

CONTENTS

List of Tables	i
List of Pictures	ii-vi
List of Diagrams	vii
List of Maps	viii
List of Appendices	ix
Glossary	x-xi
Abbreviation	xii-xiii

CHAPTERS

I Introduction	1-10
II Historical Geography of Ancient Lower Northern Bengal	11-42
III The Wheel of Urbanization and Geopolitics	43-92
IV Political Scenario and Power Structure in Puṇḍra-Varendra	93-137
V The Remains of Cities and Monastic Establishments	138-175
VI Discussion and Conclusion	176-185
Table	186-194
Picture	195-253
BIBLIOGRAPHY	254-274