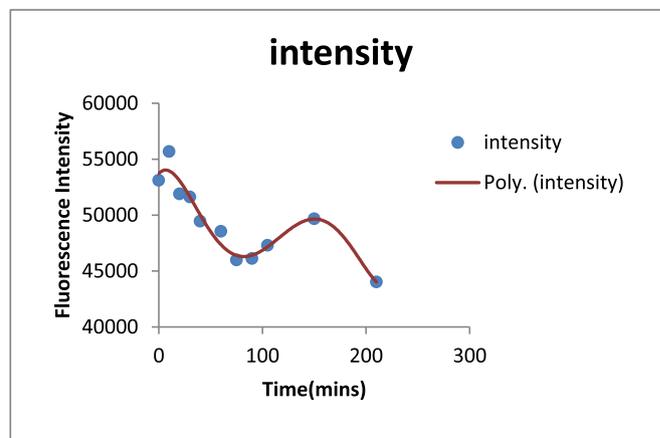
Bold Values indicated the multiplicity, no of protons and coupling constant for the respective protons.



**Fig. 8.** Scanning electron photograph for (a) TgC (b) HP- $\beta$ -CD (c) TgC/HP- $\beta$ -CD inclusion complex (d) physical mixture.

The FT-IR spectrum of HP- $\beta$ -CD showed significant absorption bands at  $3410\text{ cm}^{-1}$  (for O–H stretching vibrations),  $2928\text{ cm}^{-1}$  (for  $\text{C}_{\text{sp}}^3\text{–H}$  stretching vibrations) and  $1373\text{ cm}^{-1}$  (C–H stretching vibration from  $\text{CH}_3$ ).

However, in case of both the physical mixture and inclusion complex, the absorption band between  $3084$  and  $3040\text{ cm}^{-1}$  disappears which indicates that C–H from  $-\text{CH}_3$  and  $\text{C}_{\text{sp}}^2\text{–H}$  from aromatic ring may be inserted into the cavity of the cyclodextrin moiety. O–H stretching frequency from  $-\text{COOH}$  in TgC is  $3414\text{ cm}^{-1}$  which is shifted towards lower region at  $3410\text{ cm}^{-1}$  and  $3400\text{ cm}^{-1}$  for TgC/HP- $\beta$ -CD inclusion complex and physical mixture respectively, this is may be due to the formation of H-bonding with host moiety. A peak appeared at  $1711\text{ cm}^{-1}$  for  $-\text{COOH}$  in pure TgC had shifted to  $1723\text{ cm}^{-1}$  in case of inclusion complex may be due to intermolecular hydrogen bond between OH of  $-\text{COOH}$  and terminal secondary hydroxyl group of the HP- $\beta$ -CD. However, the peak appeared at  $1701\text{ cm}^{-1}$  in case of physical mixture which indicates that guest molecule was present outside the cavity of cyclodextrin molecules. The band at  $1469$  and  $1391\text{ cm}^{-1}$  which is generally due to C=C double bond from pyridine moiety diminished after



**Fig. 9.** Schematic Drug release of TgC from Hydroxy propyl- $\beta$ -Cyclodextrin.

formation of the encapsulated complex. According to these changes, we might suggest that the pyridinium ring of TgC was committed.

### 3.6. $^1\text{H}$ NMR analysis

NMR (Nuclear Magnetic Resonance) is one of the most powerful instruments in the study of CD complexes which provides quantitative information on spatial arrangement in case of 2D-NMR as well as detailed information on the possible inclusion mode in case of.

$^1\text{H}$  NMR of CD with guest molecules [34].

Fig. 6 shows the change in chemical shift of the TgC after the formation of inclusion complex. Fig. 7 shows the chemical shifts of TgC, HP- $\beta$ -CD, TgC/HP- $\beta$ -CD inclusion complex and their variation in the chemical shift ( $\Delta\delta$ ) of the complex. After the formation of inclusion complex with TgC, the H-3 proton of HP- $\beta$ -CD shifted 0.04 ppm and the H-5 proton of HP- $\beta$ -CD shifted 0.01 ppm (Table 4). In case of the  $^1\text{H}$  NMR, if the guest moiety TgC enters into the cavity of the HP- $\beta$ -CD molecules, electron density over the H-3, H-5 proton will be increased as both H-3 and H-5 protons are located in the inner part of the HP- $\beta$ -CD cavity and consequently it will shield the protons and induce upfield shift. Again, chemical shift of the pyridinium moiety after inclusion has been shifted to lower (upfield) region that may be due to the van der Waals interaction. All these data leads to the confirmation that TgC had an interaction with the cyclodextrin cavity.

### 3.7. SEM analysis

Scanning electron microscope (SEM) is a qualitative technique used to study the change in the surface morphology of different materials like other high resolution microscopic technique [35,36]. SEM photographs of (a) TgC, (b) HP- $\beta$ -CD, (c) TgC/HP- $\beta$ -CD inclusion complex and (d) TgC/HP- $\beta$ -CD physical mixture are shown in Fig. 8. Pure TgC appeared as irregular-shaped nanostructures with small dimensions, whereas HP- $\beta$ -CD showed typical amorphous spherical particles with cavity structures. The physical mixture of TgC/HP- $\beta$ -CD revealed some similarities with the Guest (TgC) and Host (HP- $\beta$ -CD) molecules and both crystalline and amorphous nature are quite visible. However, for the inclusion complex, the original morphology of TgC had completely disappeared, and it was impossible to differentiate the two components of TgC and HP- $\beta$ -CD, which lead to the conclusion of the formation of encapsulation complex.

### 3.8. Controlled release by fluorescence measurement

In order to investigate the controlled release behaviour of the inclusion complex of the drug molecule, fluorescence experiment was done. Prior to the experiment, exact 100  $\mu\text{M}$  solution was prepared in distilled water and spectra were taken with different time. The result showed that the intensity of the solution was found to be decreasing up to 75 mins, then gradual increase in the intensity up to 150 mins. All the spectra were shown in Fig. S4 of supporting information. Fig. 9 showed a very good nature of the release profile and it suggested that HP- $\beta$ -CD can be used as sustained release drug carrier.

## 4. Conclusion

In this present study, 1:1 inclusion complex of TgC and HP- $\beta$ -CD was prepared and various analytical techniques such as UV, NMR, and IR had been employed to Characterized the complex.  $^1\text{H}$ NMR and IR showed the mode of inclusion that N-methylated part of the

pyridine ring was incorporated. Association constant value of the TgC/HP- $\beta$ -CD obtained by UV measurement was found to be  $-8416\text{ M}^{-1}$  at 303 K which indicate that interactions was very much negligible between guest and host and it was well matched with the value of  $-5000\text{ M}^{-1}$  that obtained by fluorescence spectroscopy. It was the hydrogen bonding that was responsible for forming the encapsulation complex. Fluorescence measurement showed a well defined curve in intensity vs time kinetics and it gave us an idea about sustained release of the drug molecule from the encapsulated complex.

### Conflict of interest

The authors declare no conflict of interest.

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### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.molstruc.2018.11.049>.

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Niloy Roy, Beauty Mahato, Debadrita Roy, Koyeli Das and Mahendra Nath Roy\*

# Exploring inclusion complexes of cyclodextrins with quinolinone based gastro protective drug for enhancing bioavailability and sustained dischargement

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**Abstract:** Solid rebamipide based inclusion complexes were achieved by freeze-dry method and characterized by FTIR, UV-visible,  $^1\text{H-NMR}$ , 2D-ROESY, fluorescence spectroscopy, SEM and conductance. The enzyme substituted emission spectrum of the two comparative inclusion complexes with  $\beta$ -cyclodextrin ( $\beta$ -CD) and HP- $\beta$ -CD in the diverse solvent systems determined the controlled release of the drug were the mid of interest. Amylase increased the stability of the inclusion complexation, proved that if it is taken together with the inclusion complex, the effectiveness and impact of the inclusion complexes will have a prolonged effect in the body. It could significantly improve the bioavailability of rebamipide.

**Keywords:**  $\beta$ -cyclodextrin; drug release assay; hydroxypropyl- $\beta$ -cyclodextrin; molecular recognition; supramolecular chemistry.

## 1 Introduction

In recent ages, supramolecular chemistry has become a major influence in the field of macrocyclic chemistry. Although low solubility is a common issue for various drug molecules but encapsulation process makes the host-guest complexes more soluble in water. This study basically focuses on the host-guest inclusion phenomena of low water soluble rebamipide (RB) in comparison with two types of cyclodextrin for the prevention of different types of diseases like gastric cancer [1], mucosal protection against gastro duodenal

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\*Corresponding author: Mahendra Nath Roy, Department of Chemistry, University of North Bengal, Darjeeling, 734013, India, E-mail: mahendraroy2002@yahoo.co.in

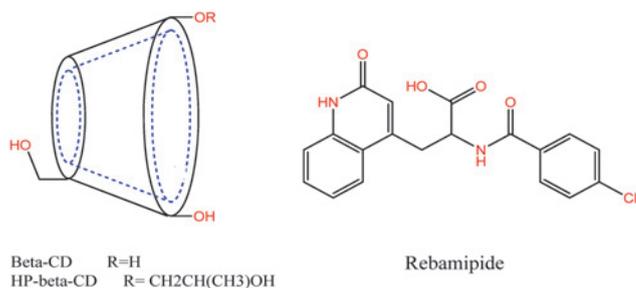
Niloy Roy, Beauty Mahato, Debadrita Roy and Koyeli Das: Department of Chemistry, University of North Bengal, Darjeeling, 734013, India

ulcers [2], treatment of gastritis [3], inflammatory disorder [4], analgesic activity, antinociceptive activity, dry eye disease, allergic conjunctival diseases, attenuated cartilage degeneration [5]. In our present exertion, we have taken rebamipide (RB) as the guest molecule,  $\beta$ -cyclodextrin ( $\beta$ -CD) and hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) as the two analogous host molecules as the articles about the study on selecting inclusion materials of mucosal drug are few (Scheme 1).

Rebamipide is chosen as the guest molecule having various impact which is still to be explored in the fields of supramolecular chemistry for its sustain release of drug delivery in the body. Rebamipide ( $C_{19}H_{15}ClN_2O_4$ ) belongs to the class of quinolinone family. ( $\pm$ )-2-(4-chlorobenzoylamino)-3-(2-oxo-1H-quinolinon-4-yl) propionic acid (MW: 370.786 g/mol) is the IUPAC name of the compound [6]. Historical facts tell that RB was known by the trade name of Mucosta, a gastro protective drug, developed in Japan, Rebagen in South Korea (Republic of Korea), China and India, Rebagit in Russia.

Cyclodextrins (CDs) are the category of cyclic oligosaccharides which have in recent times been recognized as useful matrices. Owing to its hydrophobic cavity, CD can interact with suitably sized molecules to result in the formation of inclusion complexes. This polysaccharide is a sort of novel functional macromolecule which possesses the cumulative effects of inclusion, size specificity, controlled release capability and transport properties of CD over and above the biocompatibility, non-toxicity and biodegradability of it. Recently, encapsulation of various cyclic oligosaccharides such as cyclodextrins having good cavity size with organic molecule have been carried out to validate its inclusion phenomena and its various thermodynamic stabilities [7].

Apart from cyclodextrins, other several host molecules can also be used e. g., 18-crown-6, Calixarenes, cucurbit[n]urils such as, 18-crown-6, cucurbit[6]uril have been used as a host and drug molecules are encapsulated within their cavity to



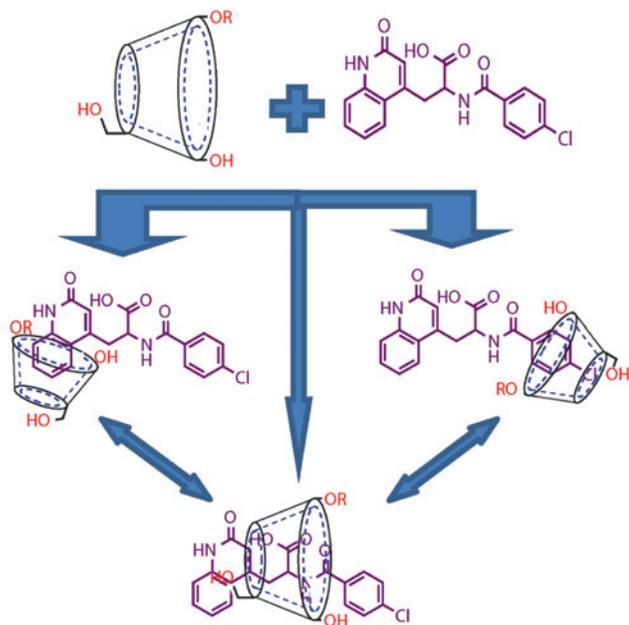
**Scheme1:** Structures of Rebamipide,  $\beta$ -CD and HP- $\beta$ -CD.

assort various interactions and emphasize the inclusion process [8, 9]. However, in this work, among the various types of cyclodextrin,  $\beta$ -CD and HP- $\beta$ -CD are taken as the host molecules for both the size and solubility factor matching with the model drug molecule. In support to various physicochemical, spectroscopic techniques for the two complexes in solution phase in both pure (DMSO) and mixed solvent (1:1- $C_2H_5OH:H_2O$ ) have been investigated for their potential use in controlled drug delivery applications (Scheme 2).

## 2 Experimental section

### 2.1 Materials

Rebamipide was bought from TCI Chemicals (India) Pvt. Ltd. Both the Cyclodextrins (i.e.,  $\beta$ -CD and HP- $\beta$ -CD) was bought from Sigma Aldrich Germany and used as purchased. The mass fraction purities of RB,  $\beta$ -CD and HP- $\beta$ -CD were  $\geq 0.99$ , 0.98, and 0.98, respectively.



**Scheme 2:** Schematic representation of Cyclodextrin molecules forming inclusion complex with Rebamipide guest.

## 2.2 Instruments

All the Stock solutions of rebamipide,  $\beta$ -CD and HP- $\beta$ -CD were prepared by weighing (Mettler Toledo AG-285 with uncertainty 0.0001 g) and dilution and kept in a slightly heating water bath.

Conductivities of both the solutions were studied by Mettler Toledo Seven Multi conductivity meter having uncertainty  $1.0 \mu\text{Sm}^{-1}$ . It was carried out in a thermostated water bath at 298.15 K with uncertainty  $\pm 0.01$  K. Double distilled water was used with specific conductance  $6.0 \mu\text{Sm}^{-1}$ . Moreover, the conductivity cell was calibrated using 0.01 M aqueous KCl solution.

UV-visible spectra were recorded by Agilent 8453 Spectrophotometer. The temperatures were controlled with a digital thermostat. All the absorption spectra were recorded at  $298 \pm 0.1$  K,  $303 \pm 0.1$  K,  $308 \pm 0.1$  K.

Fourier transform infrared (FT-IR) spectra were recorded on a Perkin Elmer FT-IR spectrometer by means of the KBr disk technique. Samples were prepared as KBr disks with 1 mg of solid inclusion complex and 100 mg of KBr. Fourier Transform Infrared Spectroscopy measurements were performed in the scanning range of ( $4000\text{--}400 \text{ cm}^{-1}$ ) with resolution of  $4 \text{ cm}^{-1}$  at room temperature.

Differential Scanning Calorimetry (DSC) spectra were recorded by Perkin Elmer Pyris six DSC calibrated by pyris manager software. The samples were heated in the temperature range  $30\text{--}300$  °C in an inert nitrogen atmosphere at a heating rate of  $10$  °C/min. The samples were taken in an aluminum container at about 1.2 mg in all cases.

Steady state fluorescence Spectra were recorded on spectrofluorimeter from photon Technology International (PTI, U.S.). The measurements were done at an excitation of 230 nm by using quartz cuvette having 1 cm path length.

$^1\text{H-NMR}$  and 2D-Rotating-frame Overhauser Effect Spectroscopy (ROESY) spectra were recorded at 400 MHz Bruker AVANCE at 298.15 K in DMSO- $d_6$  using a 5 mm probe. Signals are quoted as  $\delta$  values in ppm by means of residual protonated solvent signals as an internal standard ( $\delta$  2.50 ppm). Acquisition parameters consisting of spectral width of 2000 MHz, number of scan 8, acquisition time 3.27 s. Data were reported as chemical shift.

Scanning electron microscopy (SEM) morphological images were obtained using JEOL JSM IT 100 scanning electron microscope (SEM). The images were captured at an excitation voltage of 2.5, 3.0, 5, 2.5, and 4.0 kV whereas magnification of 6000, 1400, 1400, 5500, 2700 $\times$  for RB,  $\beta$ -CD, HP- $\beta$ -CD, IC-1 and IC-2 respectively.

## 2.3 Sample preparation of solid inclusion complex of rebamipide with cyclodextrins

To prepare a complex between Cyclodextrins (i.e.,  $\beta$ -CD and HP- $\beta$ -CD) and drug, freeze drying method is the most popular method to form the inclusion complex in a solution of cyclodextrin. In this method, the guest is dissolved into a solvent solution of cyclodextrin to form the inclusion complex in a crystalline form. However, since the chosen pharmaceutical drugs have a very low solubility in water, we investigated the preparation of inclusion complexes between Cyclodextrins and the guest (RB) in organic solvent, DMSO. As reported, 1 mM solution of 25 ml RB (9.26 mg) and 1 mM of 25 ml  $\beta$ -CD (28.37 mg) as well as HP- $\beta$ -CD (38.53 mg) were prepared. Then the solutions were mixed (added drop wise) in two different beaker and stirred for 12 h at 55 °C. Finally, the solution was freeze dried for 24 h to obtain inclusion complex.

## 3 Results and discussion

Rebamipide, the guest molecule selected in these assay is moderately soluble in organic solvent (i.e., DMSO) and partially in the binary solvent of  $C_2H_5OH$  and water. As our aim is to prepare a host-guest inclusion complex which have sustain release in the body, therefore all the measurements were done by slightly increasing the temperature. Thereby increasing the temperature it was noted that all the physicochemical and spectroscopic evidences deep-rooted the formation of the various types (1:1 or 2:1 or 2:2) inclusion complexes in stable equilibrium.

Two types of solvents were used in order to show compare their stability and specificity during the formation of inclusion Complexation in various aforementioned ratios. Slightly increased temperature was used to totally dissolve both the host and the guest molecule.

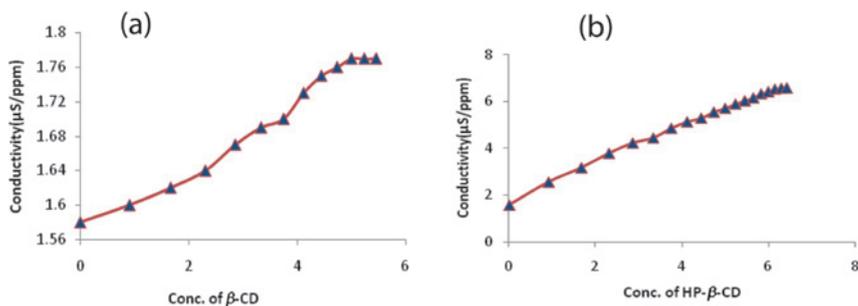
Rebamipide is an insoluble drug in water and in most common organic solvents due to intermolecular electrostatic attraction between ammonium and carboxyl group. Therefore in order to increase its applicability we have tried diverse solvents to increase its solubility two fold. There are various publications based on amino acid based surfactants [10] which has increased the worth of amino acids. Here in these work we have tried an innovative way to work on derivative amino acid (i.e., rebamipide) based cyclodextrins in pure DMSO and mixed solvent of  $C_2H_5OH$  and water. In various previous publications [11, 12] we found that after inclusion in cyclodextrin there is a chance of aggregation or vesicle formation with various imperative guest molecule. Here as we have taken aromatic

amino acids, therefore, there is much probability of it to behave as a surfactant. Therefore we have performed the surface tension and conductivity experiments. Different concentrations of rebamipide based cyclodextrin solutions were prepared and measured respectively.

### 3.1 Conductance study

Ion mobility increases as the temperature is raised, which leads to an increase in the limiting conductance. As the solubilization is precise at high temperature, therefore we had studied the inclusion Complexation by conductance method at the higher temperature. With the adding of cyclodextrin appears an extreme point on the dependence, which becomes more harshly when the temperature increases. At high concentrations of cyclodextrin (>1.60 mM), cyclodextrin-rebamipide–DMSO interaction becomes more intensive, which leads to the formation of bulky solvate shell affecting negatively on the ion mobility, thereby forming an inclusion complex.

From the previous publications, we have studied appearance of the extreme point on these curves indicates the presence of competing interactions in the system. We have examined two systems i.e., (HP- $\beta$ -CD + RB + DMSO) and ( $\beta$ -CD + RB + DMSO), where the prominent results were observed. Thereby, over viewing the fact of encapsulation with the formation of break point, Sharp break point is prominent for  $\beta$ -CD-Rebamipide solution in DMSO (Figure 1(a)) which shows the formation of 1:1 complex and in HP- $\beta$ -CD-Rebamipide-DMSO solution (Figure 1(b)), there is the uniformity in the values which shows that if we increase the cyclodextrin concentration, a linear increase in the specific conductance up to



**Figure 1:** Plot of Molar Conductance ( $\Lambda$ ) against concentration of (a)  $\beta$ -Cyclodextrin added in 10 mM for Rebamipide in DMSO solution at 308.15 K and (b) HP- $\beta$ -Cyclodextrin in 10 mM for Rebamipide in DMSO at 308.15 K.

the HP- $\beta$ -CD concentration at which “micelle like” formation began, i.e., up to the break point (i.e., CAC in case of surfactant) (Table S1 and S2 of supporting information). After the CAC was attained, conductance further increased linearly, but with a lower slope than before the CAC and the break in the conductance-concentration titration curve provides the CAC of the HP- $\beta$ -CD [13–19].

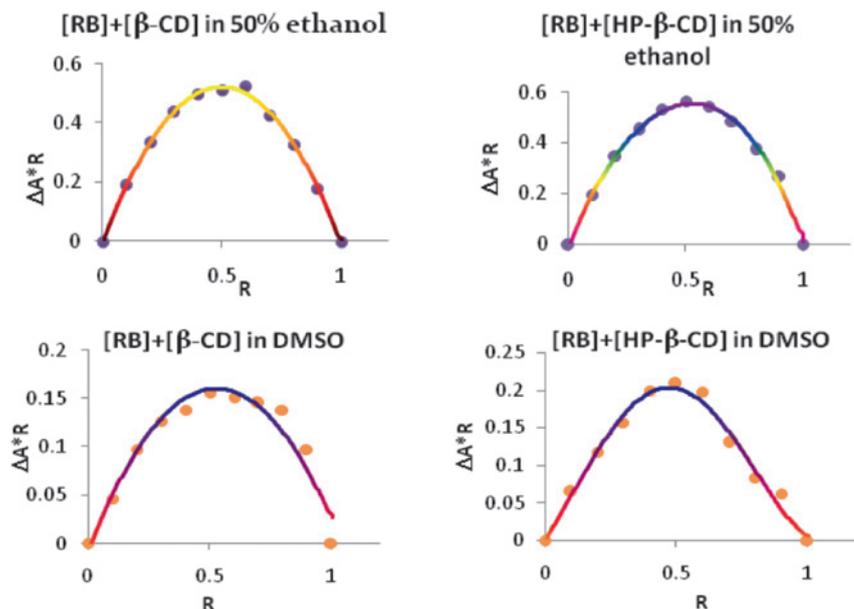
### 3.2 Job plot: elucidation of stoichiometry behavior of cyclodextrins: rebamipide inclusion complex

Job's method, commonly known as the continuous variation method, is a very proficient and successful method to determine stoichiometry of any host-guest inclusion complexes. So, due to this reason this method was applied here by using UV–visible spectroscopy [20]. Here, two sets of solutions were prepared of RB with  $\beta$ -CD and HP- $\beta$ -CD in 50% ethanolic solution, respectively, by varying the mole fractions of the guest (RB) in the range 0–1 (Tables S3–S6, supplementary data). Job's plots of the mentioned sets were plotted of using  $\Delta A \times R$  against  $R$ , where  $\Delta A$  means the difference in absorbance of RB without and with CD and  $R = \frac{[RB]}{[RB] + [CD]}$ . The whole process of taking absorbance values was done at respective  $\lambda_{\max}$  by maintaining 298.15 K temperature. The stoichiometry of an IC is obtained by taking the value of  $R$  at the maximum point on the curve, for example, if the ratio of guest to host is 1:2 for  $R \sim 0.33$ , 1:1 for  $R \sim 0.5$ , 2:1 for  $R \sim 0.66$  and so on. Here, in this work we got  $R \sim 0.5$  as maximum in each plot, indicating a 1:1 stoichiometry of the corresponding inclusion complexes (Figure 2).

### 3.3 Determination of binding constant of RB/ $\beta$ -CD in aqueous ethanol by UV–Vis spectroscopy

The binding constant between  $\beta$ -CD, HP- $\beta$ -CD and each RB has been evaluated via UV–Vis spectroscopy [21]. The Benesi–Hildebrand technique represents one of the most common strategies to determine binding constants based on absorption spectra for inclusion complex. In order to have an accurate estimation of binding constants of the inclusion complexes under investigation, changes in the absorption intensity of the RB at different wavelength, were monitored as a function of the CD's concentration and non-linear regression estimation of the  $K_a$  (Figure 3(a)) was chosen.

From the UV–Vis titration, Association constant value for RB/ $\beta$ -CD was found to be  $2.03 \times 10^4 \text{ M}^{-1}$ ,  $3.34 \times 10^4 \text{ M}^{-1}$ ,  $1.39 \times 10^4 \text{ M}^{-1}$ , at 298.15 K, 303.15 K, and 308.15 K, respectively (Table S7 & Figure S1). The increase in association constant values ( $K_a$ )

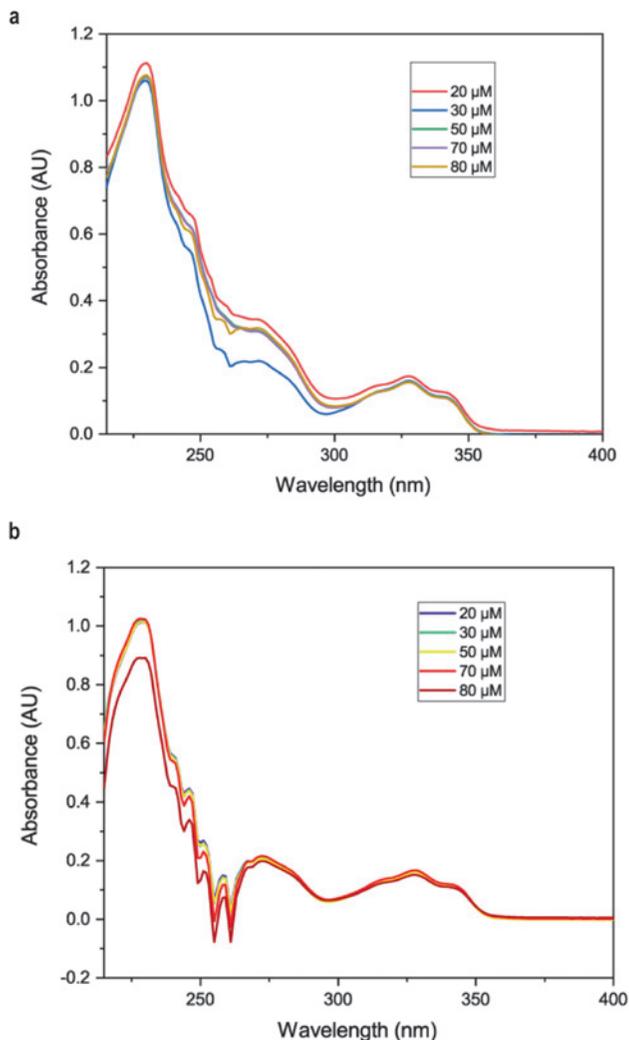


**Figure 2:** Job plot of RB/ $\beta$ -CD and RB/HP- $\beta$ -CD systems in 50% ethanol at 298.15 K (above) RB/ $\beta$ -CD and RB/HP- $\beta$ -CD systems in pure DMSO at 298.15 K (below).

with increasing temperature indicated the increasing nature of interaction for inclusion complexation but then again association constant value went to decrease sharply indicating weakest interaction between guest and host [22].

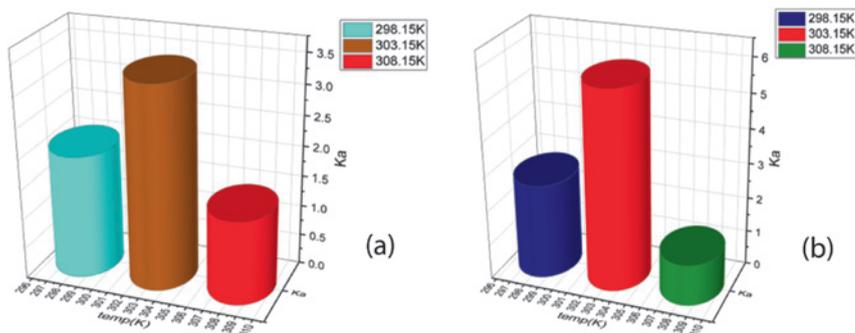
### 3.4 Determination of binding constant of RB/HP- $\beta$ -CD in aqueous ethanol solution by UV-Vis spectroscopy

The evaluation of  $K_a$  by direct spectroscopic methods relies on analytical differences between the free and complexed amino acid. The binding constant between HP- $\beta$ -CD and RB also has been evaluated via UV-Vis spectroscopy. The Benesi-Hildebrand technique represents one of the most common strategies to determine binding constants based on absorption spectra for inclusion complex. In order to have an accurate estimation of binding constants of the inclusion complexes under investigation, changes in the absorption intensity of the RB at different wavelength, were monitored as a function of the CD's concentration and non-linear regression estimation of the  $K_a$  (Figure 3(b)) was chosen.



**Figure 3:** (a) Variation of UV-Vis spectra in different micromolar concentration of  $\beta$ -CD and RB in 50% ethanolic solution at 298.15 K. (b) Variation of UV-Vis spectra in different micromolar concentration of HP- $\beta$ -CD and RB in 50% ethanolic solution at 298.15 K.

Here, the association constant was found to be  $2.73 \times 10^4 \text{ M}^{-1}$ ,  $5.72 \times 10^4 \text{ M}^{-1}$ ,  $1.18 \times 10^4 \text{ M}^{-1}$ , at 298.15 K, 303.15 K, and 308.15 K, respectively (Table S8 & Figure S2). However, similar nature of association constant value is observed in case of RB/HP- $\beta$ -CD system but interesting fact is that interaction between RB and HP- $\beta$ -CD is greater than RB and  $\beta$ -CD system (Figure 4).



**Figure 4:** 3D graphical representation of association constant value of (a) RB/ $\beta$ -CD and (b) RB/HP- $\beta$ -CD in aqueous ethanolic solution at three different temperatures.

### 3.5 Evaluation of thermodynamic parameters

The thermodynamic and structural characteristics during Complexation could be used to estimate the solubilizing and mode of action of cyclodextrin. To calculate the basic thermodynamic parameters, the enthalpy and entropy values, we have used the van't Hoff's equation as follows [23],

$$\ln K_a = -\frac{\Delta H^\circ}{RT} + \frac{\Delta S^\circ}{R}$$

Where  $H^\circ$  and  $S^\circ$  are the enthalpy and entropy during complex formation, respectively,  $T$  is the temperature, and  $R$  is the gas constant.

The Gibbs energy change was calculated by equation given below [24],

$$\Delta G^\circ = -RT \ln K_a$$

The thermodynamic parameters obtained from the van't Hoff plot using the above-mentioned equations were shown in Table 1a and b. From the given tables, the negative values in the Gibbs energy change ( $\Delta G$ ) and the enthalpy change ( $\Delta H$ ) indicated that the interaction of RB and  $\beta$ -CD, HP- $\beta$ -CD were spontaneous and exothermic. Greater negative enthalpy change ( $\Delta H$ ) for RB/HP- $\beta$ -CD was usually an indication of quite strong molecular interactions caused by both van der Waals forces and formation of hydrogen bonds between host and guest than that of RB/ $\beta$ -CD system. These interactions were may be due to incorporation hydrophobic guest into the cyclodextrin cavity host [25]. Similarly, higher negative entropy change ( $\Delta S$ ) for RB/HP- $\beta$ -CD indicates that inclusion process is more entropy favored for RB/HP- $\beta$ -CD than that of RB/ $\beta$ -CD system.

**Table 1a:** Energy values of RB/ $\beta$ -CD inclusion complexation.

Complex	T(K)	$\Delta G$ KJ mol <sup>-1</sup>	$\Delta H^\circ$ /kJ mol <sup>-1</sup>	$\Delta S^\circ$ /J mol <sup>-1</sup> K <sup>-1</sup>
RB/ $\beta$ -CD	298.15	-25.141		
	303.15	-25.087	-28.344	-10.742
	308.15	-25.033		

**Table 1b:** Energy values of RB/HP- $\beta$ -CD inclusion complexation.

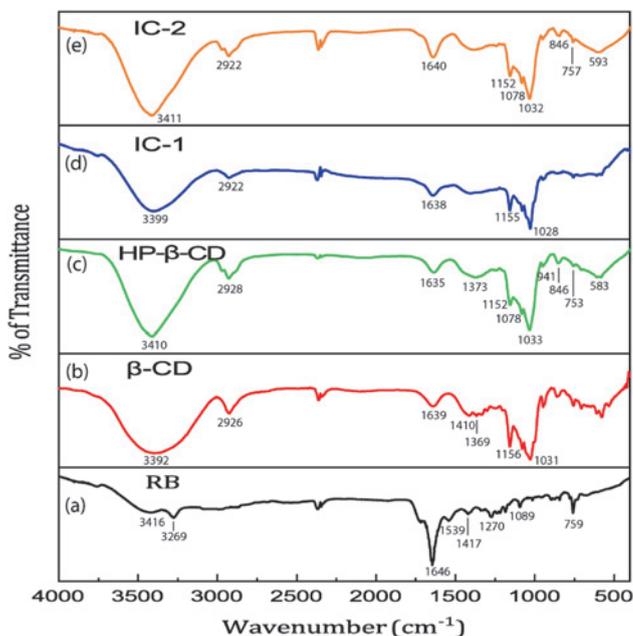
Complex	T(K)	$\Delta G$ kJ mol <sup>-1</sup>	$\Delta H^\circ$ /kJ mol <sup>-1</sup>	$\Delta S^\circ$ /J mol <sup>-1</sup> K <sup>-1</sup>
RB/HP- $\beta$ -CD	298.15	-26.277		
	303.15	-25.660	-63.09	-123.47
	308.15	-25.043		

### 3.6 Fourier transform infrared spectroscopy (FTIR) study

FT-IR is a prominent technique used to confirm the formation of an inclusion complex as there will be variation of the shape, shift and intensity of the FT-IR absorption peak before and after the formation of inclusion complex [26]. The FT-IR spectra of RB,  $\beta$ -CD, HP- $\beta$ -CD, IC-1, IC-2 are presented in Figure 5. The FT-IR spectrum of RB consisted of the sharp absorption bands appear in the 3416 cm<sup>-1</sup> for O-H stretching from -COOH, 3269 cm<sup>-1</sup> (N-H) stretching of CONH group stretch, (-C=O) stretching of CONH appear in the region 1646 cm<sup>-1</sup> and aromatic ring appear in the region 1539 cm<sup>-1</sup>. In both cases of  $\beta$ -CD and HP- $\beta$ -CD, the IR spectra can be characterized by the intense band at 3397 and 3410 cm<sup>-1</sup> for O-H stretching frequencies and C-H stretching appears at 2922 and 2928 cm<sup>-1</sup> respectively. No characteristic peak is observed from 1500 cm<sup>-1</sup> to 400 cm<sup>-1</sup> for the two Host molecules. After the formation of the inclusion complex, in both cases of  $\beta$ -CD and HP- $\beta$ -CD, the peak assigned for absorption of N-H stretching of CONH group has been disappeared. However, the spectra of the IC-1 i.e., inclusion complex of RB and  $\beta$ -CD correspond simply to the superposition of the spectra of the  $\beta$ -CD. All these phenomena indicate that only amide group and the acid group attached with tertiary carbon atom has been inserted into the cavity of cyclodextrin ring.

### 3.7 Differential scanning calorimetry (DSC) analysis

The pure drug RB and its Inclusion complexes with  $\beta$ -CD and HP- $\beta$ -CD i.e., IC-1 and IC-2 were analyzed by DSC method as it can be used as recognition tool. According

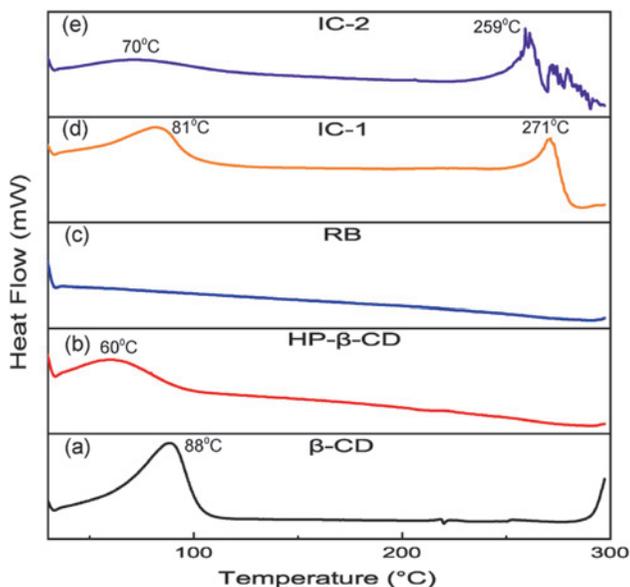


**Figure 5:** FT-IR spectra of (a) RB, (b)  $\beta$ -CD, (c) HP- $\beta$ -CD, (d) inclusion complex of RB/  $\beta$ -CD and (e) inclusion complex of RB/HP- $\beta$ -CD.

to the theory, if guest molecules are encapsulated into the cyclodextrin host cavities, their physical characteristics such as melting point, boiling point should be shifted to a different temperature or may get disappeared [27]. As shown in Figure 6, RB showed a sharp characteristic endothermic melting peak at 305 °C, according to the previous literature.  $\beta$ -CD and HP- $\beta$ -CD showed a single endothermic peak at about 88 and 60 °C which is due to the release of water from the  $\beta$ -CD and HP- $\beta$ -CD respectively. However, when the guest molecules formed inclusion complex with  $\beta$ -CD i.e., IC-1, the endothermic peaks were shifted to 271 °C (RB) and 81 °C ( $\beta$ -CD). In case of IC-2, endothermic peaks were shifted to 259 °C (RB) and 70 °C (HP- $\beta$ -CD). This Phenomena gave a strong evidence that inclusion complex has been formed.

### 3.8 $^1\text{H-NMR}$ and 2D-NMR study

The formation of IC can be explained on the light of the  $^1\text{H}$  NMR spectroscopy study. This method based on the changes of chemical shifts of protons due to encapsulation of guest molecule into the Cyclodextrin cavity [28]. In both  $\beta$ -CD and HP- $\beta$ -



**Figure 6:** DSC thermograms of (a)  $\beta$ -CD, (b) HP- $\beta$ -CD, (c) RB, (d) IC-1 and (e) IC-2.

CD structure, the H3 (near to wider opening side) and H5 (close to narrow rim side) are located inner part of the Cyclodextrin cavity and it is expected that when a hydrophobic moiety entered into the cyclodextrin cavity, there will be an upfield shift for those protons. It is clearly observed from Table 2a and b (in case of HP- $\beta$ -CD) that for H3 and H5, a large upfield shift has been occurred than that of  $\beta$ -CD. The considerable changes of chemical shifts ( $\Delta\delta$ ) suggested that the RB monomer entered into the nano hydrophobic hole of CD. Spectra are shown in Figure 7(a) and (b), For HP- $\beta$ -CD, The upfield shift of H3 ( $\Delta\delta = -0.07 \text{ ppm}$ ) is much greater than the H5 shifting ( $\Delta\delta = -0.04 \text{ ppm}$ ) whereas, in case of  $\beta$ -CD, downfield shift in both cases of H3 ( $\Delta\delta = 0.09 \text{ ppm}$ ) and the H5 ( $\Delta\delta = 0.04 \text{ ppm}$ ) was observed, where,  $\Delta\delta = \delta_{\text{complex}} - \delta_{\text{free}}$ . On the other hand, minor chemical shifts are observed for H1, H2, H4, H6, and H7 that are not part of the interior hydrophobic hole of  $\beta$ -CD and HP- $\beta$ -CD. This observation also confirmed that encapsulation of the guest moiety into hydroxypropyl derivative of cyclodextrin moiety was more prominent than that of the beta-cyclodextrin and the association constant values in solution phase for both the cases agreed with this report.

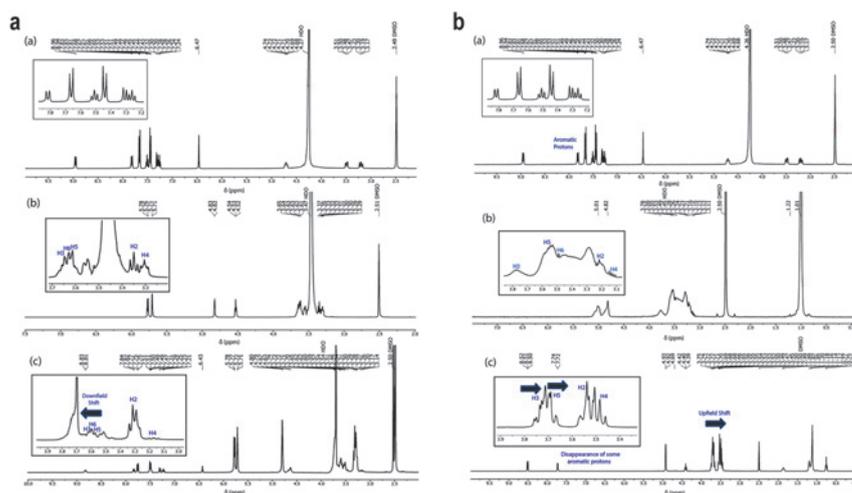
Similarly, further support for Complexation,  $^1\text{H}$  NMR of RB has also been performed in Complexed form (Table 2c). A significant upfield shift of Quinolone moiety rather than aromatic (holding -Cl) Protons has been observed in case of IC-2 as most of the aromatic peaks got disappeared which tells that Quinolone part are

**Table 2a:**  $^1\text{H-NMR}$  Chemical shift data of free  $\beta\text{-CD}$  and its variation in complex with RB.

$\beta\text{-CD}$ protons	Free $\beta\text{-CD}$ $\delta$ (ppm)	IC-1 $\delta$ (ppm)	$\Delta\delta$ (ppm)
H1	5.71–5.78	5.71–5.78	0.00
H2	3.29–3.32	3.34	–
H3	3.65	3.74	0.09
H4	3.33–3.37	3.29–3.31	–
H5	3.61	3.65	0.04
H6	3.63	3.62	–0.01

**Table 2b:**  $^1\text{H-NMR}$  Chemical shift data of free HP- $\beta\text{-CD}$  and its variation in complex with RB.

HP- $\beta\text{-CD}$ protons	Free HP- $\beta\text{-CD}$ $\delta$ (ppm)	IC-2 $\delta$ (ppm)	$\Delta\delta$ (ppm)
H1	5.01	4.93	0.08
H2	3.23	–	–
H3	3.78	3.71	–0.07
H4	3.13	–	–
H5	3.55	3.51	–0.04
H6	3.49	3.48	0.01
Me	0.99	1.12	–0.13

**Figure 7:** (a):  $^1\text{H-NMR}$  spectra of (a) RB (b)  $\beta\text{-CD}$  and (c) RB/  $\beta\text{-CD}$  (IC-1) inclusion complex. (b):  $^1\text{H-NMR}$  spectra of (a) RB (b) HP- $\beta\text{-CD}$  and (c) RB/HP- $\beta\text{-CD}$  (IC-2) inclusion complex.

situated in hydrophobic hollow space. However, In case of IC-1, Here also upfield shift of Quinolone moiety rather than aromatic ring (holding -Cl) Protons has been observed but not that extent as in IC-2. Considering all these experimental data, one can conclude that the extent of formation of IC using RB is much more prominent in case of HP- $\beta$ -CD over  $\beta$ -CD.

Two-dimensional (2D) NMR spectroscopy now-a-days has been extensively used to get some important information about the spatial proximity between host and guest molecule since two protons located closer than 4 Å in space are expected to produce cross-peaks in ROESY spectra [29]. The 2D ROESY spectrum for the inclusion complex RB/ $\beta$ -CD (Figure 8) showed the aromatic protons of RB have cross peaks to the H-3, and H-5 protons of  $\beta$ -CD, indicating the deep insertion of the benzene ring into the host cavity. Similarly, in case of RB/HP- $\beta$ -CD also (Figure 8), a cross peak has been observed between aromatic protons of RB and H-3 and H-5 proton of the HP- $\beta$ -CD as well as two distinct cross peaks with methine proton at  $\delta$  4.92–4.93 (ppm) and methylene proton appeared at  $\delta$  4.39–4.43 (ppm) which indicate the insertion of aromatic ring and interaction of those protons with H-3 and H-5 proton of the host molecules.

**Table 2c:**  $^1\text{H-NMR}$  Chemical shift data of free RB and its variation in complex.

Pure Rebamipide	RB In IC-1	RB in IC-2
8.94–8.96 (d, 1H, J = 8 Hz, aliphatic -NH-CO)	8.81–8.83 (d, 2H, J = 8 Hz, aliphatic -NH-CO)	8.50–8.52 (d, 2H, J = 8 Hz, aliphatic NH-CO)
7.80–7.82 (d, J = 8 Hz, 2H, Arm H of benzene moiety)	7.82–7.84 (2H, J = 8 Hz, Arm H of benzene moiety)	7.72–7.74 (d, 2H, J = 8 Hz, Arm H of benzene moiety)
7.65–7.67 (d, J = 8 Hz, 2H, Arm H of benzene moiety)	7.75–7.77 (2H, J = 8 Hz, Arm H of benzene moiety)	–
7.43–7.46 (d, 2H, Arm H of quinolone moiety)	7.47–7.51 (2H, Arm H of quinolone moiety)	–
7.49–7.53 (t, Arm H of quinolone moiety)	7.31–7.29(d, Arm H of quinolone moiety)	–
7.24–7.32 (m, 2H, Arm H of quinolone moiety)	7.21–7.25 (2H, Arm H of quinolone moiety)	–
6.47 (d, 1H, H adjacent to C=O group)	6.43 (1H, H adjacent to C=O group)	–
4.68–4.74 (m, methine H)	4.63 (S, methine H)	4.92–4.93 (m, methine H)
4.24 (S, 1H, -CH <sub>2</sub> -)	–	4.39–4.43 (S, 1H, -CH <sub>2</sub> -)
3.47–3.51 (d, 1H, -CH(H)-, geminal)	–	–
3.17–3.23 (t, 1H, -CH(H)-, geminal)	–	–

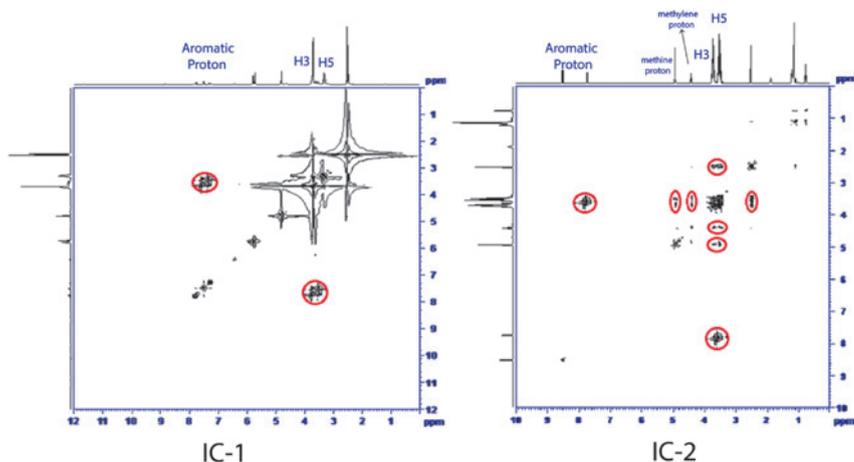


Figure 8: 2D ROESY spectra of IC-1 (left) & IC-2 (Right).

### 3.9 Scanning electron microscope (SEM) study

SEM is an ideal method to visualize significant changes in the surface morphology of various substances such as host, guest as well as inclusion complex [30]. The SEM images of the samples are presented in Figure 9. Pure Rebamipide appeared as needle shape crystal with small dimensions. The morphology revealed that  $\beta$ -CD appeared as rectangular shaped whereas HP- $\beta$ -CD was appeared as spherical particles. After the formation of the RB/ $\beta$ -CD inclusion complex i.e., IC-1, surface morphology had been changed in different irregular shape in which the original morphology of both components disappeared and this comparison indicate the formation of the inclusion complex. However, when RB/HP- $\beta$ -CD inclusion complex i.e., IC-2 was formed, some of the characteristic RB crystals were still present in the surface but shape of the surface morphology has been changed which indicate that inclusion complex was formed.

### 3.10 Release behavior in different solvents and an enzyme

In case of IC-1, as simple hydrophobic interaction rather inclusion phenomena took place, fluorescence intensity was relatively high than IC-2 in Figure 10(a). And it was largest when EtOH + H<sub>2</sub>O used as a solvent may be due to formation of hydrogen bond between EtOH + H<sub>2</sub>O with  $\beta$ -CD and Guest (RB) was relatively free. But upon addition of enzyme, it started to interact with guest and consequently intensity got weaker (red line). However, when DMSO was used as a solvent, intensity went to decrease which possibly due to polar aprotic nature of the solvent

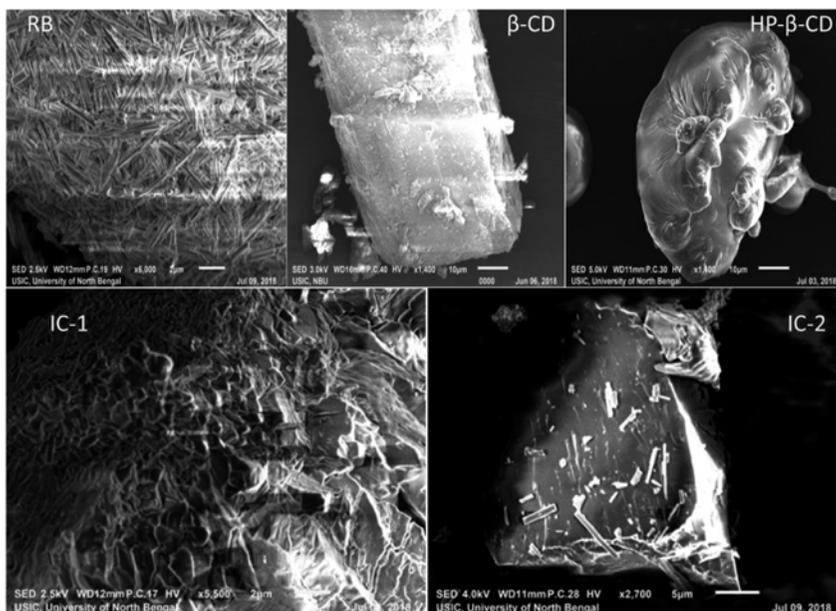


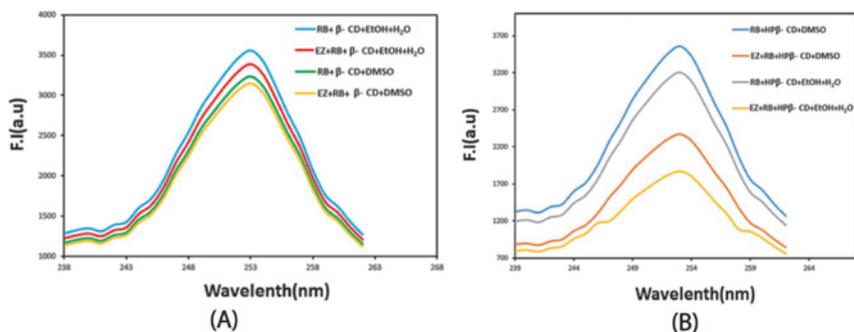
Figure 9: SEM microphotograph of RB,  $\beta$ -CD, HP- $\beta$ -CD, IC-1 and IC-2 respectively.

(green line) as DMSO is not hydrogen bond donor. Again it was decrease more when enzyme was used in the solution mixture.

Another important observation was that solvent as well as enzyme had a great impact on the binding capacity between host and guest in inclusion complex. When DMSO was used in case of IC-2 showing in Figure 10(b), it has the largest fluorescence intensity (blue line) but when enzyme was added intensity got decreased. It may be due to binding of the enzyme with HP- $\beta$ -CD so that guest molecule was unable to come out of the cavity (orange line). However, when same IC-2 was taken in EtOH + H<sub>2</sub>O co-solvent, intensity was also lower than that using DMSO solvent (gray line). Fluorescent intensity was lowest when enzyme was added in the same co-solvent (yellow line). Therefore, in all cases, it was found that DMSO was much more effective solvent that EtOH + H<sub>2</sub>O co-solvent. For higher soluble guest such as HP- $\beta$ -CD, enzyme can be used for better binding availability.

### 3.11 Sustained release nature of inclusion complexes

Just like other experiment in this research work, biological assessment has also been done in two different solvent. One is ethanol-water mixture (1:1) and the other

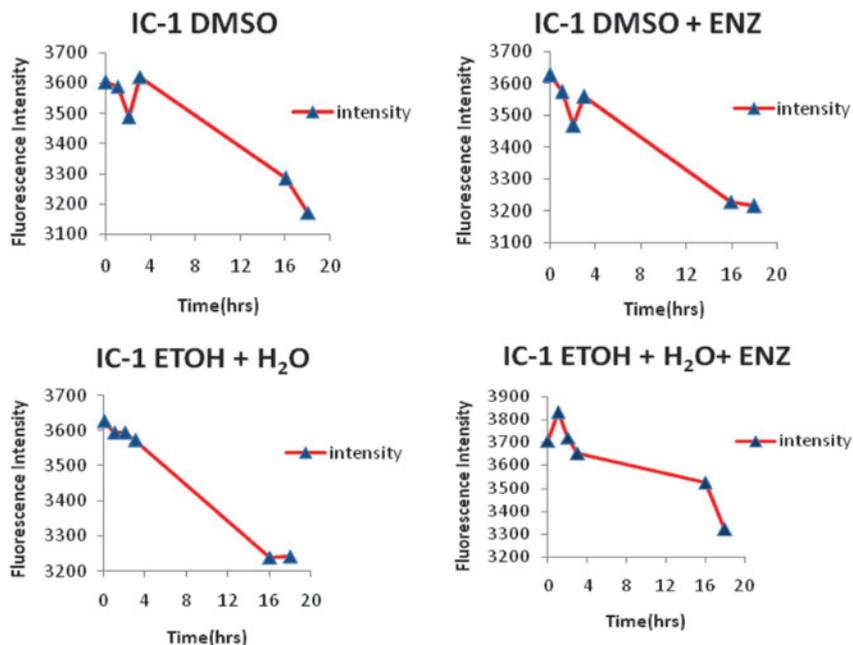


**Figure 10:** Variation in fluorescence intensity of (a) RB in  $\beta$ -CD in EtOH + H<sub>2</sub>O without enzyme (blue) and with enzyme (red) and in DMSO without enzyme (green) and with enzyme (yellow). (b) RB in HP- $\beta$ -CD in EtOH + H<sub>2</sub>O without enzyme (blue) and with enzyme (red) and in DMSO without enzyme (green) and with enzyme (yellow).

one is DMSO. This work has been carried out with human salivary which contains  $\alpha$ -amylase as an enzyme. It has been reported that  $\alpha$ -amylase has the ability to hydrolyze water-soluble beta cyclodextrin at a slower rate compared with the corresponding unsubstituted beta cyclodextrin [31].

The release of RB from the inclusion complexes were determined by fluorescence emission spectroscopy where excitation was done at 230 nm [32]. IC-1 i.e., inclusion complex of RB/ $\beta$ -CD when dissolved in DMSO, its fluorescence intensity shown in Figure 11, was gradually decreasing up to 3 h but 3–4 h there was a sharp increase which indicate that the guest molecule was released very quickly. However, with increase in time, intensity was again decreasing gradually. When enzyme was used in the same solution, similar nature of fluorescence curve was obtained but here intensity in that time gap 3–4 h was quite lower which may be due to interaction between enzyme and the host cyclodextrin molecules that inhibits to release from the host cavity.

Similarly, when IC-1 dissolved in EtOH and water solvent mixture, there was a gradual decrease in the fluorescence intensity shown in Figure 11, which probably due to the non release of the part of the guest molecule. All the spectra were shown in Figure 3 of supporting information. It should be noted that solvent is highly polar in nature whereas aromatic part of the guest molecule is hydrophobic in nature. Hence, it preferred to stay inside the host. Again, same process had been carried out with ethanol-water with enzyme mixture. Result showed that there was a steep rise in the first hr but then intensity went down gradually which indicate that part of the RB guest molecule was still in the cavity of  $\beta$ -CD. So, all these facts suggest that RB/ $\beta$ -CD inclusion complex showed controlled release nature in

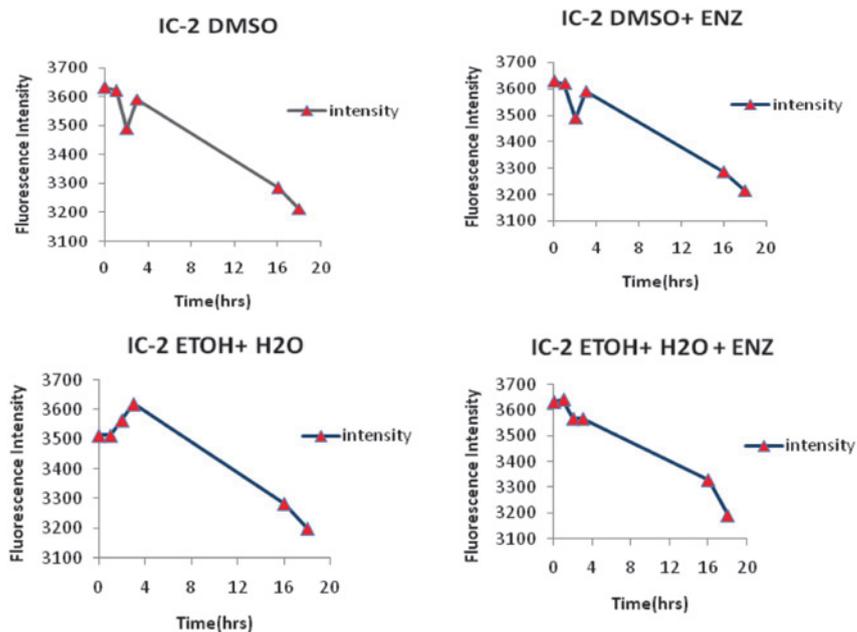


**Figure 11:** Variation in fluorescence intensity versus time of IC-1 in various solvent systems.

DMSO solvent and DMSO with enzyme as well ethanol-water mixture with enzyme but not in case of ethanol-water mixture alone.

In case of IC-2 i.e., inclusion complex of RB/HP- $\beta$ -CD when dissolved in DMSO, somewhat similar release profile was observed as in case of IC-1. When enzyme was used in the same solution, similar nature of fluorescence curve was obtained which indicate that enzyme did not affect its release nature.

Similarly, when IC-2 dissolved in EtOH and water solvent mixture, there was a gradual increase in the fluorescence intensity which probably due to the high release of the part of the guest molecule (Figure 12). The spectra were shown in Figure 4 of supporting information. Although It should be noted that solvent is highly polar in nature whereas aromatic part of the guest molecule is hydrophobic in nature but it may happen that when inclusion complex was adding in co-solvent, EtOH and H<sub>2</sub>O molecules got attached with Hydroxypropyl chain of the HP- $\beta$ -CD and it open up its wider part of HP- $\beta$ -CD. Hence, it preferred to go outside the host. Again, same process had been carried out with ethanol-water with enzyme mixture. Result showed that there was no change in intensity which indicates that part of the RB guest molecule was still in the cavity of  $\beta$ -CD. So, all these facts suggest that RB/HP- $\beta$ -CD inclusion complex showed controlled release



**Figure 12:** Variation in fluorescence intensity versus time of IC-1 in various solvent systems.

nature in DMSO solvent and DMSO with enzyme as well ethanol-water mixture but not in case of ethanol-water mixture with enzyme.

## 4 Conclusions

In the present work, RB/ $\beta$ -CD and RB/HP- $\beta$ -CD complexes with greater water solubility were successfully prepared. The FT-IR, DSC,  $^1\text{H}$  NMR, and SEM results confirmed the formation of the RB/ $\beta$ -CD and RB/HP- $\beta$ -CD inclusion complexes. Job's plot confirmed the 1:1 stoichiometry of the guest and host molecules. The high association constant ( $K_a$ ) value obtained by RB/HP- $\beta$ -CD complex suggests that the inclusion complexes formed between RB and HP- $\beta$ -CD showed greater interaction than RB/ $\beta$ -CD inclusion complex.  $^1\text{H}$ -NMR confirmed the above statement by revealing the greater upfield shift of H3 & H5 proton in case of HP- $\beta$ -CD. Conductance study revealed that Rebamipide molecules tend to aggregate in presence of  $\beta$ -CD and HP- $\beta$ -CD in different solvents. 2D-NMR indicates that aromatic nucleus has been inserted into the cavity of  $\beta$ -CD and aromatic rings as well as methine and methylene group have been inserted into the cavity of HP- $\beta$ -CD molecules. Finally,

from the released kinetics study, it revealed that both  $\beta$ -CD and HP- $\beta$ -CD inclusion complexes are a promising strategy for making it sustained release of the guest molecule. This study enriches the field the supramolecular construct and may find various applications in biology as well as therapeutic and analytical chemistry.

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**Competing interest:** The authors declare no conflict of interest.

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# Exploring $\beta$ -CD grafted GO nanocomposites with an encapsulated fluorescent dye duly optimized by molecular docking for better applications

Niloy Roy, Pranish Bomzan, Debadrita Roy, Biswajit Ghosh, Mahendra Nath Roy \*

Department of Chemistry, University of North Bengal, Darjeeling 734013, India

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## ABSTRACT

Here, we have designed and synthesized  $\beta$ -cyclodextrin grafted Graphene Oxide based fluorescent probe with encapsulated fluorescent dye. The nanocomposites were characterized by several spectroscopic methods such as FTIR, DLS, zeta potential, UV-vis and fluorescence spectroscopy. Thermal gravimetric analysis (TGA) was employed to account for thermal stability of  $\beta$ -CD grafted graphene oxide nanocomposites. Nile blue molecules are well encapsulated into the cyclodextrin cavity and embedded on the surface of Graphene Oxide sheet. Molecular Docking study helps us to understand the feasibility of encapsulation process of fluorescent dye inside our synthesized nanocomposites. Various physicochemical properties like UV-vis and fluorescence spectra of composite in different solvent and photophysical properties like fluorescence quantum yield, molar extinction coefficient, Stokes shift have been calculated.

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## 1. Introduction

Now-a-days, cancer has become a major issue throughout the world, although, there are numerous diagnostic methods such as magnetic resonance imaging (MRI), ultrasound, positron emission tomography (PET) imaging, X-ray imaging and single-photon emission computed tomography (SPECT) are available [1]. Recently, fluorescent probes are widely used for cancer cell imaging in cell biology. When photosensitizing dye is being given to a cancer patient, it localizes in the cancerous tissue and when light of appropriate wavelength is placed, it is activated and evolves strong fluorescent colour [2]. Recently, Polymer nanoparticles as well nanocomposites are used extensively in biomedical applications [3].

However, one has to be very selective when choosing the photosensitizers [4]. An efficient fluorescent probe is based on dye where emission maximum is found to be in the far-red end of the visible spectrum i.e., above 600–700 nm to minimize background interference [5,6]. In our study, we have chosen Nile blue chloride (NB) as our fluorescent dye. It is a cationic dye and is readily soluble in water. It is a photostable organic dye from the benzo[a]phenoxazine family, which shows strong fluorescence. It has redshifted absorbance spectra and its emission maximum falls in the NIR region with high fluorescent

quantum yields, making it a potential fluorescent probe for biological imaging and photodynamic action [7,8].

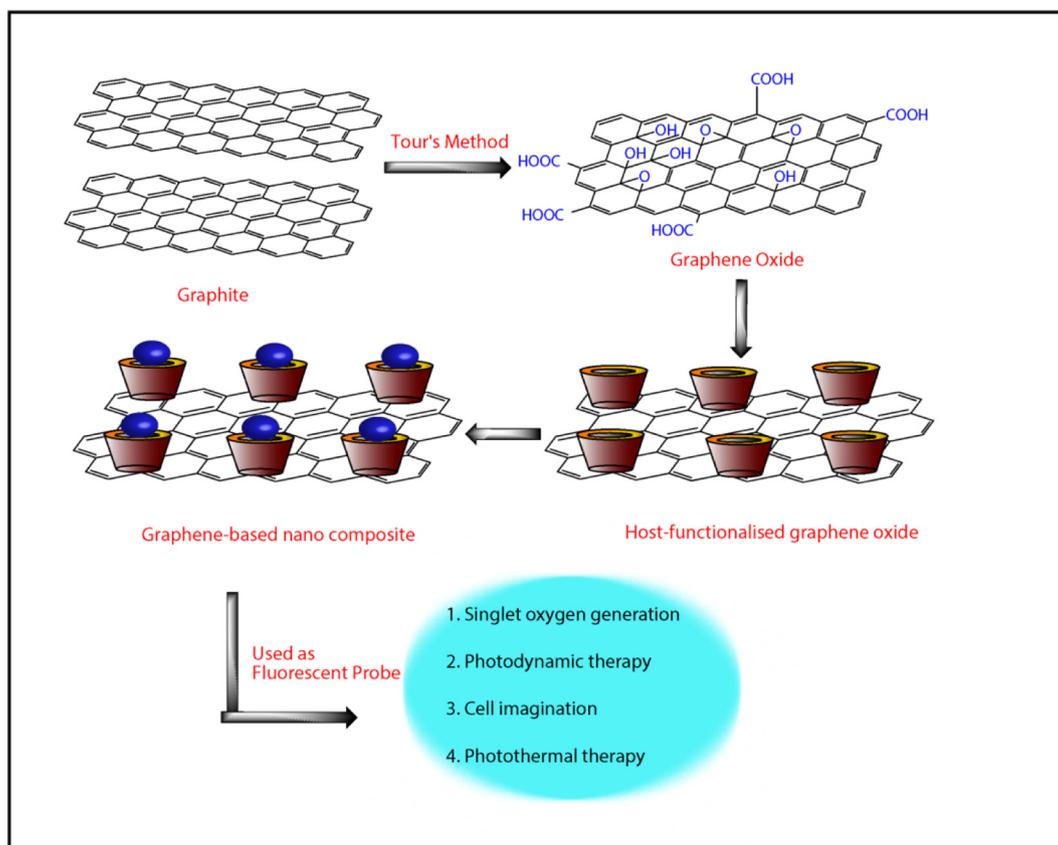
Graphene oxide (GO), the precursor of graphene, being water-soluble has attracted tremendous interest in the field of biomedicine in past few years [9]. It consists of several functional groups (hydroxyl, epoxy, carbonyl, carboxylic groups) and high surface area which makes it potential nano-carriers for drug and gene delivery [10]. It has been reported that GO having enormous oxygen rich functional group can be modified by many non-toxic functional group to extend biological application [11,12].

Cyclodextrins (CDs) are generally cyclic oligosaccharides of six to eight D-glucose monomers linked by  $\alpha$ -1, 4-glucose bonds [13]. They have the ability to encapsulate various drug molecules forming supramolecular host-guest complex [14]. They are extensively used as drug carrier [15], enzyme mimics [16], and photochemical sensors [17]. They can be used as catalyst [18], separating agent [19] and chemosensing [20].

In a recent study, Banerjee et al. [21], showed that fluorescent guest encapsulated  $\beta$ CD complexes are embedded or adsorbed on the surface of GO nanosheet to understand the electron transfer mechanism from complex to GO. Whereas, Ray et al. [22], worked with analogous dye Nile red with  $\beta$ -cyclodextrin to investigate various spectroscopic properties. In our present study, supramolecular assembly of Nile blue (NB) with  $\beta$ -cyclodextrin and Graphene oxide (GO), i.e., GO- $\beta$ CD-NB nanocomposites, was designed and synthesized (Scheme 1). In this work, we have been able to prepare NB and GO nanocomposites with

\* Corresponding author.

E-mail address: [mahendraroy2002@yahoo.co.in](mailto:mahendraroy2002@yahoo.co.in) (M.N. Roy).



**Scheme 1.** Schematic diagram for the synthesis of rGO-βCD composites and the interaction between the guest (Nile blue) and the host (βCD) moiety linked up to rGO nanosheet.

βCD host molecules for enhancing applicability in showing fluorescence imaging.

## 2. Methods and experimental section

### 2.1. Chemicals and materials

All the materials such as graphite flake, βCD and Nile blue were obtained from Sigma Aldrich India PVT. LTD. Deionized water (DW, 18 MΩ cm) was used for preparing aqueous solutions.

### 2.2. Instruments

UV-Vis spectra and Fluorescence spectra were recorded by an Agilent 8453 spectrophotometer and a PTI Quanta Master fluorescence spectrophotometer (Quantamaster-40, USA) respectively. The SEM micrographs of nanocomposites were obtained by JEOL JSM-IT 100 Microscope. The zeta potentials and size of nanocomposites were measured by a Malvern Nanosizer. Infrared spectra of the samples were recorded by a Fourier transform infrared spectrometer (Perkin Elmer FT-IR). All TGA spectra were recorded by TA Instrument Q-50 TGA.

### 2.3. Preparation of GO

GO was synthesized using modified Hummers method from purified natural graphite flakes as reported earlier [23]. According to the method, a mixture of graphite flakes (3.0 g, 1 wt equiv) and  $\text{KMnO}_4$  (18.0 g, 6 wt equiv) were added to 9:1 mixture of concentrated  $\text{H}_2\text{SO}_4/\text{H}_3\text{PO}_4$  (360:40 mL), the mixture get warmed up to 40 °C showed exothermic nature. The reaction was kept at 55 °C and stirred with

magnetic stirring for 12 h. After cooling at room temperature, the reaction mixture was poured into crust ice (~400 mL) with 30%  $\text{H}_2\text{O}_2$  (3 mL). The solid material obtained after filtration was then wash twice successively with 200 mL of water, 200 mL of 30% HCl and 200 mL of ethanol. After that, solution was centrifuged at 4000 rpm for 10 min and again washed with distilled water so that various chlorides, sulphate ions got free. Finally, the solution was dried by rotary evaporator under reduced pressure and obtained 1.7 g of product.

### 2.4. Preparation of GO-βCD

To prepare rGO-βCD composite, a relatively greener approach was chosen rather than using highly toxic hydrazine as reducing agent [24]. Prior to the experiment, GO was ultrasonicated in distilled water for 10 min for getting a homogenous solution. Then, 200 mL of 1 mg/mL βCD aqueous solution was mixed with 200 mL of 0.5 mg/mL GO aqueous suspension. The mixture was stirred at room temperature for 12 h. Then the pH of the mixture was adjusted to 12 by adding aqueous solution of NaOH (1.0 M). Finally, the solution was heated at 75 °C and stirred at 370 rpm for 6 h. After the reaction, the stable black dispersion of the rGO-βCD mixture was centrifuged at a relative centrifugal force 4000 rpm so that unreacted βCD got removed from the solution followed by washing with distilled water for three times. After that a solid rGO-βCD nanocomposites was obtained by using rotary evaporator under reduced pressure.

### 2.5. Preparation of GO-βCD-NB

Once, CD was attached on the surface of GO via chemical reaction between hydroxyl groups of CD and epoxide groups of GO, rGO-βCD

nanocomposites was prepared. Then, 1 mM of NB was dissolved in 20 mL of water and it was added in 20 mL of prepared rGO- $\beta$ CD nanocomposites. The solution was heated at 55 °C and stirred at 370 rpm for 12 h for evaporation.

### 2.6. Preparation of modified for GO- $\beta$ CD molecular docking

The crystal structure of  $\beta$ -cyclodextrin was taken from Cambridge Crystal data centre (CCDC) as CIF file (ID: 762697). The two-dimensional structure of graphene oxide (PubChem CID: 124202900) was used in the canonical smiles format from <https://pubchem.ncbi.nlm.nih.gov>. The flat 2D structure then converted into a three dimensional arrangement using an online server at [https://www.mn-am.com/online\\_demos/corina\\_demo](https://www.mn-am.com/online_demos/corina_demo). The structures of graphene oxide and cyclodextrin reduced graphene oxide have been modified according to our need and hydrogen bonds and formal charges were added to the ligand before optimizing the whole structures. Finally, we performed molecular docking studies in MOE 2015 software to better understand the interaction of NB with the different surface modified GO- $\beta$ CD conjugates.

## 3. Results and discussion

### 3.1. UV-vis spectroscopic study

UV-vis spectroscopic study was used to investigate the interaction between pure NB with GO- $\beta$ CD nanocomposites. Although GO exhibits a peak around at 231 nm which may be due to the  $\pi$ - $\pi^*$  transition of C=C double bond [25] but in our case, according to the spectra shown in Fig. S1, GO dispersion showed the maximum absorption at the wavelength of 264 nm which is somewhat about 30 nm longer. After the formation of GO- $\beta$ CD nanocomposites, the peak got shifted to 258 nm, which indicate the grafting of  $\beta$ CD on the Graphene oxide nanosheets. When UV-vis spectrum of pure Nile blue was studied, two distinct peaks at 279 nm in far-ultraviolet region due to long wavelength  $\pi$ - $\pi^*$  transitions of aromatic ring and 634 nm in visible light region due to  $n$ - $\pi^*$  transitions of C=N were observed. But when NB was encapsulated inside the GO- $\beta$ CD nanocomposites, the intensity got reduced which indicate that encapsulation was taking place during the synthesis [26]. The Fig. S2 shows the digital photograph of GO, GO- $\beta$ CD, GO- $\beta$ CD-NB and NB. Typically, GO exhibits pale yellow colour whereas GO- $\beta$ CD dispersion appears dark black colour. However, GO- $\beta$ CD-NB composite showed very good dispersion stability for few months.

### 3.2. Steady state fluorescence spectroscopic study

Cushing et al. [27], showed that GO was able to show excellent fluorescence due to electronic energy transition as well as excitation wavelength dependence possibly due to "giant red-edge effect". GO generally consist of aromatic rings (C=C) and various oxygen-containing functional groups such as hydroxyl groups (-OH), carboxyl groups (COOH), carbonyl (C=O) and epoxy (C-O-C). The fluorescence emission spectra of GO is very broad around 400–700 nm. The GO sheets exhibited three different fluorescence emission peaks at 455 nm, 567 nm and 635 nm as shown in Fig. 1 and all the three peaks have different relative intensities [28]. Upon 260 nm excitation, graphene oxide showed three emission peaks at 455 nm, 567 nm and 635 nm due to  $\sigma^* \rightarrow n$  electronic transition of C-OH,  $\pi \rightarrow \pi^*$  transition of the graphitic C=C double bond and  $\pi^* \rightarrow n$  transition of the C=O associated groups respectively, thereby, confirming that GO has been formed which is also quite similar as in the previous literatures [29,30]. After the formation of GO- $\beta$ CD nanocomposites, the emission peak have been shifted towards the lower region i.e., at 450 nm. During the reaction course,  $\beta$ CD molecules were grafted on the surface of the graphene oxide.

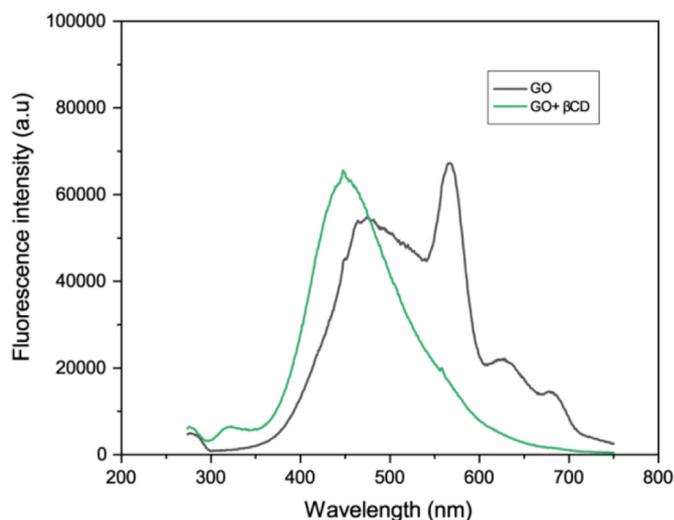


Fig. 1. Fluorescence emission spectra of GO, GO- $\beta$ CD composites.

### 3.3. Infrared spectroscopic study

GO spectrum shows a peak at around  $1723\text{ cm}^{-1}$  which is basically due to the presence of several C=O functional group like aldehyde (-CHO), ketone(-C=O) etc. linked on the surface of GO structure. Fig. 2 showed all the different components. The peaks at  $1616\text{ cm}^{-1}$  and  $1118\text{ cm}^{-1}$  of the GO spectrum were ascribed to the functional groups of aromatic C=C and C-O, respectively, whereas peak at  $1376\text{ cm}^{-1}$  might be due to the C-OH stretching vibrations [31,32]. After the functionalisation by  $\beta$ CD on GO nanosheets, the disappearance of a peak at  $1723\text{ cm}^{-1}$  and the appearance of C-O/C-C stretching vibrations at  $1018\text{ cm}^{-1}$  and  $1125\text{ cm}^{-1}$ , O-H/C-H bending vibrations at  $1410\text{ cm}^{-1}$  and aromatic C=C stretching around  $1573\text{ cm}^{-1}$  ensures

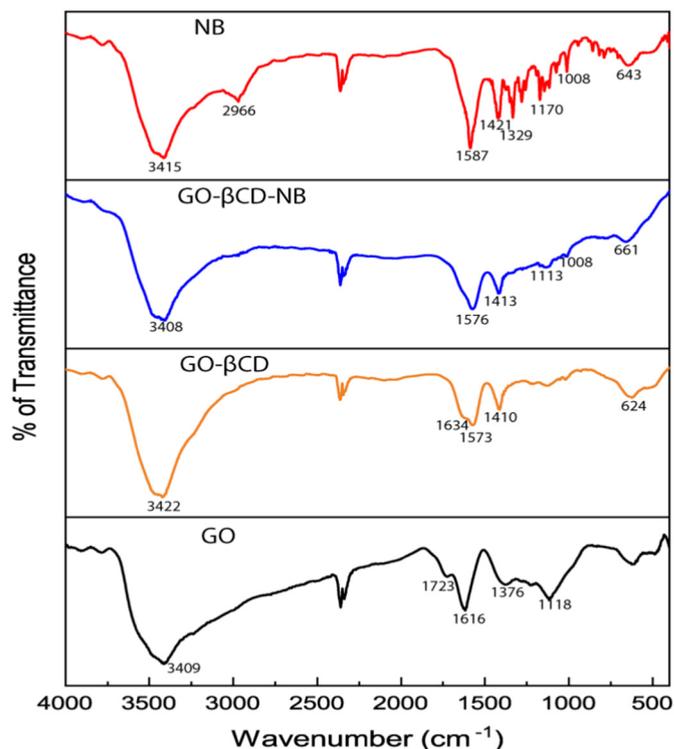


Fig. 2. Infrared spectra of GO, GO- $\beta$ CD, GO- $\beta$ CD-NB, NB.

that graphene oxide has been reduced resulting in the formation of GO- $\beta$ CD composite [33,34].

In the spectrum of NB, the C–H stretching frequency of CH/CH<sub>2</sub> groups and N–H bending vibration were observed at 2915 cm<sup>-1</sup> and 1587 cm<sup>-1</sup> respectively. But after the formation of GO- $\beta$ CD-NB composites, there was disappearance of a peak at 2915 cm<sup>-1</sup> and the characteristic peak at 1587 cm<sup>-1</sup> was found to be shifted to lower region around 1576 cm<sup>-1</sup> which suggest that Nile blue was encapsulated and stabilized onto the GO- $\beta$ CD composite.

### 3.4. Scanning electron microscope (SEM) study

The surface morphology of GO, GO- $\beta$ CD, GO- $\beta$ CD-NB and NB are shown in Fig. S3. It is clearly observed that the GO surface appeared wrinkled, sharp edged and irregularly shaped. In GO- $\beta$ CD nanocomposites, the particles were viewed as an aggregated form [35,36]. Free NB appeared to have small ball like shape, while after GO- $\beta$ CD-NB formation, there was an alteration in its size and shape. All these observations provide a qualitative idea about the surface morphology of NB encapsulated GO- $\beta$ CD.

### 3.5. DLS size measurement study (particle size distribution)

The size distribution of aqueous dispersion of GO, GO- $\beta$ CD and GO- $\beta$ CD-NB were studied by DLS technique where the standard spherical particle models were used. The hydrodynamic diameter of GO, GO- $\beta$ CD and GO- $\beta$ CD-NB were found to be 0.576  $\mu$ m, 0.739  $\mu$ m and 1.532  $\mu$ m respectively as shown in supporting information (Fig. S4). According to Liu et al. [37], the effective size of particles in GO and rGO are 0.56  $\mu$ m and 2.93  $\mu$ m respectively, which very well matches the values of our experimental data [38].

### 3.6. DLS zeta potential measurement

Zeta ( $\xi$ ) potential is also an important parameter to characterize the different graphene based materials. It gives the knowledge about the stability of colloidal dispersions with valuable information about magnitude and effective surface charge around the colloidal particle [39]. According to literature, only those composites are considered to be stable whose zeta potential values are either more positive than +30 mV zeta values or more negative than -30 mV [40]. According to Konkena et al., zeta potential of reduced graphene oxide drops down below -30 mV having pH > 8 [41]. In our study, we found that GO suspension had  $\xi = -49.1$  mV. This is due to the presence of hydroxyl and other oxygenated functionalisation on the surface of GO (Fig. S5). In case of GO- $\beta$ CD, the particle showed a negative zeta potential of -32.7 mV which indicates its fair stability in solution. However, in case of GO- $\beta$ CD-NB, the surface potential significantly decreased to -25.4 mV and the decrease of negative zeta potential indicates the reduction of graphene oxide via grafting of cyclodextrin on the surface of GO and the nanocomposites becomes quite aggregated as can be seen from fig. S2. However, having low dispersion stability of the nanocomposites, thermal stability obtained by TGA analysis makes the nanocomposites more efficient as a guest surface coated nanocomposites.

### 3.7. Thermal gravimetric analysis (TGA)

Functionalisation of  $\beta$ CD molecules on the surface of graphene oxide was determined by thermal gravimetric analysis. The TGA curves for GO,  $\beta$ CD and GO- $\beta$ CD are shown in Fig. 3. As per the literature, GO has low thermal stability around 100 °C with a moderate weight loss caused due to the removal of adsorbed water. The oxygen-containing functional groups such as epoxides, carboxyl and hydroxyl groups were decomposed between 100 and 200 °C, and more than 99% of GO had been reduced when the temperature was raised upto 600 °C [42].  $\beta$ CD showed a rapid weight loss at 100 °C and tends to decompose at

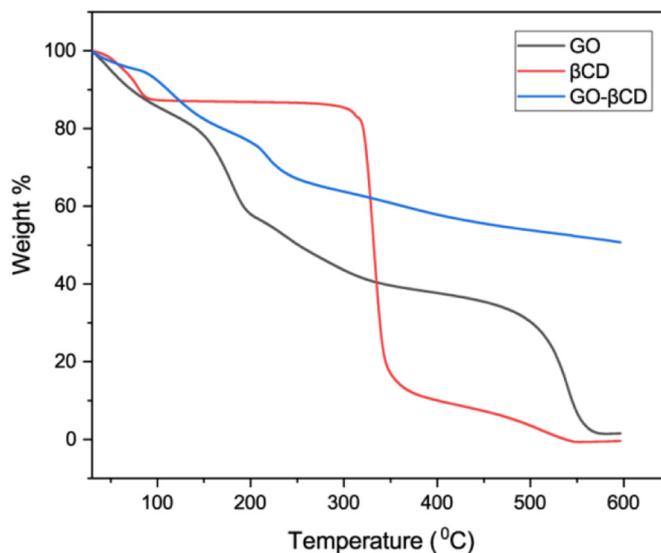


Fig. 3. TGA of GO,  $\beta$ CD and GO- $\beta$ CD.

about 320 °C, but with the rise of temperature to 350 °C it almost decomposes to about 68%.

The decomposition curve of GO- $\beta$ CD was found to exhibit the combination of the curves of GO and raw  $\beta$ CD. The weight loss of 10% at around 100-150 °C may be attributed to the decomposition of  $\beta$ CD while at around 150-250 °C a weight loss of 15% emerged. When the temperature was raised upto 600 °C, only 50% weight percentage was reduced indicating that  $\beta$ CD molecules could be functionalized at the edges of the reduced GO sheets. These observations showed that functionalized graphene oxide showed much higher thermal stability [43].

### 3.8. Encapsulation capacity of GO- $\beta$ CD composites by fluorescence spectroscopic study

To investigate the encapsulating power of GO- $\beta$ CD composite with Nile blue, fluorescence spectroscopic technique has been used. In this study, for three different sets were prepared where, 10  $\mu$ M of NB was used as pure in each case, in the second set, 10  $\mu$ M  $\beta$ CD was added and finally in the third set, 0.05 mg/mL GO- $\beta$ CD composites were added and shaken for an hour. It can be seen from Fig. 4 that the

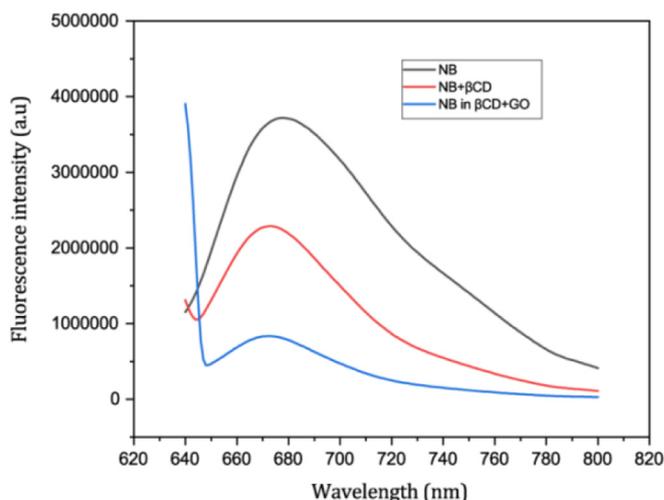


Fig. 4. Fluorescence intensity of 10  $\mu$ M NB (black), 10  $\mu$ M NB + 10  $\mu$ M  $\beta$ -CD (red) and 10  $\mu$ M NB + 0.05 mg/mL  $\beta$ -CD-GO nanocomposites (blue).

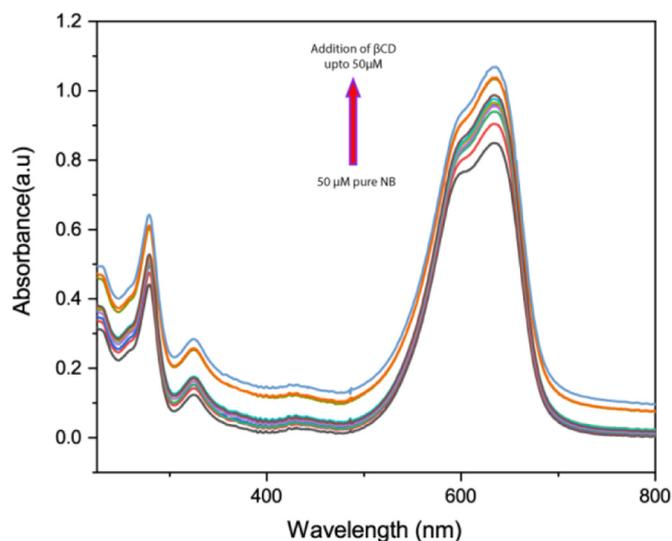


Fig. 5. Spectral titration of NB with  $\beta$ CD solution to calculate association constant.

fluorescence intensity of NB was quenched by  $\beta$ CD to approximately 38.4%. While the quenching of NB by GO- $\beta$ CD composite was enhanced to about 77.5% which was possibly due to the energy transfer from dye to graphene oxide and adsorption of some dye on the surface of GO [44].

### 3.9. Association constant determination by UV-vis method

A knowledge regarding the binding constant is also significant in terms of drug delivery issues. In order to get the value of binding

constant, Benesi-Hildebrand method was employed and titration curve were shown in Fig. 5. The double reciprocal plot of  $1/(A_0 - A)$  versus  $1/[\beta\text{CD}]$  was obtained on titration of NB with different concentrations of  $\beta$ CD (Table S1). A good linear relationship between  $1/(A_0 - A)$  and  $1/[\beta\text{CD}]$  suggest the 1:1 stoichiometry of inclusion complexes (Fig. S6) [45]. The binding constant ( $K_a$ ) of the 1:1 NB- $\beta$ CD complexes were calculated to be  $2.1 \times 10^4 \text{ M}^{-1}$ . According to the previous literature, NB has better binding constant value for its interaction with various enzymes, proteins, and such high binding constant facilitates the release of Nile blue molecules from CD cavity to the specific tumor sites in cancer cells [46].

### 3.10. Molecular docking study

To understand the encapsulation mechanism, binding of NB +  $\beta$ CD and NB + GO- $\beta$ CD inclusion complex were studied by molecular docking study [47]. Generally, if the binding energy is more negative, the interaction between the host and guest will be stronger. Before docking all the structures were optimized. From all the optimized structures shown in Fig. 6, it can be seen that the phenoxazine moiety of Nile blue molecule is localized into the cavity with its  $-\text{N}(\text{C}_2\text{H}_5)_2$  group near the narrow rim, oxazine ring near the wider rim and benzene ring inside the hydrophobic hollow space of  $\beta$ CD. The Gibbs free energies of the docked optimized structures of NB +  $\beta$ CD, two NB with GO grafted one  $\beta$ CD, NB with GO grafted two  $\beta$ CD and two NB with GO grafted two  $\beta$ CD were found to be  $-5.36 \text{ kcal/mol}$ ,

$-5.53 \text{ kcal/mol}$ ,  $-5.82 \text{ kcal/mol}$  and  $-4.88 \text{ kcal/mol}$  respectively. The negative Gibbs free energy values indicate the encapsulation process to be thermodynamically favourable. This gives us a strong idea that there is usually strong binding of the molecule with GO- $\beta$ CD nanocomposites rather than pure  $\beta$ CD [48].

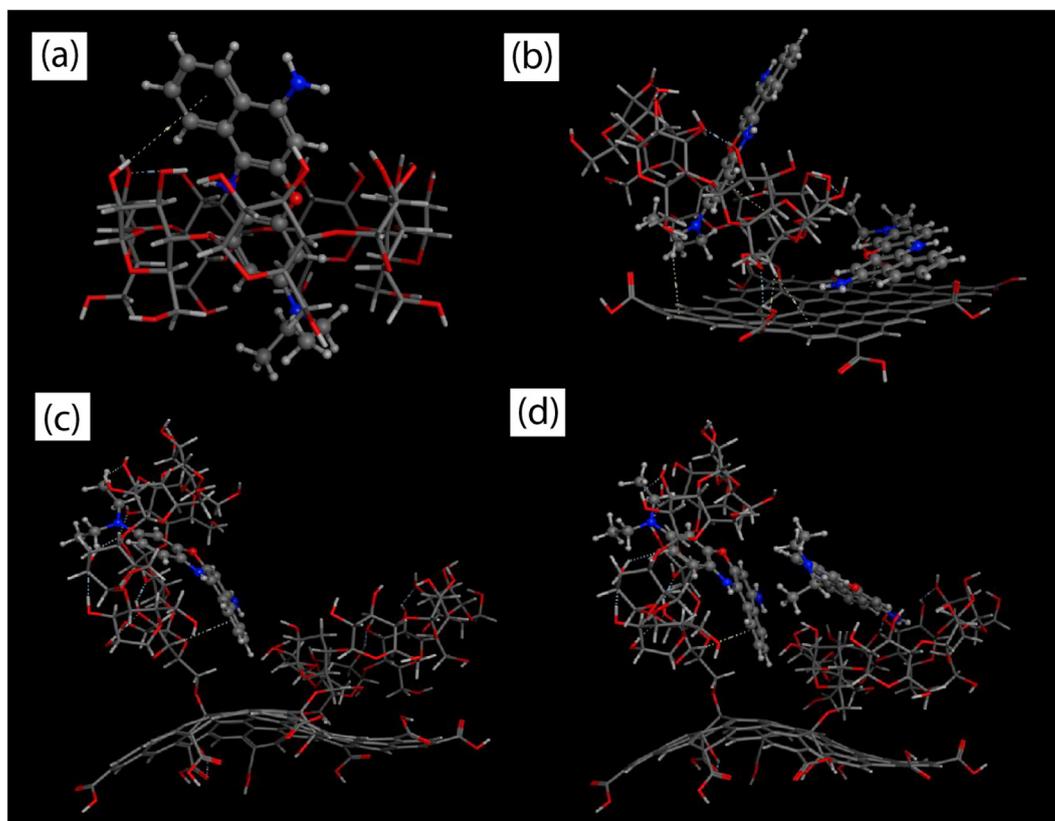


Fig. 6. Molecular docking images of (a) NB +  $\beta$ CD (b) two NB with GO grafted one  $\beta$ CD (c) NB with GO grafted two  $\beta$ CD (d) two NB with GO grafted two  $\beta$ CD.

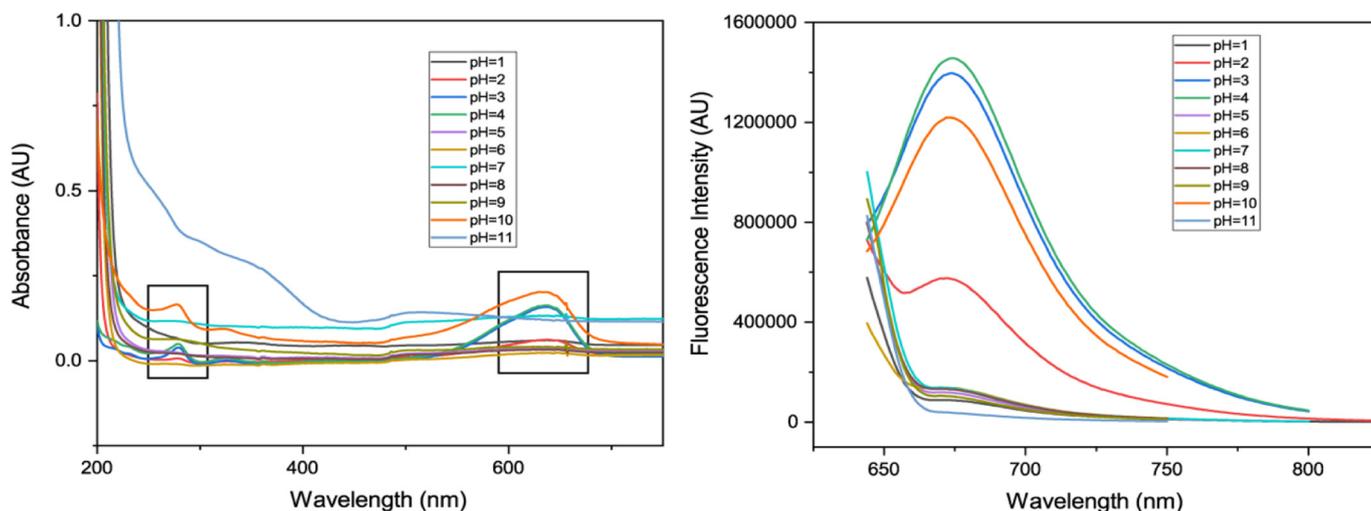


Fig. 7. UV-vis and fluorescence spectra of 0.5 mg/mL NB- $\beta$ CD-GO nanocomposites at different pH from 1 to 11.

#### 4. Different photophysical properties

##### 4.1. Physicochemical properties of NB- $\beta$ CD-GO Nanocomposites

Fig. 7 shows the variation of absorption maximum and fluorescence of GO- $\beta$ CD-NB nanocomposites with pH. In strong acidic medium,  $\text{pH} \leq 2$ , the absorption maximum got diminished. However, absorption peak was observed at 638 nm with  $\epsilon \sim 1.58 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$  and  $\sim 1.63 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$  respectively at  $\text{pH} = 3$  and 4. Then again at  $\text{pH} = 5$  and 6, such absorption peak got diminished. At neutral region  $\text{pH} = 7$ , a peak at 638 nm dramatically enhanced with  $\epsilon \sim 1.32 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$ .

At moderate alkaline medium,  $\text{pH} = 8$  & 9, further no absorption peak was found to appear, but in highly alkaline medium, new absorption peaks at 237 nm appeared with  $\epsilon \sim 2.02 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$  and  $\sim 1.20 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$  at  $\text{pH} = 10$  and 11 respectively [49,50].

In the similar way, when 0.5 mg/mL of GO- $\beta$ CD-NB composites were taken in different pH solutions, fluorescence intensity reached maximum in case of pH at 4. Then, a gradual decrease in fluorescence intensity for different pH medium was observed. This is possibly due to aggregation of Nile blue loaded inside GO- $\beta$ CD cavity in neutral

medium. These kinds of aggregations are most probably due to hydrophobic interactions. Generally, Pure NB can act as pH probe due to its high pH sensitivity. According to Martinez et al., in aqueous solution the acidic form of Nile blue molecules results in H-aggregation which causes disappearance of its fluorescence and thereby, effecting photophysical behaviour of Nile blue [51]. In our study, it was observed that the GO- $\beta$ CD-NB nanocomposites showed considerable fluorescence in highly acidic medium,  $\text{pH} = 2, 3, 4$  and in highly basic medium,  $\text{pH} = 10$ .

##### 4.2. Photophysical properties of the composites in different solvents: UV-vis absorption and fluorescence emission behaviour

In order to characterize the spectral properties of the nanocomposites, we first studied its solvent dependency [52]. Out of six different solvents, three polar protic and three polar aprotic solvents have been used. As shown in Fig. 8, the probe exhibits single absorption and emission bands mainly contributed by NB moieties and the peaks due to reduced GO have been totally diminished. The peaks centred at around 630 nm correspond to the maximum absorption and emission wavelengths of NB [53]. The maximum absorption and emission wavelengths

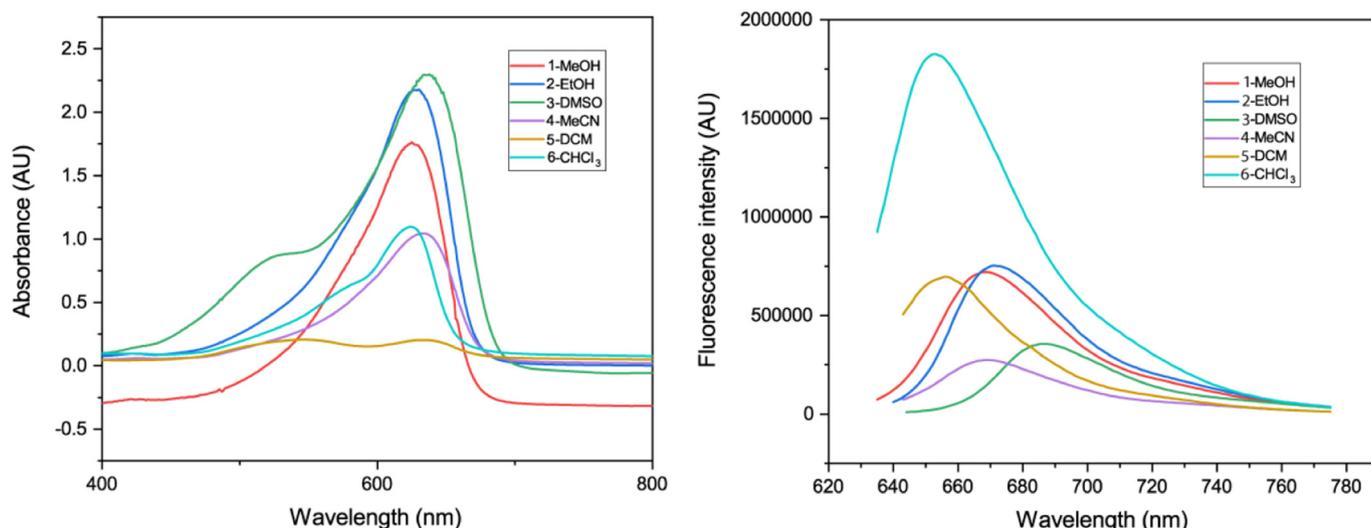


Fig. 8. UV-Vis spectra (left) and fluorescence emission spectra (right) in different solvents.

**Table 1**Photophysical properties of the composites where 50  $\mu\text{M}$  of NB solution were taken in 0.5 mg/mL of GO- $\beta\text{CD}$  was taken in different solvent.

No	Solvent	Absorbance		Fluorescence		Stokes Shift (nm)	$\epsilon$ Values ( $\text{M}^{-1} \text{cm}^{-1}$ )
		Wavelength (nm)	A.U	Wavelength (nm)	A.U		
1.	MeOH	625	1.76410	669	720,345	44	35,282
2.	EtOH	630	2.17974	671	752,811	41	43,184
3.	DMSO	634	2.297323	688	355,092	54	45,946
4.	MeCN	633	1.044811	669	274,006	36	20,896
5.	DCM	633	0.203392	656	696,870	23	4000
6.	$\text{CHCl}_3$	624	1.096071	652	1,826,493	28	21,921

**Table 2**Relative fluorescence quantum yield calculation of GO- $\beta\text{CD}$ -NB and after three days.

Sample	Integrated emission intensity (I)	Absorbance at $\sim 636$ nm (A)	Refractive Index of solvent ( $n$ )	PLQY ( $\phi$ )
GO- $\beta\text{CD}$ -NB	187,918	1.60213565	1.3605	0.19683
GO- $\beta\text{CD}$ -NB After Three days	32,724	1.57810974	1.3606	0.03480

of nanocomposites have been shown in Table 1 ( $\lambda_{\text{abs}}$ , 625–634 nm and  $\lambda_{\text{em}}$ , 652–688 nm for MeOH to  $\text{CHCl}_3$ ). The absorption maxima of our GO- $\beta\text{CD}$ -NB nanocomposites have been found to increase linearly. While, the fluorescence intensity gradually decreases upto acetonitrile with increasing solvent polarity (owing to the ICT process that enables this dye to respond to environmental polarity) and then again tends to increase upto chloroform [54].

The additional red shift of NB in protic solvents, such as alcohols and probably chloroform, is associated with the hydrogen-bond formation with the carbonyl group of the dye. According to the previous literature [55], NB in MeOH showed its absorption maximum at 625 nm, and emission maximum at 655 nm with molar extinction coefficient  $80,800 \text{ M}^{-1} \text{cm}^{-1}$ . However, for our NB encapsulated nanocomposites, the emission maximum,  $\lambda_{\text{em}}$ , was shifted to 669 nm with highest stokes shift of 44 nm followed by reduction of molar extinction coefficient to  $35,282 \text{ M}^{-1} \text{cm}^{-1}$ .

In case of polar aprotic solvents like dichloromethane, irradiation with 624 nm wavelength showed strong fluorescence with least stokes shift of 28 nm. According to previous literature [56], in DMSO, Nile blue showed stokes shift of about 33 nm, however, absorption peak of NB in GO- $\beta\text{CD}$  nanocomposites was observed at 634 nm and emission maximum at around 688 nm but stokes shift increases to 54 nm. This study helps us to know that DMSO is more effective polar aprotic solvent for our nanocomposites. Therefore, solvent-dependent spectral properties of nanocomposites make them ideal scaffolds for the development of improved biological indicators.

#### 4.3. Relative fluorescence quantum yield calculation of the composites

Considering the absorbance (A) and integrated fluorescence intensity (I) at a specific concentration and the excitation wavelength at 636 nm, fluorescence quantum yields ( $\phi$ ) were calculated using the following equation:

$$QY_x = QY_{\text{ref}} \times \frac{n_x^2}{n_{\text{ref}}^2} \times \frac{I_x}{A_x} \times \frac{A_{\text{ref}}}{I_{\text{ref}}}$$

where, the subscript **x** and **ref** stands for sample and reference dye respectively,  $n$  is the refractive index of the solvent. Anthracene is taken as the reference dye whose quantum yield is 0.27 in ethanol [57,58].

Fluorescence quantum yield for fluorescent dye as well as fluorescent nanocomposites is very vital. It measures the efficiency of the conversion of absorbed photons into emission photon. A typical fluorescence spectrometer is used for the measurement of relative

fluorescence quantum yield. For pure NB molecules,  $\phi$  was found to be 0.27 in ethanol as reported in literature [59]. However, in case of our nanocomposites, relative fluorescence quantum yield of NB decreased to 0.19 and when the same experiment were carried out after three days with the same solution, it got reduced to 0.03. So, there is an obvious decrease in relative fluorescence quantum yield (Table 2).

## 5. Conclusion

For cyclodextrin grafted graphene-based nanocomposites, graphene oxide was mainly considered to have common as well as important functions, such as, trapping and shielding of dye from degradation, enhancing both pH response of dye and pollutant adsorptivity. In this work, a unique process of encapsulation of NB molecules by  $\beta\text{CD}$  grafted reduced graphene oxide (GO) in the aqueous medium has been synthesized and established emphatically through vivid spectroscopic investigations. The experimental results are rationalized by molecular docking studies and showed the encapsulation of NB molecules inside free  $\beta\text{CD}$  as well as reduced GO- $\beta\text{CD}$  sheets. Exploiting the host-guest chemistry of NB with GO- $\beta\text{CD}$ , it was demonstrated that encapsulation power of GO- $\beta\text{CD}$  nanocomposites revealed that NB molecules are entering inside the cavity of GO- $\beta\text{CD}$  nanocomposites twice than that of pure  $\beta\text{CD}$ . Graphene functionalized with cyclodextrin coated nanocomposites can be used as bio mimic for Nile blue fluorescent probe for various cell imaging experiments. This study also suggested that how specific cyclodextrin functionalities can help to increase biodegradability of GO leading to the design of efficient biodegradable carriers based on graphene nanomaterials, and the thermal stability of nanocomposites have been increased. The result demonstrated that the pH responsive characteristic of graphene-based nanocomposites is vital in case of fluorescence imaging, designing a nanocomposites with improved photophysical performance and better delivery system to release the loaded NB molecules to acquire highly efficient biological activity.

## Authors contributions

N.R., P.B., D.R., B.G. and M.N.R contributed to the design and analysis of experiments. N.R., P.B., D.R., and B.G. performed the experiments in this manuscript. N.R., P.B., wrote the manuscript. N.R., P.B., and M.N.R critically reviewed the manuscript.

## Declaration of Competing Interest

The authors declare no competing financial interest.

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## Appendix A. Supplementary data

UV-vis spectra, Photograph of different composites, DLS, Zeta potential measurements, SEM microphotograph, Table for Benesi-Hildebrand plot for association constant, Linear plot of  $1/\Delta A$  vs  $1/[\beta CD]$  ( $M^{-1}$ ). Supplementary data to this article can be found online at [<https://doi.org/10.1016/j.molliq.2021.115481>].

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